

Adam 'A.J.' Rush, MD
Pediatric & Adult Physiatrist

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Current Position

Grand River Rehabilitation LLC, Grand Rapids, Michigan, 2018–present

Private practice in rehabilitation and pain management across the lifespan.

A Grand Rapids Magazine Top Doctor in Physical Medicine & Rehabilitation in 2022, 2023, 2024, and 2025. A 2022 and 2024 Top Doctor in Pain Medicine.

Board Certifications

Physical Medicine & Rehabilitation (ABPMR) 2006–present

Pediatric Rehabilitation Medicine (ABPMR) 2011–present

Pediatrics (ABP) 2005–present

Pain Medicine (ABPM) 2018–present

Leadership Experience

Medical Director, Comprehensive Therapy Center, Grand Rapids, Michigan, 2019–2025

Responsible for clinical policies and medical review in a non-profit organization providing speech/language pathology, occupational therapy, social work, and dance therapy.

Torch Award for Ethics, Better Business Bureau of West Michigan, 2022

Non-Profit of the Year, Grand Rapids Chamber of Commerce, 2021

Interim Residency Program Director, Physical Medicine & Rehabilitation, Mary Free Bed Rehabilitation Hospital (MFBRH), 2017–2018

Assumed leadership after an abrupt transition during the program's first year. Successfully addressed a plethora of issues intrinsic to a new program.

Medical Director, Pediatric Outpatient Clinics, MFBRH, 2014–2018

Provided clinical oversight and collaborated on network development for physician clinic, pediatric therapists, orthotists, and prosthetists.

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Medical Director, Multidisciplinary Myelomeningocele Clinic, MFBRH,
2008–2014

Clinical Experience

Mary Free Bed Medical Group, 2010–2018

Led one of two pediatric inpatient services at MFBRH, with an average census of eight. Strongly emphasized interdisciplinary communication, constant reconsideration and reprioritization of rehabilitation goals, and alignment between medical management and rehabilitation efforts.

For fiscal year 2017—after adjustment for acuity—inpatients' WeeFIM gains, length of stay, and length of stay efficiency bettered the national average by 45%, 24%, and 53%, respectively. The other service—with the same patient population and non-physician providers—also bettered national averages, but by only 11%, 9%, and 34%, respectively.

2014–2018 averaged 5,519 clinical wRVUs/year, 197% of the national average for a pediatric physiatrist.

Rehabilitation Medicine Associates, PLLC, Grand Rapids, 2007–2010

Private practice, two adult and two pediatric physiatrists.

Teacher of the Year Nominee, Helen DeVos Children's Hospital Pediatric Residency Program, 2007–2008.

Motion Medicine, LLC, Pittsburgh, 2006–2007

Solo practice in pediatric and adult rehabilitation.

The Children's Institute, Pittsburgh, 2005–2006

The only full-time physiatrist for a 36-bed pediatric rehabilitation unit.

Recipient of two *Just Ducky* awards from patients for exceptional care.

Neonatal Intensive Care Unit Moonlighter, Department of Neonatology,
Albert Einstein Medical Center, Philadelphia, 2000–2004

Covered level III NICU, term nursery, and high-risk deliveries. Often the most senior physician in-house.

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Education

Fellow, Gait & Motion Analysis, under Alberto Esquenazi, MD and Nathaniel H. Mayer, MD at MossRehab, Philadelphia, 2004–2005

Chief Resident, Physical Medicine & Rehabilitation, Temple University Hospital & Clinics, 2003–2004

Resident, Pediatrics and Physical Medicine & Rehabilitation, Albert Einstein Medical Center and Temple University Hospital & Clinics, 1999–2004

Also served as the sole physiatrist for Temple University Children's Medical Center/Shriners Hospitals for Children multidisciplinary myelomeningocele clinic, 2003–2004.

MD, Temple University School of Medicine, 1995–1999

BS (Psychology) & BA (Chemistry) with Distinction, University of Iowa, 1990–1995

Service

President, Kent County Medical Society, 2023–2024

Board Member, Kent County Medical Society, 2021–2024

Reviewer, Journal of Pediatric Rehabilitation Medicine, 2017–present

Advisory Board, Grand Valley State University, Therapeutic Recreation Program, 2012–present

Director-at-Large, Commission for Motion Laboratory Accreditation, 2009–2010

Publications

“Get a Dog.” Kent County Medical Society Bulletin. September 2023.

An Unusual Acute Abdomen. Mendoza E, Rush A (corresponding author) & Arbeter A. *Resident & Staff Physician*. January 2006.

“Electrical Stimulation Techniques” Miller F (ed.), Cerebral Palsy. Springer-Verlag, 2005.

Contributing Editor, Rehab in Review, October 2003.