

Curriculum Vitae
Nicolas Vardiabasis, DO

April 20, 2026

Contact Information

- 562-547-5319
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Work Experience

- The Regenerative Sport and Spine Institute (January 1, 2022 – Present)
 - Sherman Oaks, CA
- ARC Orthopedic Group (October 1, 2019 – March 1, 2024)
 - West Hills, CA
- Arthritis & Orthopedic Medical Clinic (Sep 1, 2018 – Sep 1, 2019)
 - Campbell, CA

Medical Staff Privileges

- Mission Community Hospital, Panorama City, CA (July 1, 2023 – Current)
- Monrovia Community Hospital, Monrovia, CA (January 28, 2026 – Current)

Education

- Doctor of Osteopathy (DO, May 2012)
 - Western University of Health Sciences/COMP, Pomona, CA
 - Graduated with Honors
 - President, International Medicine Club
- Bachelor's of Science, Sports Medicine (BSc., April 2007)
 - Pepperdine University, Malibu, CA
 - Graduate Cum Laude

Post Graduated Education and Training

- Orthopaedic Surgery Residency (July 1, 2012 – June 30, 2017)
 - Riverside University Health System Medical Center, Moreno Valley, CA
 - Chief Resident
 - Children's Hospital of Orange County, Orange, CA
 - Kaiser Permanente, Riverside, CA
- Orthopaedic Sports Medicine Fellowship (August 1, 2017 – July 31, 2018)
 - Allegheny General Hospital, Pittsburgh, PA

Medical Licensure & Certifications

- American Osteopathic Board of Orthopedic Surgery
- Arizona Board of Osteopathic Examiners in Medicine and Surgery License
 - 012133, issued 2026 (active)

- State of California Osteopathic Medical Board Physicians and Surgeons License
 - 20A13167, issued 2012 (active)
- Drug Enforcement Administration Registration
 - FV5306407, issued 2015 (active)
- State of California Radiography and Fluoroscopy Operator and Supervisor Permit
 - RHCO0200713, issued 2013 (active)
- American Osteopathic Association
 - 183588

Professional Society Memberships

- American Osteopathic Academy of Orthopedics
 - Member, 2012 – current
- American Academy of Orthopedic Surgeons
 - Member, 2012 – current
- Arthroscopy Association of North America
 - Member, 2013 – current
- American Orthopaedic Society for Sports Medicine
 - Member, 2017 – current

Honors and Awards

- Pacifica Orthopedics Scholarship
 - Awarded May 2012
- AANA Resident Scholarship
 - Awarded May 2017

Local and National Service

- Journal of Arthroscopy
 - Journal manuscript reviewer, 2014

Medical Athletic Affiliations

- Current Sports Coverage
 - USA Rugby (August 1, 2017 – Current)
- Previous Sports Coverage
 - Pittsburgh Pirates, MLB (August 1, 2017 – July 31, 2018)
 - Pittsburgh Riverhounds, USL (August 1, 2017 – July 31, 2018)

Publications

Peer-Reviewed Publications

- Hahn AK, Holmberg K, Hammarstedt JE, Philp F, DeMeo P, Lai VJ, Kindya MC, Paci JM, Farrow LD, **Vardiabasis N**, Nye D, Frey S, Moutzouros V, Purnell GJ, Wang P, Vaccariello M, Schweizer SK, Phillips DJ, Frank DA, Akhavan S. Intraobserver and Interobserver Reliability of the Snyder and Expanded

SLAP Classification System: A Video Study. Orthop J Sports Med. 2023 Nov 10;11(11).

- Sherman B, **Vardiabasis N**, Schlechter J. Suture Tape Augmentation Repair of the Medial Patellofemoral Ligament. Arthroscopy Techniques, October 2019, Volume 8, Issue 10, e1159-e1162.
- **Vardiabasis N**, Mosier B, Walter J, Burgess A, Altman G, Akhavan S. Can we accurately predict quadruple hamstring tendon diameter from pre-operative magnetic resonance imaging? Orthopedic Journal of Sports Medicine. March 2019 7(3).
- **Vardiabasis N**, Schlechter J. Definitive diagnosis of children presenting to a pediatric emergency department with fever and extremity pain. Journal of Emergency Medicine 2017; 53(3): 306-312.
- **Vardiabasis N**, Gates J. Acute compartment syndrome following a tibial eminence fracture. Current Orthopedic Practice 2016; 27(4): 25 – 28.
- Suszter M, **Vardiabasis N**, Smith M, Schlechter J. Glenohumeral internal rotation deficit in adolescent water polo players. J Orthop Res Physiother 2015. 1:006.

Web based journal articles

- **Vardiabasis N**, Silverio A, Rebich E, Basso-Williams M, Robinson M. Bosworth Fracture Dislocation – A case report. The Orthopod. December 2014.

Abstracts and/or Proceedings

- **Vardiabasis N**, Schlechter J. The typical resting position of the adolescent scapula. ePoster presentation at Pediatric Research in Sports Medicine (PRISM) Annual Meeting, Dallas, TX. January 2017
- **Vardiabasis N**, Schlechter J. The typical resting position of the adolescent scapula. Poster presentation at CHOC Research Week, Orange, CA. November 2016.
- **Vardiabasis N**, Adler F, Schlechter J. The etiologies of pediatric fever and extremity pain presenting to a pediatric emergency department. ePoster presentation at the American Osteopathic Academy of Orthopedics, Colorado Springs, CO. October 15 – 17, 2015.
- **Vardiabasis N**, Gates J. Acute compartment syndrome following a tibial eminence fracture. Poster presentation at the Riverside University Health System Medical Center Annual Research Symposium, Moreno Valley, CA. June 10, 2015.