

Chandrika Shankar, MD

CSMD Forensic & Clinical Associates, PLLC

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PROFESSIONAL SUMMARY

Double board-certified General and Forensic Psychiatrist with extensive experience in academic psychiatry, hospital leadership, and forensic evaluation. Areas of expertise include civil and criminal forensic assessments, capacity evaluations, expert consultation, and treatment of individuals with severe and persistent mental illness. Professional leadership has encompassed medical student, residency, and fellowship education and training, as well as clinical oversight of acute services, peer review, quality improvement initiatives, and regulatory compliance.

EDUCATION & TRAINING

- Fellowship, Forensic Psychiatry - Yale University School of Medicine, New Haven, Connecticut, 2007–2008
- Residency, Psychiatry - Mount Sinai School of Medicine / Cabrini Medical Center, New York, New York, 2004–2007
- Bachelor of Medicine and Bachelor of Surgery (MBBS) - JSS Medical College, Mysore, Karnataka, India, 1992–1999

CURRENT ACADEMIC APPOINTMENT

- Adjunct Faculty, Northwestern University, 05/2026–Present

PRIVATE PRACTICE

CSMD Forensic & Clinical Associates, PLLC, Chicago, Illinois, 2026–Present

<https://www.csmdforensic.com>

- Provide comprehensive forensic psychiatric evaluations and expert consultation in civil and criminal matters
- Practice areas include capacity evaluations, IMEs, fitness for duty, medical malpractice, fitness to stand trial, insanity defenses, mitigation, and EED

PRIOR ACADEMIC, CLINICAL & FORENSIC ROLES

- Associate Division Chief, Forensic Psychiatry, Northwestern Memorial Hospital, 09/2024–05/2026

- Director of Quality, Department of Psychiatry and Behavioral Sciences, Northwestern Memorial Hospital, 09/2024–05/2026
- Associate Professor of Psychiatry and Behavioral Sciences, Northwestern University Feinberg School of Medicine, 09/2022–05/2026
- Inpatient Psychiatric Attending, Northwestern Memorial Hospital, Chicago, Illinois, 09/2022–05/2026
- Faculty, Psychiatry and the Law, Northwestern Memorial Hospital, Chicago, Illinois, 09/2022–05/2026
- Medical Director, Inpatient Psychiatry, Northwestern Memorial Hospital, Chicago, Illinois, 09/2022–03/2026
- Faculty Advisor, Rush University Medical Center, Chicago, Illinois, 04/2022–07/2022
- Associate Clerkship Director, Medical Education in Psychiatry, Rush University Medical Center, Chicago, Illinois, 06/2021–07/2022
- Associate Professor, Department of Psychiatry and Behavioral Sciences, Rush University Medical Center, Chicago, Illinois, 12/2019–07/2022
- Site Director, Medical Education in Psychiatry, Rush University Medical Center, Chicago, Illinois, 06/2021–07/2022
Organized and facilitated medical student psychiatry inpatient rotations
- Inpatient Psychiatric Attending, Rush University Medical Center, Chicago, Illinois, 12/2019–07/2022
Provided direct patient care to adult inpatients and oversaw the training/education of psychiatry residents and medical students
- Medical Director, Inpatient Psychiatric Services, Rush University Medical Center, Chicago, Illinois 12/2019–11/2021
Provided oversight and consultation regarding best practices and care of patients, in a 24-bed inpatient psychiatric service composed of mood disorder and acute behavioral units. Created guidelines for management of Covid cases and protocols for admission and testing
- Vice Chairperson, Psychiatric Security Review Board (PSRB) Arizona, 03/2017–06/2019
State Governor appointed position. The role required providing oversight over individuals who were determined to be guilty except insane and were committed to a state mental health facility

- Program Director, Psychiatry Residency, Creighton University-Valleywise Health (formerly Maricopa Integrated Health Services -MIHS), Mesa, Arizona, 08/2015–06/2019
Facilitated and oversaw the educational welfare of the psychiatry residency program. In the four years, cleared program citations, had highly successful recruitment, and expanded the training experience by collaborating with major institutions in the city, including Mayo Clinic, Arizona State Hospital and Department of Corrections
- Medical Director, Desert Vista Outpatient Services, Mesa, Arizona, 08/2015–06/2019
Oversaw the operations of the resident-run-clinic that catered to underserved, mostly uninsured population in the community
- Consultant Forensic Psychiatrist, Salt River Pima-Maricopa Indian Community, Scottsdale, Arizona 01/2017–06/2019
Created Court Clinic, provided competency to stand trial evaluations and testimony, accelerating the adjudication of cases
- Associate Professor, Department of Psychiatry, Creighton University School of Medicine, Phoenix, 07/2018–06/2019
- Associate Clinical Professor, Department of Psychiatry, University of Arizona College of Medicine, Phoenix Campus, 01/2016–06/2019
- Consulting Forensic Psychiatrist, Forensic Psychiatry Services, Connecticut Department of Mental Health and Addiction Service (DMHAS), 07/2008–07/2015
Served as clinical consultant to multidisciplinary teams treating individuals acquitted Not Guilty by Reason of Insanity (NGRI) at Connecticut Valley Hospital (CVH) - the State Forensic Hospital, overseeing treatment planning, progress, risk assessment, and recommendations for graduated and conditional community reintegration. Provided expert testimony to Psychiatric Security Review Board (PSRB) and in Superior Court, supported DMHAS with statewide risk management evaluations, and conducted competency to stand trial evaluations for court clinics, with testimony in state and federal courts.
- Assistant Clinical Professor, Division of Law and Psychiatry, Yale University School of Medicine, Department of Psychiatry, New Haven CT, 07/2008–07/2015
Involved in teaching and supervision of forensic psychiatry fellows
- Chief Resident (General Psychiatry), Mount Sinai School of Medicine, Cabrini Medical Center, New York, NY, 07/2006–06/2007
- Forensic Elective, Assisted Outpatient Treatment Program (AOT), NYU School of Medicine, Bellevue Hospital Center, 10/2005–11/2005
One month elective included training in evaluation, preparation of reports and court testimony for initiation and renewal of AOT

- Forensic Elective, Psychiatric Prison Ward, NYU School of Medicine, Bellevue Hospital Center, 11/2005–12/2005
One and a half month elective included training in acute forensic in-patient care. Actively involved in patient evaluation, formulation of treatment and discharge plans. Observed competency to stand trial evaluations

LICENSURE

Illinois Medical License

BOARD CERTIFICATION

American Board of Psychiatry and Neurology (ABPN)

General Psychiatry

Forensic Psychiatry

PROFESSIONAL HONORS

- Outstanding Teaching and Mentorship Award, Rush University Medical Center, Chicago, Illinois, 06/2022
- Best Teaching Faculty, Rush University Medical Center, Chicago, Illinois, 06/2021
- Best Resident Award, Mount Sinai School of Medicine, Cabrini Medical Center, New York, NY, 06/2005

PROFESSIONAL ACTIVITIES

- The Northwestern University Leadership Education Advancement Program (NU-LEAP), *Selected by the department to participate in a cohort of emerging leaders to further professional growth and development*, 09/2023–05/2024
- Northwestern University Feinberg School of Medicine, Psychiatry Residency Training, Core faculty and member of Clinical Competency Committee, 09/2022–present
- Rush Resident Training, Core faculty and member of Clinical Competency Committee, 06/2020–07/2022
- MIHS GMEC Probation Appeals Committee, 06/2017–06/2019
- MIHS GMEC Annual Program Review Committee, 08/2015–06/2019
- MIHS Department of Psychiatry Peer Review Committee, 08/2015–06/2019
- MIHS, Department of Psychiatry Research Committee, 08/2015–06/2019

- Connecticut Valley Hospital (CVH), Forensic Review Committee, 2008–2015
- Connecticut Valley Hospital (CVH), Dutcher Risk Management Committee, 2008–2015
- Lead, Forensic Review Committee, Greater Bridgeport Mental Health Center, 2009–2015

PROFESSIONAL ORGANIZATIONS

- Member, American Academy of Psychiatry and Law, 2008–Present
- Member, American Psychiatry Association, 2007–Present
- Member, Arizona Psychiatric Society, 2015–2019
- Member, Arizona Women’s Group in Psychiatry, 2016–2019
- Member, Connecticut Psychiatric Society, 2008–2015
- Member in Training, American Academy of Psychiatry and Law, 2007–2008
- Member in Training, American Psychiatry Association, 2004–2007
- Co-Chair, APA Resident Committee, New York County District Branch, 2006–2007
- Vice Co-Chair, APA Resident Committee, New York County District Branch, 2005–2006

TEACHING

- Advanced Bipolar Disorder Course - PGY 3, Northwestern University, 12/2023–present
- Fitness to stand trial, Forensic Fellowship, Northwestern University, 08/2023–present
- Fitness for duty evaluations - PGY2, Northwestern University, 06/2023–present
- Civil Commitment and Involuntary Treatment - PGY 2, Northwestern University, 04/2023–present
- Psychodynamic Course - PGY 3, Northwestern University, 02/2023–present
- Bootcamp - Incoming Interns, Rush University Medical Center, 07/2021–07/2022
- CAT Session, Rush University Medical Center, 07/2020–07/2022
- Psychiatric Emergency & Legal Concepts, Rush University Medical Center, 07/2020–07/2022
- Psychiatry workshops, Rush University Medical Center, 07/2020–07/2022

- Weekly supervision of MIHS PGY 3 and PGY 4 psychiatry residents at the Desert Vista Outpatient Clinic 08/2015–06/2019
- Outpatient Psychopharmacology, Lecture series - PGY 3, MIHS, 08/2015–06/2019
- Psychiatry Interviewing: a 24-session course - PGY 1, MIHS, 08/2015–06/2019
- Psychiatric Syndromes: Gender Dysphoria, Human Sexuality, Paraphilias, Chronic Fatigue and Fibromyalgia - PGY 2, MIHS, 08/2015–06/2019
- Legal Course: Fundamentals of Arizona PSRB, Boundary Violations and Testamentary Capacity - PGY 2, MIHS, 08/2015–06/2019
- Forensic Course: Spring session - PGY 2, Yale University, 08/2008–06/2015

PRESENTATIONS

- Maricopa County Public Defender Mental Health Conference: *Chronic Mental Illness - a snapshot, Diagnosis, Symptoms and Assessment*, Phoenix, Arizona, May 2018
- “Research in Progress,” American Academy of Law and Psychiatry: *Barriers Faced by Not Competent/Not Restorable Inpatient*, October 2016
- Greater Bridgeport Mental Health Center, Bridgeport, Connecticut, Risk Management Meeting: *Involuntary medications – an update*, August 2014
- Annual Grand Rounds, Department of Psychiatry, Mount Sinai School of Medicine, Cabrini Medical Center, New York, New York: *Violence and Mental Illness*, May 2007
- Annual Grand Rounds, Department of Psychiatry, Mount Sinai School of Medicine, Cabrini Medical Center, New York, New York: *Capacity Evaluations in a Medical Setting - A Review*, May 2006
- Monthly Unit Conference, Bellevue Hospital, New York, New York, *Psychiatric Fitness-for-Duty Evaluations of Physicians*, December 2005

PUBLICATIONS

- Michaelsen, K., Shankar, C., & Norko, M. A. (2026). *Recent Political and Research Appraisals of the Psychiatric Security Review Board Model*. Journal of the American Academy of Psychiatry and the Law, JAAPL.260006-26. <https://doi.org/10.29158/JAAPL.260006-26>

- Austin C, Shankar C, Dinwiddie SH: *Malingering in Inpatient Psychiatric Units: Who, When, What, and How To Address It?* Psychiatric Annals. 2025;55(5): e116–e120.
- Levitt G, Weller J, Hand S and Shankar C: *Conundrum: Balancing Treatment and Community Risk in Not Competent and Not Restorable Defendants*. American Journal of Forensic Psychology, Vol 36, Issue 2, 2018
- Reyman F, Shankar C: *Retrospective Assessment of Testamentary Capacity: A Grey Zone*. Legal Digest, The Journal of the American Academy of Psychiatry and the Law, Vol 43, no1, 2015.
- Michaelsen K, Shankar C: *Suicide: Who Is To Blame?* Legal Digest, The Journal of the American Academy of Psychiatry and the Law, Vol 42, no.1, 2014.
- Ogundipe T, Shankar C: *Too Dangerous to Be NGRI?* Legal Digest, The Journal of the American Academy of Psychiatry and the Law, Vol.41, no.1, 2013.
- Ogundipe K, Shankar C: *Peer Review Privilege in Its Last Throes?* Legal Digest, The Journal of the American Academy of Psychiatry and the Law, Vol. 39, no.1, 2011.
- Cooke B, Shankar C: *Mute But Competent?* Legal Digest, The Journal of the American Academy of Psychiatry and the Law, Vol.38, no.1, 2010.
- Park S, Shankar C: *Repeated Threats in Therapy*. Legal Digest, The Journal of the American Academy of Psychiatry and the Law, Vol.37, no.1, 2009.
- Shankar C, Baranoski M: *Phenis v United States: Competence to Waive Insanity Defense*. Legal Digest, The Journal of the American Academy of Psychiatry and the Law, Vol.36, no. 1, 2008

POSTERS

- Cross J, Takatsuka A and Shankar C., Author J Cross MD, co-authors A Takatsuka and C. Shankar, American Psychiatric Association, Annual Meeting, May 2023

