

Curriculum Vitae

MELISSA SUE SKOFF

APRN, DNP, FNP-BC, AGACNP-BC, CCRN-CSC-CMC, CNE

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CURRENT POSITION

- **Certified Nurse Practitioner** - Ivim Health **07/2024 - Present**
Telemedicine provider working with obesity medicine patients remotely
- **Part Time FNP/AGPCNP and FNP National Presenter** **04/2024 - Present**
Advance Practice Education Association- Ascend Learning
Deliver webinars regarding AGACNP and FNP board examination preparation and continuing education
- **APRN Nurse Education Consultant Multiple Boards of Nursing** **05/2022 - Present**
- **Locums Certified Nurse Practitioner - Hospitalist, Emergency Department, Urgent Care** **05/2022 - Present**
Aspirus Health Locum Provider - Plover, WI; Ironwood, MI; Iron River, MI; Wausau, WI, Medford, WI
- **Certified Nurse Practitioner** - Hospitalist, Marshfield Medical Center, Rice Lake **05/2024 - Present**
Locum Hospitalist Provider - Rice Lake, WI
- **Legal Nurse Consultant, Healthcare Hustle LLC.** **01/2026 - Present**
Chart review, report writing, expert witness

EDUCATION

- **Post-Graduate APRN Certificate Program - Adult Gerontological Acute Care Nurse Practitioner** **05/2020 - 12/2021**
College of St. Scholastica, Duluth, MN
- **Doctor of Nursing Practice - Family Nurse Practitioner** **06/2013 - 05/2017**
College of St. Scholastica, Duluth, MN
- **Bachelor of Science in Nursing, Post - Baccalaureate Program** **05/2011 - 08/2012**
College of St. Scholastica, Duluth, MN
- **Bachelor of Applied Science in Exercise Science** **09/2007 - 05/2011**
Minors in Biology and Psychology
University of Minnesota Duluth, Duluth, MN

ACADEMIC EXPERIENCE

- **Assistant Professor - Department of Nursing** **01/2023 - 01/2026**
University of Wisconsin - Eau Claire, Adult Gerontological Nurse Practitioner
Full Time Tenure Track Faculty, Eau Claire, WI

- **Assistant Professor Faculty** 01/2019 - 08/2022
College of St. Scholastica, Duluth, MN
- **Adjunct Faculty** 05/2012 - 12/2018
College of St. Scholastica, Duluth, MN
- **Clinical Instructor** 12/2013 - 12/2016
College of St. Scholastica, Duluth, MN
Taught a variety of clinicals within the CentraCare Health System to post - baccalaureate nursing students.
- **Graduate Assistant** 05/2013 - 05/2017
College of St. Scholastica, Duluth, MN
Worked as a Graduate Assistant for the post-baccalaureate program.
Coordinated lab set-up and learning activities.

PREVIOUS CLINICAL EXPERIENCE

- **Certified Nurse Practitioner - Hospitalist and Emergency Department** 01/2022 - 02/2023
Spooner Health, Spooner, WI.
- **Certified Nurse Practitioner - FastCare Clinic and Emergency Department** 12/2017 - 01/2021
Olmsted Medical Center, Rochester, MN.
- **Certified Nurse Practitioner - Cardiovascular Surgery Hospitalist -ECMO, LVAD, Transplant** 08/2017- 10/2021
Mayo Clinic, Rochester, MN.

PROFESSIONAL LICENSES AND CERTIFICATIONS

Professional Licenses

- Full list of licenses available upon request.

Certifications

American Nurses Credentialing Center (ANCC)

- Family Nurse Practitioner Board Certified (FNP-BC) Current through 2027
- Adult Gerontological Acute Care Nurse Practitioner Board Certified (AGACNP-BC) Current through 2027

American Heart Association (AHA)

- Pediatric Advanced Life Support (PALS) - Provider Current through 2027
- Advanced Cardiovascular Life Support (ACLS) - Provider Current through 2027
- Basic Life Support (BLS) - Provider Current through 2027

American College of Surgeons

- Advanced Trauma Life Support (ATLS) - Provider Current through 2028

American Association of Critical Care Nurses (AACN)

- Critical Care Registered Nurse (CCRN) 10/2022 - 10/2028

- Cardiac Medicine Certification (CMC) 12/2022 - 10/2028
- Cardiovascular Surgery Certification (CSC) 12/2022 - 10/2028

Comprehensive Advanced Life Support (CALS) - Provider Current through 2027

National League of Nursing (NLN) - Certified Nurse Educator Current through 2030

PUBLICATIONS, SCHOLARSHIP INTERESTS, AND GRANTS

Publication

Skoff, M., Wittwer, E., & Fox, J. (2020). Predicting the Future - And Then? Estimating the Length of Stay in the Cardiac Surgical ICU. Journal of Cardiothoracic and Vascular Anesthesia, 34, 2962-2963. doi: <http://doi.org/10.1053/j.jvca.2020.07.054>

Scholarship Project

- Advance Care Planning Facilitation Among Prelicensure Nursing Students 06/2024
ORSP Summer Research Program: Worked with one undergraduate student to complete review of literature,
-Regular meetings with Sonja Meiers Spring, Summer, Fall 2024
-Meetings with librarian Summer and Fall 2024
-Meetings with Kathleen Ziemba, Respecting Choices
-Graduate assistant collaboration Fall 2024
-ORSP Summer 2025: Undergraduate and Graduate Students
- Wisconsin Coalition for Serious Illness Care 03/2024 - Present
Member of coalition, forming connections with other leaders in Wisconsin in serious illness Care and advance care planning
- Respecting Choices Certified Advance Care Planning 08/2024 - Present
First Steps Instructor
Advanced Steps Instructor
- End-of-Life Nursing in Education Consortium July 2025 - Present
Attended Grant-Sponsored workshop in Portland, WA
Working towards incorporating ELNEC curriculum into Graduate education

Professional Research Project

- Participated in a retrospective study with Mayo Clinic colleagues. 2019
Title: The Duration of Delayed Sternal Closure In High Risk Patients After Cardiac Surgery: The Impact On Postoperative Outcomes. Objectives: Delayed sternal closure (DSC) after cardiac surgery procedures is a useful temporizing measure to address hemodynamic instability and coagulopathy after high risk cardiac surgery procedures. We examined the association between length of DSC and short and long-term outcomes.

Doctoral Clinical Project

- Completed a clinical quality improvement project associated with my doctoral education. Developed a project to examine and improve health care directive completion rates in a rural health care facility. Results revealed that when a Certified Advance Care Planning Facilitator provided education to patients and met with them to complete the documents, completion rates of health care directives drastically improved. 01/2015 - 12/2016

Undergraduate Research

- Researcher Undergraduate Research Opportunities Program 2010 - 2011
Organize and conduct experiment entitled, Investigation of Variable Exercise Intensities and Dynamic Visual Acuity Levels on Coincidence Anticipation Timing

Grants

- Office of Research and Sponsored Programs Summer Research
Worked with summer Undergraduate student and Graduate Assistant Amount: \$2,300 **06/2025**
- Medical College of Wisconsin a Healthier Wisconsin Endowment (AHW) and the Medical College of Wisconsin, "Empowering Future Nurses and Nurse Practitioners: A Focus on the Importance of Advance Care Planning" Amount: \$2,422 **04/2025**
- Office of Research and Sponsored Programs Summer Research
Worked with summer Undergraduate student to complete review of literature Amount: \$2,300 **06/2024**
- Gritzmacher Science Education Fellowship Recipient 2024-2025 Academic year Amount: \$500 **10/2024**
- Faculty Leadership and Service to Discipline Recipient Amount: \$750 **11/2024**
- Nurses Foundation of Wisconsin "Improving Completion Rates of Advanced Directives Through Facilitated Discussions: A Study in Rural, Underserved Areas" Amount: \$2,697 **12/2024**

Poster Presentations

- End-of-Life Nursing Education Consortium (ELNEC) Poster Presentation
Title: Empowering Future Nurses and Nurse Practitioners: A Focus on the Importance of Advance Care Planning
University of Portland, Poster Presentation and Workshop July 24-25, 2025
- Jane and James Moore On Campus Visit May 9, 2025
Attended poster presentation, Undergraduate Students presented
- Visiting Scholar Poster Presentation with visiting scholar Fall 2024, Dr. Vincent Guilamo-Ramos
Thursday, October 24 8-9am
- MNRS 2025 Indianapolis Midwest Nursing Research Society (MNRS) office for the 49th MNRS Annual Research Conference
Indianapolis, Indiana March 26-29, 2025.
Abstract accepted "Literature Review of the Role of Nursing, Students, Registered Nurses, and Nurse Practitioners Within
Advanced Care Planning"
- National Conference on Undergraduate Research (NCUR) 2025, April 7-9, 2025, at the David L. Lawrence Convention Center
in Pittsburgh, PA.
Abstract accepted "Literature Review of the Role of Nursing, Students, Registered Nurses, and Nurse Practitioners Within
Advanced Care Planning"

SERVICE

UWEC Academic Service

College Service

- **Scholarship Review Committee - UWEC** **05/2023**
Reviewed and made recommendations for student scholarship recipients
- **Scholarship Review Committee - UWEC** **04/2024**
Reviewed and made recommendations for student scholarship recipients
- **Scholarship Review Committee - UWEC** **04/2025**
Reviewed and made recommendations for student scholarship recipients

UWEC University Service

- **National Conference for Undergraduate Research - UWEC** 04/2023
Lead Volunteer - Duties as assigned, helped other volunteers with work
- **University Liberal Education Committee (ULEC) - UWEC** 09/2024 - 01/2026
- **University McIntyre Library Advisory Board** 09/2024 - 01/2026

Community Service

- **Spoooner Public Library Board Member** - Spooner, WI 09/2024 - 01/2026
Board Member - Serve on the community board, contribute to new library construction

COMMITTEE MEMBERSHIPS

- **Educator Retention and Recruitment TaskForce** 12/2024 - 04/2025
FASRAP/DEP workgroup
- **Graduate Curriculum and Admissions Committee Member - UWEC** 09/2023 - 01/2026
Participate in graduate curriculum development and candidates for graduate school each admissions cycle
- **Gerontological Advanced Practice Nurses Association Education Committee Member** 09/2025 - 01/2026
Participate in Gerontological Special Interest Group

PROFESSIONAL MEMBERSHIPS

- **Obesity Medicine Association - Member** 07/2024 - Present
Certificate of Advanced Education Completed July 2025, 60 hours of CEU
- **Wisconsin Nurses Association - Member** 07/2024 - Present
- **Gerontological Advanced Practice Nurses Association - Member** 05/2023 - Present
- **American Association of Colleges of Nursing - Member** 05/2023 - Present
- **National League for Nursing - Member** 05/2023 - Present
- **American Association of Critical-Care Nurses - Member** 04/2022 - Present
- **Sigma Theta Tau International Honor Society of Nursing - Member** 04/2012 - Present
Delta Phi Chapter 115 at UWEC

ACADEMIC HONORS AND AWARDS

- **Daisy Educator Award Nominee** - *The College of St. Scholastica, Duluth, MN.* 05/2022
Nominee for award to recognize exceptional nurses in academic healthcare settings who exhibit, inspire, and nurture compassion and respect amongst students.

COURSES TAUGHT - UWEC

Fall 2025 and Fall 2026

- NRSNG 709 Advanced Physiological and Pathophysiological Concepts - 2 credits didactic
- NRSNG 722 Individual, Family, and Community Responses - 4 credits didactic
- NRSNG 811/813 Advanced Clinical Practice for Adults and Older Adults I - 4 credits clinical
- NRSNG 794 MSN Project Advisor - 1 student
- NRSNG 893 DNP Project II Advisor - 1 student

Spring 2025 and Spring 2026

- NRSNG 703 Advanced Clinical Concepts for Nurse Educators - 3 credits
- NRSNG 704 Advanced Health Assessment: Adult Gerontology - 3 credits (2 didactic, 1 lab)
- NRSNG 708 Advanced Health Assessment: Family - 3 credits (2 didactic, 1 lab)
- NRSNG 712 Pharmacotherapeutics for Advanced Clinical Practice - 3 credits didactic
Course Coordinator
- NRSNG 725 Advanced Theory and Practice of Family Nursing I - 3 credits didactic
- NRSNG 794 Master of Science in Nursing Scholarly Project - Faculty Advisor
- NRSNG 815 Advanced Clinical Practice II for Adults and Older Adults - 1.5 credits
- NRSNG 817 Advanced Clinical Practice II for Family Health - 1.5 credits
- NRSNG 892 Doctor of Nursing Practice Scholarly Project I - Faculty Advisor

Winterim 2025

- NRSNG 495 Directed Study: Application of Community-Based Clinical - 1 credit

Fall 2024

- NRSNG 709 Advanced Physiological and Pathophysiological Concepts - 2 credits didactic
- NRSNG 722 Individual, Family, and Community Responses - 4 credits didactic
- NRSNG 811/813 Advanced Clinical Practice for Adults and Older Adults I - 4 credits clinical
- NRSNG 831 Advanced Clinical Practice of Frail Older Adults - 1 credit didactic

Spring 2024

- NRSNG 703 Advanced Clinical Concepts for Nurse Educators - 3 credits
- NRSNG 704 Advanced Health Assessment: Adult Gerontology - 3 credits (2 didactic, 1 lab)
- NRSNG 708 Advanced Health Assessment: Family - 3 credits (2 didactic, 1 lab)
- NRSNG 712 Pharmacotherapeutics for Advanced Clinical Practice - 3 credits didactic
Course Coordinator

- NRS 815 Advanced Clinical Practice II for Adults and Older Adults - 6 credits (Theory 4 credits, Practicum 2 credits)
- NRS 817 Advanced Clinical Practice II for Family Health - 6 credits (Theory 4 credits, Practicum 2 credits)
Supervision of 6 clinical students
- Simulation Credits
Faculty supervisor during open lab times throughout the semester

Fall 2023

- NRS 831 Advanced Clinical Practice of Frail Older Adults - 5 credits (2 didactic; 3 clinical)
- Simulation Credits
Assist with Undergraduate RN Check-offs (NRS 267)

Spring 2023

- NRS 267 Clinical Practicum: Foundational Skills for Nursing Practice - 3 credits (1 didactic; 2 lab)
- NRS 802 Philosophical, Theoretical, and Ethical Foundations for Advanced Nursing Practice (3 credits)
Course Coordinator - singular faculty
- NRS 815 Advanced Clinical Practice II for Adults and Older Adults - 6 credits (Theory 4 credits, Practicum 2 credits)
Supervision of two clinical students
- NRS 817 Family Health: Advanced Clinical Practice II - 6 credits (Theory 4 credits, Practicum 2 credits)

PROFESSIONAL DEVELOPMENT

Academic Professional Development - UWEC

- **CETL Programming**
 - Teaching with AI through Auburn University 06/2025
Complete course work for summer learning, asynchronous course
 - Summer Learning: Supporting Student Success Course 06/2024
Complete course work for summer learning, asynchronous course
 - Exploring Generative Artificial Intelligence 06/2024
AI Workshop discussing teaching, learning, and Artificial Intelligence
 - Reading Group: Radical Hope: A Teaching Manifesto by Kevin M. Gannon 02/2023
Participant
 - CETL Certificate Program 02/2023
Virtual program is designed for early-career educators who are interested in expanding their knowledge
About teaching, learning, and instructional technology
 - 2023 - 2024 Center for Excellence in Teaching and Learning Activity Teaching Academy 08/2023
One week of teaching and learning activities both online and on campus
- **Equity, Diversity, and Inclusion Programming**
 - EDI Tier 3 Completion 01/2025
 - CETL Book Group Leader: Immortal Life of Henrietta Lacks 09/2024
 - CETL Book Group Participant: Improving Learning and Mental Health in the College Classroom 06/2024
 - Universal Design For Learning Workshop 08/2023
 - Transparent Design Framework Workshop 08/2023
 - Teaching Boost Series: Your Syllabus as a Tool to Promote Student Equity, Belonging, and Growth 08/2023
 - Creating Inclusive Classrooms 08/2023

- **Dare to Lead Trainings** **09/2023 - 12/2023**
 Training created by Brenee Brown.
 Interpersonal Trainings on Brenee Brown's Dare to Lead Content
- **APA Manual Training with Jen Yanko (APA Representative)** **04/2023**
 Participant
- **Simulation Lab Training** **03/2023**
 Docucare Training within Simulation Lab
- **Newer Nurse Educator Meetings** **02/2023 - 05/2023**
 Discussion about relevant onboarding topics to UWEC
- **Center for Excellence in Teaching and Learning Activity** **02/2023 - 05/2023**
 Spring 2023 Certificate Program
 Discussion of teaching and learning best practices
- **Center for Excellence in Teaching and Learning Activity** **02/2023 - 05/2023**
 Spring Semester Book Club, Radical Hope