

Bryan C. Bordeaux, DO, MPH

Curriculum Vitae

Personal Data

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Current Position

8/2007-Current Internist, Atrius Health Copley Practice, Boston, MA
9/2007-Current Lecturer, Harvard Medical School, Department of Population Medicine, Boston, MA

Education and Training

8/1991-5/1995 Bachelor of Science in Biology with High Distinction
Worcester Polytechnic Institute, Worcester, MA
8/1995-6/1999 Doctor of Osteopathic Medicine
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
7/1999-6/2000 Rotating Osteopathic Internship (AOA)
United Health Services Hospitals, Johnson City, NY
7/2000-6/2002 Internal Medicine Residency (ACGME)
United Health Services Hospitals, Johnson City, NY
7/2005-5/2006 Master of Public Health
Johns Hopkins Bloomberg School of Public Health, Baltimore, MD
7/2005-6/2007 Internal Medicine Fellowship, Clinician Investigator Track
Johns Hopkins School of Medicine, Division of General Internal Medicine, Baltimore, MD

Previous Professional Experience

7/2002-6/2005 National Health Service Corps Scholar
Full-time solo outpatient and inpatient practice including emergency department coverage and house calls, Endless Mountains Health Systems, Montrose, PA
7/2002-6/2005 Clinical Assistant Professor of Internal Medicine
Upstate Medical University, Clinical Campus at Binghamton, NY
7/2002-6/2005 Monthly volunteer at the Community Free Clinic for Uninsured Adults In Binghamton, NY
7/2005-6/2007 Outpatient clinic at University Health Services (1 session per week) and inpatient work as part of the Internal Medicine Consult Service (1 month

per year) Johns Hopkins School of Medicine, Division of General Internal Medicine, Baltimore, MD

Hospital Appointments

2002-2005	Endless Mountains Health Systems, Montrose, PA.
2002-2005	United Health Systems Hospitals, Binghamton and Johnson City, NY.
2005-2007	Johns Hopkins Hospital, Baltimore, MD.
2007-2014	Brigham and Women's Hospital, Boston, MA.
2007-2012	Faulkner Hospital, Boston, MA.
2010-Current	Beth Israel Deaconess Medical Center, Boston, MA.

Certification and Licenses

- American Board of Internal Medicine, 2002-current.
- Commonwealth of Massachusetts, unrestricted medical license, 2007-current.
- State Of Maryland, unrestricted medical license, 2005-current (Inactive).
- Commonwealth Of Pennsylvania, unrestricted medical license, 2002-current (Inactive).
- State Of New York, unrestricted medical license, 2002-current (Inactive).
- State of North Carolina, unrestricted medical license 2010-current (Inactive).

Teaching Activities

2002-2005 as Faculty at SUNY Upstate:

- Outpatient clinical instruction of SUNY Upstate medical and various osteopathic students (4 months per year), 2002-2005.
- Outpatient clinical preceptor of medical students and residents at the Community Free Clinic for Uninsured Adults, Binghamton, NY (1 night per week), 2005.
- Inpatient clinical instruction of medical students and residents at Wilson Memorial Hospital, Johnson City, NY (2-3 months per year) 2003-2005.
- Invited lecturer on the uninsured to 80 nursing students at Binghamton University in 2004 and 2005.

2005-2007 as a Fellow at Johns Hopkins:

- Inpatient clinical instruction of medical students and internal medicine residents at Harbor Hospital, Baltimore, MD (1 month per year), 2005-2007.
- Inpatient clinical instruction of internal medicine interns at Johns Hopkins Hospital (1 month per year) on the Medicine Consultation Service, 2005-2007.
- Small group co-facilitator for the first year Johns Hopkins School of Medicine course, "Patient, Physician and Society," 2006-2007.
- Co-presenter of "Crossing the Chasm in Publishing Community-Based Participatory Research" workshop on April 28, 2006 at the national annual Society of General Internal Medicine Meeting, Los Angeles, CA.

2007-Present as Faculty at Harvard Medical School:

- Inpatient clinical instruction of second year Harvard medical students at Brigham and Women's Hospital for the course "Patient Doctor II," 2008-2015.
- Tutor (small group classroom discussion leader) for first year Harvard medical students in the course "Clinical Epidemiology and Population Health" 2009-2015.
- Presented, "The Impact of Obesity on Cancer Death" at the Philadelphia College of Osteopathic Medicine Reunion CME Program, 2009.
- Outpatient clinical instruction of third year Harvard medical students for the course "Primary Care Clerkship", 2009-2021.
- Outpatient clinical instruction of third year Harvard medical students for the course "Principle Clinical Experience", 2010-2019.
- Individual student tutor for the course "Patient Doctor II" 2010 and 2011.
- Instructor for "Foundational Clinical Clerkship" 2015-current.

- Men's Health Faculty for Medical Education Resources, providing 4 hours of CME lectures to groups of approximately 150 clinicians 1-2x per year starting in 2015.

Research Publications

Peer Reviewed Articles:

- Olek, M.J., **Bordeaux, B.**, Leshner, R. T. "Charcot-Marie-Tooth disease type 1 diagnosed in a 5-year-old boy after vincristine neurotoxicity, resulting in maternal diagnosis." *Journal of the American Osteopathic Association*, 1999;99:165-167.
- **Bordeaux, B.C.**, Bolen, S., Brotman, D.J., "Beyond Cardiovascular Risk: The Impact of Obesity on Cancer Death." *Cleveland Clinic Journal of Medicine* 2006;73:945-950.
- Tandon, S.D., Phillips, K., **Bordeaux, B.C.**, et. al. "A Vision for Community Health Partnerships." *Progress in Community Health Partnerships*, 2007;1:1.
- **Bordeaux, B.C.**, Wiley, C., Tandon, S.D., et. al. "Guidelines For Writing About Community-Based Participatory Research" *Progress in Community Health Partnerships*, 2007;1:3.
- **Bordeaux, B.C.**, White, L.W., Yanek, L.R., et. al. "Casual Chocolate Consumption and Platelet Function" *Preventive Cardiology* 10 (4), 175–180.
- **Bordeaux, B.C.**, Yanek, L.R., Vaidya, D., et. al. "The Effect of Obesity on Platelet Reactivity in Response to Low Dose Aspirin." *Prev Cardiol.* 2010 Spring;13(2):56-62.

Published Abstracts:

- Schrader, C.E., **Bordeaux, B.**, Parker D.C. "The Role of CD40-Ligand in B Cell c-myc RNA Induction and Proliferation." *Journal of Cellular Biochemistry*, Supplement 18D 1994:433.
- **Bordeaux, B.**, Bordeaux, A., Fort, L., Sklar, A., "Alternative and Complementary Medicine Use in Hemodialysis Patients." *Guthrie Journal*, 2001:70:40.
- **Bordeaux, B.C.**, Brancati, F.L., Moukamal, E., Callahan, G., Levine, D.M., "Effectiveness Of An Insurer-Sponsored Weight Loss Program In A Rural County." *Journal of General Internal Medicine*, 2006;21:4s:45.
- Callahan, G.M., Harrison, L.M., Levine, A.M., Borja, M.E., **Bordeaux, B.C.**, "The Effectiveness Of A Rural County-Wide Weight Loss Intervention Based Upon The Mediterranean Diet." *Journal of the American Dietetic Association* 2006;106:8s:A73.
- Wiley, C. Yanek, L.R. **Bordeaux, B.C.**, et. al. "The Sustained Impact of a Community-based Risk Factor Reduction Program on LDL Cholesterol Goals in a High Risk African American Population." *Circulation* 114:18:sII:702.

Research Presentations

Oral Abstract:

- **Bordeaux, B.C.**, Brancati, F.L., Moukamal, E., Levine, D.M., "The Susquehanna County Obesity Reduction Effort (SCORE): Results after 1 Year of the County-Wide Program" presented on March 2, 2006 at National Heart, Lung, and Blood Institute Cardiovascular Epidemiology, Biostatistics and Behavioral Medicine Trainee Session at the American Heart Association's 46th Annual Conference on Cardiovascular Disease Epidemiology and Prevention, Phoenix, AZ.

Poster Presentations:

- **Bordeaux, B.C.**, Bordeaux, A., Fort, L., Sklar, A. "Alternative and Complementary Medicine Use in Hemodialysis Patients" presented on November 16, 2000 at the 8th Annual Clinical Campus Research Poster Session Exhibition, Binghamton, NY.
- **Bordeaux, B.C.**, Girratano, G., French, S. "The Susquehanna County Obesity Reduction Effort" presented on November 18, 2004 at the 12th Annual Clinical Campus Research Poster Session Exhibition, Binghamton, NY.
- **Bordeaux, B.C.**, Yanek, L.R., Silberstein, C., Becker, D.M., "Factors Associated With A History Of Lyme Disease On Martha's Vineyard Island" presented on March 10, 2006 at the Mid-Atlantic Regional Society of General Internal Medicine Meeting, Hershey, PA.
- **Bordeaux, B.C.**, Brancati, F.L., Moukamal, E., Callahan, G., Levine, D.M., "Effectiveness Of An Insurer-Sponsored Weight Loss Program In A Rural County" presented on March 10, 2006 at the Mid-Atlantic Regional Society of General Internal Medicine Meeting, Hershey, PA.

- **Bordeaux, B.C.**, Brancati, F.L., Moukamal, E., Callahan, G., Levine, D.M., “Effectiveness Of An Insurer-Sponsored Weight Loss Program In A Rural County” presented on April 27, 2006 at the National Annual Society of General Internal Medicine Meeting, Los Angeles, CA.
- Callahan, G.M., Harrison, L.M., Levine, A.M., Borja, M.E., **Bordeaux, B.C.**, “The Effectiveness of a Rural County-Wide Weight Loss Intervention Based Upon The Mediterranean Diet” presented at the National American Dietetic Association Meeting, September 19, 2006, Honolulu, HI.
- **Bordeaux, B.C.**, Yanek, Y.R., Faraday, N., Vaidya, D., Moy, T.F., Becker, L.C., Becker, D.M., “Effect of Obesity on Platelet Function and Response to Low Dose Aspirin.” Presented at the American Heart Association’s 47th Annual Conference on Cardiovascular Disease Epidemiology and Prevention in association with the Council on Nutrition, Physical Activity, and Metabolism, Orlando, FL, February 28, 2007.
- **Bordeaux, B.C.**, Yanek, L.R., Vaidya, D., Moy, T.F., Faraday, N., Becker, L.C., Becker, D.M., “The Effect of Low Dose Aspirin on hs-CRP and IL-6 in Normal, Overweight and Obese Individuals at High Risk of Coronary Artery Disease.” American Heart Association’s 47th Annual Conference on Cardiovascular Disease Epidemiology and Prevention in association with the Council on Nutrition, Physical Activity, and Metabolism, Orlando, FL, February 28, 2007.
- **Bordeaux, B.C.**, Becker, D.M., Faraday, N., Yanek, L.R., Moy, T.F., Becker, L.C., “Association of Inflammatory Marker Levels and Platelet Aggregability in Families with Premature Coronary Disease.” American Heart Association’s 47th Annual Conference on Cardiovascular Disease Epidemiology and Prevention in association with the Council on Nutrition, Physical Activity, and Metabolism, Orlando, FL, March 1, 2007.

Books

- Short stories “The Emergency Room” and “The Wreath” collected in *The Real Life of an Internist*, Tyler-Lloyd, Mark (editor), Kaplan Publishing; original edition May 26, 2009.
- Co-Authored the chapter on “Torticollis” for *The 5-Minute Clinical Consult*, 2012-2014.
- Co-Authored the chapter on “Benefits and risks of caffeine and caffeinated beverages” for *UpToDate, Inc.* 2013-2023, sole author for 2024 onward.

Editorial Activities

- Relevance Reviewer, American Board of Internal Medicine, 2003-2005.
- Peer Reviewer, *UpToDate Inc.*, 2005-current.
- Editorial Fellow, *Progress in Community Health Partnerships*, 2005-2007.
- Reviewer, *Health Conditions and Health Status Report Martha’s Vineyard*, 2006.
- Peer Reviewer, *Progress in Community Health Partnerships*, 2007.

Extramural Sponsorship

- Juvenile Diabetes Foundation Summer Research Fellow, University of Massachusetts Medical School (1993).
- “The Susquehanna County Obesity Reduction Effort,” a 3 year, \$210,000 grant from Blue Cross of Northeastern Pennsylvania, (2004-2006).
- Training grant, 2T32HL007180-31 (PI: David M. Levine, MD, ScD, MPH) for General Internal Medicine Fellowship (2005-2007).

Undergraduate Research Experience

- Undergraduate Interactive Qualifying Project (1994); “Violence Prevention For Physicians At Family Health And Social Services.”
- Undergraduate Major Qualifying Project (1995); “The Molecular Cloning Of CD30 Ligand.”

Inventions, Patents and Copyrights

- Developed and implemented outpatient handheld and desktop computer clinical data repository for my practice, 2002-2005.

- Founded the software company, *Boston AppWorks, LLC* which launched several mobile phone apps, 2012.

Public Service Activities

- Weekly medical program on radio station WPEL (Montrose, PA), 2002-2005.
- Monthly medical education lecture series open to the public, 2002-2005.
- Created several patient education brochures for my medical office, 2002-2005.
- More than 30 presentations to community groups (e.g. Rotary Club, senior citizen groups), 2002-2005.
- U.S. Influenza Sentinel Provider for the Centers for Disease Control and Prevention, 2003-2005.
- Program Director of “The Susquehanna County Obesity Reduction Effort,” a 3-year, \$300,000 county-wide effort to reduce adult obesity, (2004-2005).
- Produced patient education articles for Life Scan (glucometer manufacturer) on diabetes and exercise, 2005.

Committee Responsibilities

United Health Services Hospitals:

- Ethics Committee, 2000-2002.
- Computer Implementation Team, 2000-2002.
- Electronic Medical Records Search Committee, 2001.
- House Officer’s Guide Committee, 2001.

Endless Mountains Health Systems:

- Lead Physician for Patient Safety and Quality Improvement, 2003-2005.
- Utilization Committee, 2003-2005.
- Steering Committee for Electronic Medical Records, 2004-2005.

Harvard Vanguard Medical Associates (now called Atrius):

- Finance Committee, 2012-2014.

Harvard Medical School:

- Core I Medicine Ambulatory Preceptor Steering Committee - Brigham and Women’s Hospital/Harvard Medical School, 2010-current.

Awards and Recognition

- Golden Mouse Award For Medical Informatics, UHS Hospitals (given in recognition of work done in medical informatics during residency), 2002.
- Prose Finalist, *Journal Of General Internal Medicine* Creative Medical Writing Contest, 2005.
- Clinical Excellence Award, Blue Cross and Blue Shield of Massachusetts, 2007.
- Harvard Medical School Excellence in Tutoring Award, 2009.
- HVMA Diamond Award, 2010.
- HVMA Leadership Academy, Cohort VI, 2011.
- 2016 Nominee, Atrius Health Robert H. Ebert Excellence in Teaching Award.
- 2016 Nominee, Harvard Medical School Charles McCabe Faculty Prize for Excellence in Teaching (Years III & IV).
- Atrius Health Robert H. Ebert Excellence in Teaching Award, 2022 Recipient.
- Castle Connolly Top Doctors Award for Boston, 2024 and 2025