



Taher Sobhy M.D.

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LICENSURE AND CERTIFICATION

- Permanent medical license, State of Illinois # 036-105-153
- Permanent medical license, State of Wisconsin # 295-320
- Diplomate American Board of Family Practice **2002**
- Recertified Diplomate American Board of Family Practice **2008, 2018**
- Diplomate American Board of Laser Medicine **2005**

EDUCATION

1985: M.D., Ain Shams Medical School, Cairo, Egypt

EXPERIENCE

July 2002- Current: Attending Board Certified Family Physician at the Northshore Medical Consultants, IL

Jan. 2023-Dec. 2025: member of the Governing council of Advocate Condell medical center

Jan. 2018- Dec. 2024: Chairman of Family Medicine Dept. Advocate Condell, IL

Jan.2016- Jan.2018: President of the medical staff, **Condell Advocate Medical Center, IL**

Nov. 2007- November 2017: Associate professor of Family Medicine, Chicago Medical School, IL

July 1999- July 2002: Resident of Family Medicine **St. Mary of Nazareth Hospital, Chicago, IL**

Nov. 1997- June 1999: Diabetes Research Center, University of New Mexico, NM

Jun.1997- Oct. 1997: Rotating physician, Department of internal medicine, University of New Mexico, NM

Jan.1993- Dec. 1996: Attending, of Internal Medicine in many teaching institutes, Egypt

March 1990- Dec. 1992: Attending Internal Medicine, Petroleum Medical Center, Cairo, Egypt

Feb.1986- Feb. 1990: Resident, Department of Internal Medicine Saint Peter Hospital, Egypt.

Aug.1983: Medical rotation, Department of Cardiology, Charing Cross Hospital, (Fulham), London, England.

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AWARDS:

Winner of the second prize of the Illinois Family Practice Society Research Symposium 2002.

RESEARCH AND PUBLICATIONS:

- 1- Burge MR, Sood V, **Sobhy TA**, Rassam AG, Schade DS. Chapter 84: Hypoglycemia in type 2 diabetes mellitus. In: *Diabetes Mellitus: A Fundamental and clinical Text, 2nd. Edition*, LeRoith D, Taylor S, Olefsky J. Eds. Lippincott, Williams and Wilkins, Philadelphia, 2000; 84: 827- 836.
- 2- Sood V, **Sobhy TA**, Schade DS, Burge MR. Low dose ethanol delays recovery from hypoglycemia in type 2 diabetes. *Diabetes* 2000; 49(Suppl.1): A66.
- 3- Burge MR, Sood V, **Sobhy TA**, Rassam AG, Schade DS. Sulfonylurea-induced hypoglycemia in type 2 diabetes: A review. *Diab Obes Metab* 1999; 1:199-206.
- 4- Burge MR. , Zeise TM, **Sobhy TA**, Rassam AG, Schade DS, Low dose ethanol predisposes elderly, fasted patients with type 2 diabetes mellitus to Sulfonylurea-induced low blood glucose. *Diabetes Care*. 1999; 22:2037-2043.
- 5- **Sobhy TA**, Schade DS, Burge MR. Rapid improvement in hypoglycemic symptoms occurs with improved glycemc control in type 2 diabetes. *J Invest Med* 1999; 47: 78A.
- 6- Zeise TM, **Sobhy TA**, Rassam AG, Schade DS, Burge MR, Low dose ethanol is a mechanism for sulfonylurea-induced hypoglycemia in fasted, elderly type 2 diabetic patients. *Diabetes* 1998; 47(suppl.1): A106.
- 7- Burge MR, **Sobhy TA**, Schade. Reduced thresholds for hypoglycemic symptoms and epinephrine release following short-term improvement in glucose in type 2 diabetes. *Diabetes* 1999; 48(suppl.1): A57.
- 8- Sood V, **Sobhy TA**, Schade DS, Burge MR. Low dose ethanol delays recovery from hypoglycemia in type 2 diabetes. *Diabetes* 2000; 49(Suppl.1): A66.
- 9-Sood V, **Sobhy TA**, Schade DS, Burge MR. Differential hypoglycemic effects of low dose ethanol in diabetic vs. nondiabetic patients. *J Invest Med* 2000; 48(1): 74A.
- 10- Burge MR, **Sobhy TA**, Qualls CR, Schade DS. Effect of short-term glucose control on glycemc thresholds for epinephrine and hypoglycemic symptoms. *J Clin Endocrinol Metab* 2001 Nov; 86 (11): 5471-8.

At least 95% of my time is spent in direct patient care.

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