

Andrea McNab, M.D.

Current Employment

AirSculpt; Irvine, California; 2024-present

- Aesthetic Plastic Surgeon

Beverly Hills Physicians; Encino and Thousand Oaks, California; 2019-2024

- Aesthetic Plastic Surgeon
- Aesthetic Surgery Fellowship Program Director; 2021-2024

Medical Board of California; 2022-present

- Medical Consultant

Hospital Privileges

St. John's Regional Medical Center; Oxnard, California; 2019-present

Foothill Regional Medical Center; Tustin, California; 2024-present

Education and Training

Loyola Law School; Los Angeles, California; 2023-present

- Juris Doctor Candidate
- St. Thomas More Law Honor Society
- Anticipated Graduation May 2027

Beverly Hills Physicians; Los Angeles, California; 2018-2019

- Aesthetic Surgery fellowship

Rush University Medical Center; Chicago, Illinois; 2015-2018

- Plastic and Reconstructive Surgery residency
- Chief Resident, July 2016-June 2018

University of Florida College of Medicine; Jacksonville, Florida; 2010-2015

- General Surgery residency
- Co-administrative Chief Resident, July 2014-June 2015

Wayne State University School of Medicine; Detroit, Michigan; 2006-2010

- Doctor of Medicine

Ferris State University; Big Rapids, Michigan; 2002-2006

- Bachelor of Science in Applied Biology; Spanish Minor
- Magna Cum Laude; Honors Program Graduate

Nouvel Catholic Central High School; Saginaw, Michigan; 1998-2002

- Valedictorian
- Senior Female Athlete of the Year, 2002

Licensure

- California Physician and Surgeon; A156255; Issued June 2018; Expiration June 30, 2028

Certifications

- American Board of Plastic Surgery; Issued November 2020; Expires December 31, 2030
- American Board of Surgery; #60553; Issued October 2015, Expires December 31, 2028
- Advanced Trauma Life Support; Certified 2010; Instructor 2012 - 2020

- Advanced Cardiac Life Support; Certified 2008; Renewed April 2025

Professional Memberships

- American Society for Aesthetic Plastic Surgery; 2022-present
- Los Angeles Society of Plastic Surgeons; Member; 2019-2025
- American College of Surgeons; Fellow; 2020-present
- American Society of Plastic Surgeons; Resident Member; 2015-2018

Peer-Reviewed Publications

- McNab A, Williams C. "Perioperative Anuria Resulting in the Diagnosis of Infraspincteric Ectopic Ureter in an Adult Female" *Urology Case Reports*. 2014;2(3):121-122. PMID: 26955562
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "An Analysis of Shock Index as a Correlate for Outcomes In Trauma by Age Group" *Surgery*. 2013;154(2):384-387. PMID: 23889965
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "A Prehospital Shock Index for Trauma Correlates with Measures of Hospital Resource Utilization and Mortality" *Surgery*. 2012;152(3):473-476. PMID: 22938906

Abstracts, Review Articles, and Other Publications

- Robinson E, Kang V, McNab A, Antony A. "Single-Stage Reconstruction of the Nipple-Areolar Complex: Outcomes and Patient Satisfaction." In Shiffman M *Nipple-Areolar Complex Reconstruction*. Springer, Cham. 2018.
- Robinson E, McNab A, Barker E, Kang V, Antony A. "Pre-Pectoral Direct to Implant Breast Reconstruction: Novel Technique, Early Results and Systematic Review of the Literature." Abstract in *Annals Plast Surg*. 2017;78(3):S165.
- Robinson E, McNab A, Antony A. "Five Questions About Pre-Pectoral Breast Reconstruction: What You Need to Know." Plastic Surgery Education Network. Published online April 2017.
- McNab A, Griffin R, Awad Z. "Managing Complications of Peptic Ulcer Disease" *Northeast Florida Medicine*. 2013;64:19-22.
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "An Analysis of Prehospital Shock Index as a Correlate for Outcomes in Trauma Patients by Age Group" Abstract in *Journal of Surgical Research*. 2013;179(2):198.
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "Utilization of Pre-Hospital Shock Index as a Predictor of Injury Severity for Triage and Resource Utilization in Trauma Patients" Abstract in *Journal of Surgical Research*. 2012;172(2):319.
- Kizilbash S, McNab A, Kumar A, Kizilbash S, Cakan N. "Changing Face of Diabetes Mellitus in Children" Abstract in *Hormone Research in Paediatrics*. 2010;74:219.
- McNab A, Cakan N. Evidence Based Journal Review of Maalouf J "Short- and Long-Term Safety of Weekly High-Dose Vitamin D3 Supplementation in School Children" *Journal of Endocrinology and Metabolism* 2008;93:2693-2701. Review in *Synopsis: A Current Survey of World Literature in Pediatrics*. 2009; 11:28-29.

Podium Presentations and Invited Lectures

- "Non-Narcotic Pain Management after Primary Aesthetic Breast Surgery." Plastic Surgery – The Meeting; October 2021; Atlanta, Georgia.
- "Wound Care and Management." Rush University College of Health Sciences Department of Physician Assistant Studies; May 2018; Chicago, Illinois.
- "Bony and Ligamentous Wrist Injuries." Rush University Medical Center Division of Plastic Surgery Grand Rounds; January 2018; Chicago, Illinois.

- "Does 'Breast In A Day' Direct to Implant Breast Reconstruction Compare Favorably to Traditional Two-Stage Technique? Assessing Complications and Rates of Revision." Plastic Surgery – The Meeting; Oct 2017; Orlando, Florida.
- "Wound Care and Management." Rush University College of Health Sciences Department of Physician Assistant Studies; May 2017; Chicago, Illinois.
- "Management of Facial Fractures." Rush University Medical Center Division of Plastic Surgery Grand Rounds; September 2016; Chicago, Illinois.
- "Surgical Options for Velopharyngeal Incompetence." Rush University College of Health Sciences Department of Communication Disorders and Sciences; July 2016; Chicago, Illinois.
- "Surgical Management of Cleft Lip and Palate: Timeline of Care, Reconstruction, Revisions." Rush University Medical Center College of Health Sciences Department of Communication Disorders and Sciences; June 2016; Chicago, Illinois.
- "The Process of Becoming a Doctor and Its Challenges." Live on-air guest of *The Conversation* on WOKV Radio; June 6, 2015; Jacksonville, Florida.
- "The Surgical Sterile Environment: Evolution and Evidence." University of Florida – Jacksonville Department of Surgery Grand Rounds; March 2015; Jacksonville, Florida.
- "Ethical Dilemmas in Plastic and Reconstructive Surgery." University of Florida – Jacksonville Department of Surgery Ethics Forum; November 2014; Jacksonville, Florida.
- "Current Surgical Therapy for Breast Cancer." Learn the Latest in Breast Cancer Forum at Memorial Health Hospital; October 2014; Jacksonville, Florida.
- "An Analysis of Prehospital Shock Index as a Correlate for Outcomes in Trauma Patients by Age Group" Third Place; University of Florida College of Medicine – Jacksonville Research Day; May 2013; Jacksonville, Florida.
- "An Analysis of Prehospital Shock Index as a Correlate for Outcomes in Trauma Patients by Age Group" Annual Academic Surgical Congress; Feb 2013; New Orleans, Louisiana.
- "An Analysis of Prehospital Shock Index as a Correlate for Outcomes in Trauma Patients by Age Group" Florida Committee on Trauma; Oct 2012; Gainesville, Florida.
- "Utilization of Pre-Hospital Shock Index as a Predictor of Injury Severity for Triage and Resource Utilization in Trauma Patients" Third Place; University of Florida College of Medicine – Jacksonville Research Day; May 2012; Jacksonville, Florida.
- "Utilization of Pre-Hospital Shock Index as a Predictor of Injury Severity for Triage and Resource Utilization in Trauma Patients" Annual Academic Surgical Congress; Feb 2012; Las Vegas, Nevada.
- "Utilization of Pre-Hospital Shock Index as a Predictor of Injury Severity for Triage and Resource Utilization in Trauma Patients" Florida Committee on Trauma; Nov 2011; Miami, Florida.

Posters

- McNab A, Williams C. "Perioperative Anuria Resulting in the Diagnosis of Infraspincteric Ectopic Ureter in an Adult Female" University of Florida College of Medicine – Jacksonville Research Day; May 2013; Jacksonville, Florida.
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "An Analysis Of Prehospital Shock Index As A Correlate For Outcomes in Trauma Patients by Age Group" University of Florida College of Medicine – Jacksonville Research Day; May 2013; Jacksonville, Florida.
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "An Analysis Of Prehospital Shock Index As A Correlate For Outcomes in Trauma Patients by Age Group" Duval County Medical Society Annual Meeting; Nov 2012; Jacksonville, Florida.

- McNab A, Williams C. "Perioperative Anuria Resulting in the Diagnosis of Infraspincteric Ectopic Ureter in an Adult Female" Duval County Medical Society Annual Meeting; Nov 2012; Jacksonville, Florida.
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "Utilization of Pre-Hospital Shock Index as a Predictor of Injury Severity for Triage and Resource Utilization in Trauma Patients" University of Florida College of Medicine – Jacksonville Research Day; May 2012; Jacksonville, Florida.
- McNab A, Burns B, Bhullar I, Chesire D, Kerwin A. "Utilization of Pre-Hospital Shock Index as a Predictor of Injury Severity for Triage and Resource Utilization in Trauma Patients" Duval County Medical Society Annual Meeting; Dec 2011; Jacksonville, Florida.
- McNab A, Hughes B, Goyal A, Juzych M, Alexander M, Wolfe S, Kim C. "The Effect of Cataract Surgery on Intraocular Pressures in Patients With and Without Glaucoma." Association for Research in Vision and Ophthalmology Annual Meeting; May 2009; Ft. Lauderdale, Florida.
- Kizilbash S, McNab A, Kumar A, Kizilbash S, Cakan N. "Changing Face of Diabetes Mellitus in Children." European Society for Paediatric Endocrinology 49th Annual Meeting; September 2010; Prague, Czech Republic.
- Mishra P, Signori C, McNab A, Goyal P. "Vancomycin as a Cause of Immune Mediated Thrombocytopenia." Michigan Chapter of American College of Physicians Associates' Meeting; May 2009; Sterling Heights, Michigan.

Awards

- Southern California Super Doctor Rising Star; 2021, 2022, 2023
- Ferris State University Distinguished Alumni Award; 2021
- Best Resident Presentation; Breast Reconstruction Session 1; Plastic Surgery – The Meeting; Orlando, Florida; October 2017
- UF Health Jacksonville Department of Surgery Award for Excellence in Patient Centered Care; 2015
- G. Shahin Research Award for Physician in Training in Duval County – Clinical Observation; 2013 and 2014
- American Association for the Surgery of Trauma Resident Scholarship; 2013
- Thaddeus Moseley UF Health Jacksonville Department of Surgery Research Award; 2012 and 2013
- UF Health Jacksonville Department of Surgery Surgical ICU Award; 2011
- Ferris State University Honors Program Outstanding Leader Award; 2005
- 2nd Runner Up Ferris State University Homecoming Queen; 2004
- Ferris Foundation for Excellence Award; 2002

Philanthropy

- Legal Name and Gender Marker Change Project; 2024-2025
- Pro Bono Legal Clinic at LA Mission volunteer; January 2024-May 2024
- Regular blood donation
- International Medical Relief medical mission; Warsaw, Poland; May 2022
- Habitat for Humanity Global Village build volunteer; Salima, Malawi; July 2019
- Operation Smile Guatemala; Plastic Surgery Trainee; September 2018
- Habitat for Humanity Chicago; Host Committee Member, 2017; Emerging Leaders Board, 2018
- Regional Special Olympics volunteer; Jacksonville, Florida; 2013-2014
- Habitat for Humanity Detroit build volunteer; 2006-2008
- ReDetroit community service group, Co-coordinator; 2007-2008