

TARA BATH, DC, CCSP®, FIAMA



📍 Richmond, VA

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PROFESSIONAL MEMBERSHIPS

- American Chiropractic Board of Sports Physicians - Active
- International Chiropractic Pediatric Association (ICPA) - Active
- Unified Virginia Chiropractic Association - Active

PROFESSIONAL PROFILE

Doctor of Chiropractic with over 15 years of active clinical practice in musculoskeletal conditions, soft tissue injury, sports injury, and occupational health. Background includes a BS in Biochemistry and college-level instruction in Human Anatomy and Physiology. Practice owner operating two locations in Virginia. Available for medical record review, standard of care analysis, causation opinions, and expert witness consultation.

EDUCATION

DOCTOR OF CHIROPRACTIC

Northeast College of Health Sciences
(formerly New York Chiropractic College)

Seneca Falls, NY | 2010

BACHELOR OF SCIENCE - BIOCHEMISTRY MINOR - PSYCHOLOGY

Cedar Crest College

Allentown, PA | 2007

CLINICAL & ACADEMIC EXPERIENCE

DOCTOR OF CHIROPRACTIC / PRACTICE OWNER

Stepping Stone Chiropractic - Ashland, VA & Richmond, VA
January 2011 - Present

- Evaluate and treat musculoskeletal and neurological conditions
- Evaluate and treat motor vehicle accident patients, including injury assessment and clinical documentation
- Integrate functional medicine and ergonomic assessment into patient care
- Perform clinical documentation, ICD-10 coding, and insurance billing
- Perform medical acupuncture

ADJUNCT PROFESSOR, ANATOMY & PHYSIOLOGY

Reynolds Community College - Richmond, VA
(formerly J. Sargeant Reynolds Community College)
2015 - 2017

- Taught Anatomy & Physiology I and II, lecture and laboratory

LICENSES & CERTIFICATIONS

- Virginia License to Practice Chiropractic - Active (April 2010 - Present)
- National Board of Chiropractic Examiners - Parts I, II, III, IV & Physiotherapy
- Certified Chiropractic Sports Physician (CCSP®) - American Chiropractic Board of Sports Physicians, 2019; annually maintained
- Fellowship, International Academy of Medical Acupuncture (FIAMA) - 2017
- Certified Functional Medicine Practitioner - Functional Medicine University, 2024
- Advanced Office Ergonomics Assessment Specialist (AOEAS®) - The Back School
- Webster Technique - International Chiropractic Pediatric Association, 2012; ICPA membership maintained
- Soliman Auricular Allergy Treatment (SAAT) - Training with Dr. Nader Soliman, 2025