

EDGAR REMOTTI, MD
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SUMMARY

Board-certified anesthesiologist and fellowship-trained interventional pain physician with a distinguished clinical and academic background, including service as Chief Resident and Chief Fellow at Beth Israel Deaconess Medical Center/Harvard Medical School.

Equally committed to healthcare leadership and systems-based practice, with active engagement in national medical societies and committees spanning finance, practice management, education, and legislative advocacy. Dedicated to integrating procedural innovation with strategic healthcare delivery, drawing on expertise in pain medicine, medical economics, and physician leadership to enhance patient outcomes and advance the field of interventional pain management.

Certifications

American Board of Anesthesiology
Anesthesiology — Certified
Participating in MOCA

Initial Certification: 05/23/2025
Certification Active Through: 12/31/2030

American Board of Anesthesiology
Pain Medicine — Certified
Participating in MOCA

Initial Certification: 09/27/2025
Certification Active Through: 12/31/2030

EMPLOYMENT

Central New York (CNY) Brain and Spine Neurosurgery, New Hartford NY July 2025 – June 2026

EDUCATION

University of Massachusetts Medical School, Worcester MA August 2016 – May 2020
Doctor of Medicine

Boston University, Boston MA August 2009 – September 2013
Bachelor of Arts in International Relations

POST-DOCTORAL TRAINING

Beth Israel Deaconess Medical Center, Harvard Medical School June 2024 – June 2025
Pain Fellowship, Chief Fellow

Beth Israel Deaconess Medical Center, Harvard Medical School July 2021 – June 2024
Anesthesiology Residency, Chief Resident

Lemuel Shattuck Hospital, Tufts University School of Medicine June 2020 – June 2021
Transitional Year Internship

FACULTY APPOINTMENTS

Harvard Medical School June 2021 – Present
Clinical Fellow

Tufts Medical School June 2020 – June 2021
Clinical Associate

LICENSURE

New York Full Medical License	March 2025 – Present
Massachusetts Limited Medical License (Training)	June 2020 – June 2025

HONORS AND AWARDS

NANS 2026 Fellows Cadaver Course Associate Faculty	January 2026
NANS 2026 Early Career Travel Grant	January 2026
Hannenbergscholarship	March 2025
NANS 2025 Fellow Travel Fellowship Grant	January 2025
Neuromodulation for Advanced Implantable Therapies Fellow Scholarship	January 2025
ASRA Pain Medicine/APPD Advanced Interventional Pain Management Fellow Scholarship	November 2024
Pain Management Fellow IEP Course Scholarship	October 2024
BIDMC/Harvard Anesthesia Resident Professionalism Award	June 2024
BIDMC/Harvard Jane Matlaw Environmental Award	November 2023
ASA ADVANCE Emerging Leaders Scholar	January 2023

LEADERSHIP EXPERIENCE

AIS Healthcare PUMP Academy Fellow	September 2025 – Present
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AIS Healthcare, Dallas TX

- Selected as a Fellow in the highly competitive AIS Healthcare PUMP Academy, a program designed to cultivate the next generation of leaders in interventional pain medicine.
- Engages in advanced training and leadership development focused on practice optimization, innovation in intrathecal drug delivery (ITDD), and integration of novel therapies into pain practice.
- Collaborates with national thought leaders and peers to shape future directions in interventional pain management and expand access to advanced therapies.

ASPN Poster to Podium Selectee	September 2025 – Present
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American Society of Pain and Neuroscience, Miami FL

- Chosen through a competitive review process to present research at the ASPN Annual Meeting as part of the prestigious Poster to Podium program.
- Recognized for impactful contributions to advancing interventional pain medicine, including research on pericranial neuromodulation, SIJ fusion, and peripheral nerve stimulation.
- Provides national visibility for scholarship and clinical innovation, highlighting a trajectory of excellence in both procedural and academic leadership.

NANS Young Neuromodulators Committee Member	June 2025 – Present
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North American Neuromodulation Society, Chicago IL

- Supports the RFS Mentorship Program and coordinates mentor-mentee activities that advance neuromodulation training and career development.
- Develops and promotes educational material for trainees on various clinically related topics, including but not limited to neuromodulation, research, and advocacy

ASRA Fellow Representative to the AMA	March 2024 – March 2025
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ASRA Practice Management Committee Member

ASRA Pain Medicine, Pittsburgh PA and the American Medical Association, Chicago IL

- Served a 1–year term as a Resident Fellow Section Representative to the American Medical Association and appointed as a continuing member of the ASRA Pain Medicine Practice Management Committee.
- Serves as a representative of ASRA Pain Medicine to the AMA. Involved in recruitment, communication between residents, fellows and the administration of ASRA regarding policy and advocacy issues.

MMS Fellow Representative: Committee on Finance	May 2024 – May 2025
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Massachusetts Medical Society, Waltham MA

- Selected as a Fellow Representative to the Massachusetts Medical Society (MMS) Committee of Finance

- Collaborates with the Secretary–Treasurer, Assistant Secretary–Treasurer, and VP of Finance to
- Develop and monitor financial strategies aligned with MMS objectives.
- Represents and facilitates communication between trainees and MMS leadership to address financial concerns and promote financial literacy among trainees.

MSA Fellow Representative: Economics Committee

August 2024 – August 2025

Massachusetts Society of Anesthesiologists, Waltham MA

- Selected for a 1–year term as a representative member on this committee to review, disseminate information, and make recommendations to the officers, Executive Committee, other committees, and members on issues concerning the economics of the practice of anesthesiology
- Responsible for reviewing private and governmental medical care payment and reimbursement plans

AMA RFS Member: Committee On Business and Economics

August 2024 – Present

American Medical Association, Chicago IL

- Elected for a 1–year term to serve as a member on this committee, addressing issues on finance and economics pertaining to disability insurance, debt management, payment models, budgeting, practice management and contract negotiation.
- Responsible for developing initiatives, educating, and communicating macroeconomic healthcare trends pertaining to physician members of the AMA

ASRA Resident Ambassador: Resident Section Committee

March 2022 – March 2023

ASRA Pain Medicine, Pittsburgh PA

- Elected as a member at large, resident ambassador and member of the social media council on the ASRA Pain Medicine Resident Section Committee.
- Responsible for widening the reach of ASRA Pain Medicine among students, residents, and other pain practitioners through various in–person and social media initiatives.

Chair: Resident and Fellow Wellness Committee

March 2022 – July 2023

Beth Israel Deaconess Medical Center, Boston MA

- Responsible for organizing department–wide events, promoting a balanced work environment that emphasizes resident mental wellness, as well as providing mentorship and peer support to trainees. Selected by the program leadership.

Resident/Fellow Champion: Environmental Sustainability Committee

May 2022 – May 2024

Beth Israel Deaconess Medical Center, Boston MA

- The BIDMC Environmental Sustainability Committee is responsible for ensuring that the hospital complies with local environmental laws and regulations in conjunction with optimizing departmental costs. Served as the point person for the Department of Anesthesia, Critical Care and Pain Medicine.
- Lead on anesthesia–related initiatives including eliminating nitrous gas lines and converting to portable canisters, changing disposal policies for sharps and syringes, and reducing post–op paper waste.

WORK AND RESEARCH EXPERIENCE

Resident Researcher: *Beth Israel Deaconess Medical Center, Boston MA*

March 2022 – March 2023

Mentor: Thomas Simopoulos, MD, Department of Anesthesia, Critical Care and Pain Medicine

- Collaborated on a retrospective chart review study examining biological and device complication rate for recipients of spinal cord stimulators implanted at BIDMC between 2016 and 2021.
- Responsible for chart review and data collection.

Student Researcher: *UMASS Memorial Hospital, Worcester MA*

January 2018 – May 2020

Mentors: Joseph Tennyson, MD, Matthew Rebesco, MD, Rachel Davis PhD, Department of Emergency Medicine

Research Fellowship: *Beth Israel Deaconess Medical Center, Boston MA*

June 2017 – August 2017

Mentors: Nicole Dubosh, MD and Katie Boyle, MD, Department of Emergency Medicine

Clinical Research Coordinator: *Massachusetts General Hospital, Boston MA*
Mentor: Raymond Chung, MD, Department of Gastroenterology

June 2015 – April 2016

ORIGINAL PEER-REVIEWED PUBLICATIONS

1. Seibold EL, Wachtendorf LJ, Needham MJ, Munoz-Acuna R, Redaelli S, Suleiman A, von Wedel D, Ratajczak N, **Remotti EJ**, Paschold BS, Chen G, Palardy A, Pierce T, Kienbaum P, Ramachandran SK, Schaefer M. Impact of desflurane removal from the operating room on carbon dioxide emissions at a tertiary academic medical centre: a retrospective analysis. *Br J Anaesth*. 2025 Jun
2. Chen RS, O'Connor L, Rebesco MR, LaBarge KL, **Remotti EJ**, Tennyson JC. Prehospital Intubations Are Associated with Elevated Endotracheal Tube Cuff Pressures: A Cross-Sectional Study Characterizing ETT Cuff Pressures at a Tertiary Care Emergency Department. *Prehosp Disaster Med*. 2021 Jun;36(3):283–286. doi: 10.1017/S1049023X21000297. Epub 2021 Apr 5. PMID: 33818359.

REVIEW ARTICLES

1. Beniwal A, Amin S, Remotti EJ, Woolley PA, Chen F, Emerick TD. Gene therapy in the setting of chronic pain medicine. *Anesthesia & Analgesia*. In press, 2025.
2. Robinson CL, Phung A, Dominguez M, Remotti E, Ricciardelli R, Momah DU, Wahab S, Kim RS, Norman M, Zhang E, Hasoon J, Orhurh V, Viswanath O, Yazdi C, Chen GH, Simopoulos TT, Gill J. Pain Scales: What Are They and What Do They Mean. *Curr Pain Headache Rep*. 2024 Jan;28(1):11–25. doi: 10.1007/s11916-023-01195-2. Epub 2023 Dec 7. PMID: 38060102.
3. Remotti E, Nduaguba C, Woolley PA, Ricciardelli R, Phung A, Kim R, Urits I, Kaye AD, Hasoon J, Simopoulos T, Yazdi C, Robinson CL. Review: Discogenic Back Pain: Update on Treatment. *Orthop Rev (Pavia)*. 2023 Aug 25;15:84649. doi: 10.52965/001c.84649. PMID: 37641793; PMCID: PMC10460631.
4. Gomez YC, Remotti E, Momah DU, Zhang E, Swanson DD, Kim R, Urits I, Kaye AD, Robinson CL. Meralgia Paresthetica Review: Update on Presentation, Pathophysiology, and Treatment. *Health Psychol Res*. 2023 Mar 15;11:71454. doi: 10.52965/001c.71454. PMID: 36937080; PMCID: PMC10019995.

POSTERS, ABSTRACTS, AND PUBLICATIONS

1. Batra, K., Joseph, C., Wahab, S., Chen, F., **Remotti, E.J.** Minimally Invasive Facet Fusion in Chronic Axial Pain: Adoption Patterns and Therapeutic Value. International Society of Pain and Neuroscience (ISPN). London, UK. October 2025.
2. Araújo, B., Michel, E., Wahab, S., Vu, P., **Remotti, E.J.** Bridging the Gap: Overcoming Training and Practice Barriers to Intrathecal Drug Delivery in Chronic Pain Management. WAPMU Comprehensive Interventional Spine & Neuropathic Pain Symposium. Rosemont, IL. August 2025.
3. Amin, S., Joseph, C., Woolley, P.A., **Remotti, E.J.** Advancing Neuromodulation: The Promise of Superficial Cranial Implants for Chronic Pain Management. ASPN 2025 Annual Conference. Miami, FL. July 2025.
4. Savir, S, **Remotti E.J.**, Woolley, P.A., Savir, S., Narang, S. Celiac Plexus Block for Cancer-Related Abdominal Pain Improving Dysphagia from Partial Mechanical Obstruction. 2025 Annual Meeting presented by IARS & SOCCA. Honolulu, HI. July 2025.
5. Amin, S., Reddy, R., Joseph, C., Woolley, P.A., Joseph, C., Savir, S., Wahab, S., Chen, F., Lu, L., Buckman, V., Beniwal, A., **Remotti, E.J.** Peripheral Nerve Stimulation for Acute Pain: A Targeted, Opioid-Sparing Approach In Modern Pain Medicine. ASRA Spring 2025. Orlando, FL. May 2025
6. **Remotti E.J.**, Reddy, R., Joseph, C. Pain Prehabilitation and its Utility in Improving Outcomes and Patient Satisfaction in Chronic Pain. AAPM 2025 Annual Meeting. Austin, TX. April 2025
7. Woolley, P.A., Joseph, C., Savir, S., Lans, Z., Chen, F., Do Ouro-Rodrigues, L., Lee, I., Lu, L., & **Remotti E.J.** Rethinking Nutrition and Chronic Pain Outcomes: Exploring the Role of Intermittent Fasting. NANS 2025 Annual Meeting. Orlando, FL. January 2025.

8. Do Ouro–Rodrigues, L., Savir, S., **Remotti E.J.**, Chen, F., Lans, Z., Buckman, V., Lee, I., Lu, L., & Simopoulos, T. Management of cervical Post–Laminectomy Syndrome with successful implantation of Spinal Cord Stimulator. NANS 2025 Annual Meeting. Orlando, FL. January 2025.
9. Chen, F., Savir, S., Do Ouro–Rodrigues, L., Lee, I., Lu, L., **Remotti E.J.**, Lans, Z. Investigating the Cause–and–Effect Relationship Between Disordered Sleep and Chronic Pain. NANS 2025 Annual Meeting. Orlando, FL. January 2025.
10. Lu, L., **Remotti E.J.**, Savir, S., Simopoulos, T., Narang, S. Challenging Case: Spontaneous Cerebral Spinal Fluid Leakage Resolved after Three Epidural Blood Patch. NANS 2025 Annual Meeting. Orlando, FL. July 2025.
11. Woolley, P.A., Buckman, V., Joseph, C., Addae, G., Hu, N., Lans, Z., Lee, I., Lu, L., Savir, S., Chen, F., Do Ouro–Rodrigues, L., & **Remotti E.J.** Transforming Pain Medicine Fellowship: Adapting to Increasing Demands and Dynamic Changes in Healthcare. ASRA 23rd Annual Pain Medicine Meeting. Las Vegas, NV. November 2024.
12. Joseph, C., Woolley, P.A., Phung, A.T., Wahab, S., Momah D., & **Remotti E.J.** Exploring the Role of Tai Chi in Fibromyalgia. ASPN Annual Conference. Miami, FL. July 2024.
13. Wahab, S., Joseph, C., Ren, B., Momah, D., Phung A.T., **Remotti, E.J.** Marijuana and Chronic Pain: Efficacy, Barriers, and Other Considerations. ASRA 22nd Annual Pain Medicine Meeting. New Orleans, LA. November 2023.
14. Woolley, P.A., Wahab, S., Phung, A.T., Odinkemere, C., Thompson, T.C., & **Remotti E.J.** Integrating a Formal MBA Program Within Residency Training. ASA Advance 2023: The Anesthesiology Business Event. Orlando, FL. January 2023.
15. **Remotti E.J.**, Odinkemere, C., Wahab, S., O’Hene, N & Woolley, P.A. Utilizing Videogames as a Therapeutic Tool for Chronic Lower Back Pain. ASRA 21st Annual Pain Medicine Meeting. Orlando, FL. November 2022.
16. Wahab, S., **Remotti E.J.**, Odinkemere, C., O’Hene, N & Woolley, P.A. Pain Management as a Core Competency of Medical Education. ASRA 21st Annual Pain Medicine Meeting. Orlando, FL. November 2022.
17. Woolley, P.A., **Remotti E.J.**, Odinkemere, C., Wahab, S. & O’Hene, N. Evaluating Pain Assessment Modalities for Pediatric Patients with Cognitive Impairment. ASRA 21st Annual Pain Medicine Meeting. Orlando, FL. November 2022.
18. Odinkemere, C. & **Remotti E.J.** Impact of Fasting on Chronic Pain. Anesthesiology 2022 Annual Meeting. New Orleans, LA. October 2022.
19. **Remotti E.J.** The Intersection of Chronic Pain and Martial Arts. Anesthesiology 2021 Annual Meeting. San Diego, CA. October 2021.
20. **Remotti E.J.** Lemuell Shattuck Pain Management: A Basic Pharmacology Guideline for Medical Providers. Anesthesiology 2021 Annual Meeting. San Diego, CA. October 2021.
21. **Remotti E.J.** Chronic Pain Management: An Assessment by Clinical Provider Type. 46th Annual Regional Anesthesiology and Acute Pain Medicine Meeting. Orlando, FL. May 2021.
22. **Remotti E.J.** Understanding and Addressing Pain Management in Special Populations: Prisoners and Substance Abuse. Anesthesiology 2020 Annual Meeting. Washington, D.C. Oct 2020.
23. **Remotti, E.J.**, Shaikh SD. Anesthesiology – An Educated Analysis of the Future. Massachusetts Medical Society 13th Annual Research Symposium. Waltham MA. November 2018.
24. Hall, M., Joseph, J., **Remotti, E.J.**, Lewis, J., Ullman, E., Dubosh, N. Standard Video Interview Score Does Not Correlate With Medical Student Communication Skills. Society for Academic Emergency Medicine Annual Meeting. Indianapolis, IN. May 2018.
25. Hall, M., Joseph, J., **Remotti, E.J.**, Lewis, J., Ullman, E., Dubosh, N. Standard Video Interview Score Does Not Correlate With Medical Student Communication Skills. Society for Academic Emergency Medicine New England Regional Meeting. Worcester, MA. March 2018.
26. Clifford, C., Lloyd, M., Earle, B., **Remotti, E.J.**, Tashjian, B., Bliss, A. Palliative and End of Life Care. University of Massachusetts Population Health Poster Session. Worcester, MA. October 2017.
27. Boyle, KL., Carey, JL., **Remotti, E.J.**, Wax., PM. American Rank of Board Certified Medical Toxicologists in U.S. Medical Schools. University of Massachusetts Annual Research Symposium. Worcester, MA. August 2017.

PROFESSIONAL ORGANIZATIONS

American Medical Association – Member	August 2016 – Present
American Society of Anesthesiologists – Member	June 2020 – Present
Massachusetts Society of Anesthesiologists – Member	June 2020 – Present
American Society of Regional Anesthesia Pain Medicine – Member	June 2020 – Present
American Society of Pain and Neuroscience – Member	February 2024 – Present
North American Neuromodulation Society – Member	May 2024 – Present

LANGUAGES

English (native), Italian (native), Spanish (conversational)