

STACIE BENEDEK, RN, BSN, CIC

Clinical Leader | Infection Prevention Strategist | Healthcare Consultant & Entrepreneur

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PROFESSIONAL SUMMARY:

- **Experienced and visionary healthcare leader with over 20 years of clinical, epidemiological, and entrepreneurial expertise. Proved ability to improve patient outcomes through infection prevention, interprofessional collaboration, and data-driven decision-making.**

LICENSE and CERTIFICATION:

- **Licensed Registered Nurse in California (RN)**
- **Board Certified in Infection Prevention and Control by the Certification Board of Infection Control and Epidemiology (CBIC)– CIC certification valid through 12/31/2028.**

EDUCATION:

- **Bachelor of Science in Biology, South Dakota State University, Brookings, SD**
1995 - 1999
- **Bachelor of Science in Nursing, South Dakota State University, Brookings, SD**
2002 – 2003
- **Master of Science in Nursing, Master of Business Administration (MSN/MBA), Purdue Global Online , West Lafayette, Indiana**
Expected graduation: June 2026

CORE COMPETENCIES:

- **Infection Prevention & Epidemiology**
- **Nursing Standards of Care**
- **Clinical Leadership & Multidisciplinary Collaboration**
- **Regulatory Compliance & Accreditation Readiness**
- **Data Analysis & HAI Surveillance**
- **Healthcare Consulting & Legal Expert Reporting**
- **Strategic Planning**
- **Electronic Health Records (EPIC, Cerner, MediTech, CliniComp)**
- **Team Building & Staff Education**
- **Chart Review and Expert Witness Reports**

EXPERIENCE:**Senior Infection Prevention and Control Consultant****Steven Hirsch & Associates**, Fountain Valley, CA

September 2022 - Present

- Responsible for providing Infection Prevention and Control Program services, including the surveillance, prevention, and control of infections in the facility environment.
- Surveillance, data analysis and interpretation, inspection, intervention, education, consultation and recommendations to facility leadership and medical staff.
- Provide four primary functional areas: Education, Surveillance, Quality Improvement, and Program Maintenance.

Stacie Benedek Healthcare Consulting, Business Owner

2021-present

- Expert Witness for both plaintiff and defendants in legal cases
- Provide written reports to assist court in understanding complex healthcare issues
- Deposition experience, no trial experience

Manager, Epidemiology and Infection Prevention**Scripps Memorial Hospital La Jolla**, San Diego CA

2022-2025

- Responsible for the planning and execution of the Infection Control Program in collaboration with leadership, physicians, and the Quality Department
- Infectious Disease Council Member, leader on committees as assigned to improve infection control outcomes.
- Responsible for regulatory compliance and readiness
- Working knowledge of patient care practices, microbiology, asepsis, disinfection and sterilization practices, infectious disease, disease transmission, surveillance techniques, performance measurement and quality improvement principles, licensing standards and regulations.
- Implement effective strategies to decrease Hospital Associated Infections
- Work with interprofessional teams to minimize risk.
- Optimize EPIC to detect, monitor, assess, and mitigate risk to improve patient outcomes.
- Positive working relationships with nursing and physician colleagues

Systemwide Infection Control Coordinator**Scripps Health San Diego**, San Diego CA

2018-2022

- Perform Hospital Associated Infection (HAI) surveillance for 5 acute care hospitals, compile and enter data into NHSN, analysis and interpretation of data.
- Infectious Disease Council Member, participate on committees as assigned to improve infection control outcomes.
- Provide support to individual hospital site Infection Preventionists.
- Working knowledge of patient care practices, microbiology, asepsis, disinfection and sterilization practices, infectious disease, disease transmission, surveillance techniques,

performance measurement and quality improvement principles, licensing standards and regulations.

Infection Preventionist**Scripps Memorial Hospital La Jolla, San Diego, CA**

2011-2018

- Hospital Associated Infection (HAI) surveillance and data analysis.
- Use epidemiological principals and statistical methods to design, implement and evaluate infection prevention and control strategies.
- Provide consultation and education to staff and physicians in respect to Infection Prevention and Control.
- Infectious Disease Council Member; Ad hoc member of multiple councils.
- Leader of Early Mobility team.
- Ensure compliance with state and federal requirements, accreditation bodies.
- Rounding and collaboration with multidisciplinary teams in the Intensive Care Units.
- Perform assessments, reassessments, development, and implementation of the Infection Control Plan in accordance with regulatory agencies and all federal and state requirements.

Registered Nurse (RN) - CVICU**Scripps Memorial Hospital La Jolla, San Diego, CA**

2009-2011

- Provide direct patient care as a Registered Nurse in the Cardiovascular Intensive Care Unit.
- Collaborate with all members of the healthcare team to ensure best patient outcomes.
- Knowledge of various medical equipment and pharmaceutical agents.

Registered Nurse (RN) - PACU**Sharp Memorial Hospital, San Diego, CA**

2009-2016

- Provide direct patient care in a 16 bed PACU.
- Charge Nurse experience.
- Work with healthcare team members to ensure patient centered care in perioperative setting.

Travel Registered Nurse (RN) - ICU**American Mobile Healthcare and Med Staff**

2005-2009

- Contract employee at various hospitals within the United States.
- Provided direct patient care in a variety of settings including SICU, CVICU, MSICU, and CCU.
- Knowledge of various monitoring systems and computer charting applications including CliniComp, Epic, Cerner, and MediTech.
- Built solid, trusting relationships with staff, patients, and families, generating positive PR through extra effort in care, treatments, communication.
- Collaborated with multidisciplinary team members, by working closely with physicians, nurses, technicians, and therapists to formulate, implement, and modify individual care plans.
- Charge Nurse experience in CVICU.

Registered Nurse (RN) - ICU

Scripps Memorial Hospital La Jolla, San Diego, CA

2003-2011

- Provide direct patient care as a Registered Nurse in a 42-bed Intensive Care Unit.
- Responsibilities included care of medical, trauma/surgical, and coronary care patients.
- Job skills included technical proficiency, application, and performance of all related critical care procedures and skills.
- Knowledge of various pharmaceutical agents and their use within the ICU.

Research Assistant

Salk Institute for Biological Studies, La Jolla, CA

1999-2002

- Responsible for assisting post-doctoral fellows in the Molecular Neurobiology Laboratory.
- Experience in experiments design, data collection, and analysis.

PREVIOUS CERTIFICATIONS/AWARDS:

- Previous certifications: TNCC, CCRN, CSC, CPAN, ACLS/BLS
- Nominated for Nurse of the Year in a Supporting Role 2014
- Scripps Employee 100
- Scripps Gold Quality Award winner 2015