



Curriculum Vitae

Emily C. Clay, MD, FAAFP
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Experienced Family Physician with over 25 years in clinical practice since graduating medical school in 2000. After 21 years in Primary Care, transitioned to Urgent Care in 2021, where she continues to enjoy the challenge, variety, and fast-paced environment. Actively involved in medical resident teaching and mentorship, with a strong commitment to education and collaborative patient care. Combat Army Veteran physician who served in Iraq from 2005–2006. Experienced with internal hospital-system case reviews and now seeking to expand into Expert Witness work.

CURRENT POSITIONS

Feb2021-present

Urgent Care Physician, 0.85 FTE, Providence Medical Group, Immediate Care 3 locations in Olympia and Lacey, Washington

- Shift-work care of patients of all ages from newborn to elderly
- Medical urgent and non-urgent disease management, determine appropriate referrals when indicated
- Procedures to include joint injections, musculoskeletal injury splinting, laceration repair, foreign body removal, gyn procedures, toenail removal, ekg and radiologic interpretation, acute mental health management, cardiovascular assessment and management.
- Mentor Physician Assistants, Nurse Practitioners and nursing and med assistant staff
- Teach rotating Family Medicine residents at the bedside from local residency programs. Resident scheduling liaison for Urgent Care

Apr2022-present

Urgent Care Physician, per diem 1-2 shifts/month, Multicare Mary Bridge Pediatric Urgent Care, Olympia, Washington

- Per diem shift-work care of pediatric patients
- Medical urgent and non-urgent disease management, determine appropriate referrals when indicated
- Procedures to include acute illness management, musculoskeletal injury splinting, laceration repair, foreign body removal, gyn procedures, ekg and radiologic interpretation, acute mental health management, cardiovascular assessment and management.
- Mentor Physician Assistants, Nurse Practitioners and nursing and med assistant staff

July2022-present

Per diem residency community preceptor at 2 Family Medicine residency training locations, Olympia and Chehalis, Washington

- Typically ½ day every 3-6 months
- Supervise and teach residents in their continuity clinics or acute care clinics at the residency training clinics on site.

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WORK EXPERIENCE

Aug 2019- Jan 2021

Family Medicine Physician, Madigan Army Medical Center, Joint Base Lewis-McChord, Washington, Department of the Army Civilian, GS 14-10

- Newborn to Elderly outpatient care
- Procedures: IUD insertions/removals, Nexplanon insertions/removals, skin procedures, circumcisions, endometrial biopsies, colposcopy
- Precept outpatient resident clinic; precept PA and NP students

July 2018-July 2019

Physician/Owner- Emily MD, PLLC, Direct Primary Care, 904 S. Jefferson St. Moscow ID 83843

- Outpatient clinic newborn up to elderly care
- Procedures, joint injections, home visits, in-house MD-dispensed wholesale pharmacy
- Inpatient pediatric care
- Membership-based, no-insurance practice with affordable rates and no copays
- Owned and ran small business
- Voluntarily opted out of Medicare July 2018 (and opted back in Apr2020)

Oct2016-Jun2019

As-needed Pediatric Hospitalist call, Gritman Medical Center, Moscow ID 83843. 208-883-6354.

- Attended complicated deliveries; performed newborn resuscitation
- Admitted sick pediatric pts to hospital to include rounding.

June-July2018

Part time ER work, Peds Hospitalist call, both at Gritman Medical Center, Moscow ID 83843, and remodel work and design of Emily MD building and business

Oct2016-May2018

Family Physician, Moscow Medical Clinic, (Rural Health Clinic) Moscow, Idaho. 208-882-7565

- Newborn to Elderly care
- Newborn and pediatric inpatient care
- Procedures: IUD insertions/removals, Nexplanon insertions/removals, skin procedures, circumcisions, endometrial biopsies, colposcopy
- Precepted 1st year medical students (WWAMI Medical School) ½ day weekly

July 2013- Jun2016

Family Medicine Physician, East Olympia Family Medicine Clinic, Providence Medical Group, Olympia, WA. 360-486-6777

- Newborn to Elderly outpatient care
- Antepartum OB care until delivery, then newborn inpatient care
- Procedures: IUDs, Nexplanon insertion, skin procedures, circumcisions, GYN care
- Precepted family medicine residency clinic 1-2 half-days/ month

Aug 2012- Jun 2013

Family Medicine Physician, Family Medical Home, Ft Benning, Georgia, Department of the Army Civilian, GS 14-10

- Outpatient care of newborn to elderly, procedures, full-time clinic

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This is not considered a retention agreement, which is required to be retained as an expert witness.

- Oct 2007- July 2012** **Residency Teaching Faculty, MACH Family Medicine Residency, Ft. Benning, Georgia, Department of the Army Civilian, GS 14-10**
 - Teacher of the Year awards 2010 & 2011
 -Full-spectrum family medicine care, including inpatient medicine, outpatient medicine, obstetrics, treadmill testing, all family medicine procedures to include GYN, Skin, vasectomy, circumcision and others
- Jan 2006- Sept 2007** **Residency Teaching Faculty, MACH Family Medicine Residency, Ft. Benning, Georgia, Team Leader for Residency, Active Duty Major**
 -Full-spectrum family medicine care, including inpatient medicine, outpatient medicine, obstetrics, treadmill testing, all family medicine procedures to include GYN, Skin, vasectomy, circumcision and others
- Sept 2006- Jun 2013** **Emergency Department Physician, Part time concurrent with other position with Army, Warm Springs Medical Center, Warm Springs, Georgia**
 -1-2 shifts/month from 2006-2013
 -3 bed small ER w 1 physician, 1 RN on duty at a time
 -Care of procedures of all ages, including procedures and initial admission management and orders, if admitted to hospital.
- June 2005-Jan 2006** **Battalion Surgeon, C Company, 203rd Forward Support Battalion, 3rd Brigade, 3rd Infantry Division, Deployed to Baquaba, Iraq, in support of Operation Iraqi Freedom**
 - Served as emergency medicine physician during deployment. *Active Duty Captain*
 -Emergency, urgent and non-emergent management of patients of all ages, including Active Duty soldiers, American contractors, Iraqi civilians and Iraqi insurgents. Performed wound care, airway care to include cricothyrotomies and chest tubes, musculoskeletal care, mental health care, and generalized medicine to soldiers, contractors and Iraqi civilians.
- Sept 2004-Jun 2005** **Associate Residency Teaching Faculty, Staff Family Physician, Department of Family Medicine, MACH, Ft. Benning, Georgia, Active Duty Captain**
 -Full-spectrum family medicine care, including inpatient medicine, outpatient medicine, obstetrics, treadmill testing, all family medicine procedures to include GYN, Skin, vasectomy, circumcision and others
- July 2003- Sept 2004** **Staff Family Physician, First assignment after residency training. Winder Health Clinic and Troop Clinic, Ft. Benning, Georgia, Active Duty Captain**
 -Provided daily sick-call for basic trainee soldiers and cadre (staff) daily in family medicine clinic setting.
 -While on call, provided full-spectrum family medicine care, including inpatient medicine, outpatient medicine, obstetrics, treadmill testing, all family medicine procedures to include GYN, Skin, vasectomy, circumcision and others

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EDUCATION

<i>Residency</i>	July 2001- June 2003 Family Medicine, Madigan Army Medical Center, Ft. Lewis, WA Program Director: Gary Clark, MD
<i>Internship</i>	July 2000- June 2001 Family Medicine, Madigan Army Medical Center, Ft. Lewis, WA Program Director: Guy Runkle, MD
<i>Medical School</i>	July 1996- May 2000 Emory University School of Medicine, Atlanta, GA Doctor of Medicine Degree, May 2000
<i>Undergraduate</i>	Aug 1992- May 1996 University of Mississippi, Oxford, MS Bachelor of Science Degree, Biology, Summa Cum Laude

CERTIFICATION AND LICENSURES

Board-Certified, American Board of Family Medicine, Jul 2003 -present
Fellow, American Academy of Family Physicians, awarded Sept 2008
Medical License, State of Washington MD60262660, unrestricted, since Feb 2012
Drug Enforcement Administration, unrestricted provider
National Provider Identifier #1700887361
Basic Life Support: Ongoing updated certificate every 2 years per standard
Previous Instructor, Advanced Cardiac Life Support and Pediatric Advanced Life Support
Previous Instructor & Faculty Advisor, Advanced Life Support in Obstetrics
Previous provider in Neonatal Resuscitation Program

FACULTY APPOINTMENTS

Per diem Community Preceptor, St Peter Family Medicine and Chehalis Family Medicine, July2022- Present
Community preceptor- WWAMI Univ of Idaho Campus- Oct 2016- Jun 2019
Asst Clinical Professor of Family Medicine, Univ of WA School of Medicine, 2015-2016
Asst Professor of Family Medicine, Uniformed Services Health Sciences Univ, 2008- 2013
Residency Faculty, Martin Army Community Hospital, Ft Benning, GA, Jan2006-July2012

PROFESSIONAL ORGANIZATIONS

American Academy of Family Physicians, 2000- present
Idaho Academy of Family Physicians, Sept 2016-July 2019
Washington Academy of Family Physicians, July 2013- present
Uniformed Services Academy of Family Physicians, 2000-2013, 2019-Present

HOSPITAL COMMITTEE INVOLVEMENT

Sexual Assault Team, Madigan Army Medical Center, JBLM, WA, Dec2019-Jan 2021
Pediatric-Obstetrics Committee, Gritman Medical Center, Oct2016-Jun 2019
Tobacco Cessation Group Visit Workgroup, Jun 2006- July 2012, Ft Benning, GA
Pharmacy Drug Utilization & Evaluation Committee, May 2010- July 2012, Ft. Benning, GA
Sexual Assault Review Board & Response Team, Jun 2010- Jun 2013, Ft Benning, GA
Pharmacy and Therapeutics Committee, Nov 2010- May 2012, Ft Benning, GA
Ethics Committee, May 2010- December 2011, Ft Benning, GA

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PUBLICATIONS

Wrote quarterly laymen articles for Golden Times section, Lewiston Tribune newspaper, Lewiston ID, on articles relating to the health of older adults, Dec 2016-July 2019.

Clay, Emily C, Seehusen, Dean A, "A Review of Postpartum Depression for the Primary Care Physician," Southern Medical Journal, Vol 97, No 2, February 2004, pp 157-161.

Lanier, Jeffrey B, Clay, Emily C, Newton, Terry J, "Congestive Heart Failure Therapeutics: Chronic CHF." PEPID Primary Care Plus. Evanston, IL: PEPID. May, 2010.
<http://www.pepidonline.com>

Lanier, Jeffrey B, Mote, Matthew B, Clay, Emily C. "Evaluation and Management of Orthostatic Hypotension," American Family Physician, Vol 84, No 5, 1 September 2011, pp 527-536.

PRESENTATIONS

"Effects of chlordiazepoxide on isolation stress in young domestic fowl; a novel anxiolytic drug assay," research by E.S. Carlson (maiden name), M.J. Mark, T.A.Doyle, and K.J. Sufka, 1994-1996. Presented at a Neuropsychology Association Convention, Biloxi, MS, April 1995.

"Preoperative Cardiac Evaluation by a Family Physician." Mainstage presentation at the Assembly of the Uniformed Services Academy of Family Physicians, April 2011, California

"Alzheimers and Other Dementias," Mainstage presentation at the Assembly of the Uniformed Services Academy of Family Physicians, Mar 2012, Las Vegas

RESEARCH EXPERIENCE

April 2002- Jun 2003

Madigan Army Medical Center, Departments of Family Medicine, Obstetrics and Psychiatry

Project to initiate screening for peripartum depression at initial and routine obstetrics visits with the Edinburgh Postnatal Depression Survey. Mentors: Dean Seehusen, MD (Family Med), Amy O'Boyle, MD (Urogynecology), Michael Doyle, MD, (Psychiatry)

REFERENCES:

Available upon request