



MICHAEL J. JAFFE MD

PHYSICAL MEDICINE & REHABILITATION

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PRIMARY CLINICAL EXPERIENCE

May 2023- present: Interventional Spine and Pain Medicine – Physiatrist. Musculoskeletal medicine, spine specialist and pain management in an outpatient clinical practice. Evaluating and treating patients for injuries/pain. I utilize treatment options of therapeutic exercise, nutritional modification, injections, procedures, and surgical options. I perform fluoroscopic and ultrasound guided spine and musculoskeletal injections and radiofrequency ablations.

March 2022 – April 2023: The SMART Clinic – Physiatrist. Musculoskeletal, spine and pain management outpatient clinical practice. Evaluating and treating patients for injuries/pain. I utilize therapeutic exercise, nutritional modification, injections, procedures, and surgical options. I performed fluoroscopic and ultrasound guided procedures.

Nov 2022 – November 2024. Concentra – Physiatrist. Musculoskeletal and spine physician caring for injured workers. Injuries assessed and treated include neck pain, low back pain, radiculopathy, and joint/soft tissue injuries in shoulders, elbows, wrists, hands, hips, knees, ankles and feet.

July 2000 – January 2022: Intermountain Healthcare Salt Lake Clinic – Physiatrist. Musculoskeletal, spine and pain outpatient clinical practice. In 2000, I was the first full time outpatient Physiatrist in the Intermountain system. I grew this clinical practice to 4 full-time physicians leading a team of 15 nurses, medical assistants, radiology technologist and receptionists. As department leader, I facilitated departmental quality improvement, equipment purchases, and procedure room development.

Medical Focus: Clinical practice is spine, musculoskeletal and pain medicine. I emphasize therapeutic exercise and nutritional improvement to facilitate functional gains. I utilize medication management when indicated. I perform procedures including fluoroscopic guided procedures of the spine such as epidural steroid injections, radiofrequency ablation, sacroiliac, facet and C1-2 joint injections. Musculoskeletal injections include fluoroscopic and ultrasound guided injections to joints of all sizes, tendons, tendon sheaths and nerve blocks. ACL certified.

ADDITIONAL PROFESSIONAL EXPERIENCE

- Michael Jaffe MD LLC. Medical Legal Expert. Various law firms retain my services for personal injury medical opinions regarding spine injuries (including low back pain, neck pain, thoracic spine pain, disc herniations, radiculopathy, fractures and paralysis), musculoskeletal injuries (including knee, shoulder, wrist, headache, fibromyalgia, and fractures), nerve injuries, concussions, etc. I am retained by both plaintiff's and the defense attorneys. I participate in medical malpractice cases and independent medical examinations. 2015-present

- ExamWorks. Medical Legal Expert. Contracted to perform record reviews, expert witness and independent medical exams for ExamWorks clients. Includes personal injury and industrial cases. December 2023- current
- Medical Panel Member and Chair. Utah Labor Commission. Assist judges with medical facts and opinions regarding contested Worker's Compensation cases. I reviewed hundreds of cases. Case topics included topics such as back pain, herniated discs, spine fractures, traumatic brain injury, anoxic brain injury, neck pain, shoulder sprains, rotator cuff tears, knee meniscal tears, knee osteoarthritis, nerve injuries, finger injuries, etc. Duties include chart reviews, meeting with petitioners and answering targeting questions from the judges on the objective medical facts of the case. October 2015 – July 2023
- Affiliated investigator. Physicians Research Options LLC. Draper, UT. Perform image guided injections of investigational products according to strict research protocol. 4/2022 - present
- Physician Leadership Council for Salt Lake Clinic then the North Salt Lake Region. Intermountain Healthcare. 2012-2022
- Pharmaceutical Speakers Bureau. Lilly Pharmaceuticals 2011-2012
- Pharmaceutical Speakers Bureau. Depomed Pharmaceuticals 2013
- Clinical Practice Guidelines Development Team Member for Low back Pain. Intermountain Healthcare 2011–2013
- Clinical Practice Guidelines Development Team Member for Neck Pain. Intermountain Healthcare 2014–2016
- Clinical Practice Guidelines Development Team Member for Functional Restoration/Chronic Pain. Intermountain Healthcare 2010–2017
- Insurance policy reviews for Pain Management and Physical Medicine and Rehabilitation. SelectHealth insurance. 2001–2020
- General Practitioner. Indian Health Services. Winslow Arizona. August 1997 – April 1998

TRAINING AND EDUCATION

University of Utah, Salt Lake City, UT. Residency - Physical Medicine and Rehabilitation postgraduate years 3 and 4. July 1, 1998 – June 30, 2000

New York University, New York, NY. Residency - Physical Medicine and Rehabilitation postgraduate years 2. June 1, 1996 – June 30, 1997

University of Utah, Salt Lake City, UT. Internship Internal Medicine. Postgraduate year 1. July 1, 1995 – June 30, 1996

University of Massachusetts, Worcester, MA. Degree: Doctor of Medicine. August 1991 – June 1995

Tufts University, Medford, MA. Degree: Bachelor of Science, Cum Laude. Major: Biology. Sept 1986 – May 1991

University of Colorado, Boulder, CO. Undergraduate study. July 1998 – Dec 1998

American Academy of Physical Medicine and Rehabilitation STEP Concussion and Mild TBI Certificate Program completion November 2024

American Board of Independent Medical Examiners, Training in the AMA's Guides to the Evaluation of Permanent Impairment, 5th and 6th Editions. October 2023

Multiple interventional fluoroscopic and ultrasound guided workshops including topics of epidural steroid injections, facet joint injections, radiofrequency ablation, discography, joint injections, tendon injections, nerve blocks, tenotomy, PRP, etc.

UCLA School of Medicine, Santa Monica, CA. Medical Acupuncture for Physicians 1997–1998.

BOARD CERTIFICATION

- American Board of Physical Medicine and Rehabilitation – original certification 2001
Recertified 2011 and 2021
- American Board of Pain Medicine certified 2011. Recertified 2021 and valid through 12/2031
- American Board of Independent Medical Examiners 5th and 6th Edition. Certified Independent Medical Examiner 10/29/23- 10/29/28

MEDICAL LICENSE

Utah: 344455–1205

APPOINTMENTS

President. Utah Academy of Pain Medicine 11/2023- current and 2008–2015

Treasurer. Utah Academy of Pain Medicine 2015–present

Adjunct Clinical Assistant Professor. Rocky Vista University. St. George, UT. Served as clinical preceptor to fourth-year medical students, many who successfully matched in Physical Medicine and Rehabilitation. 2019–2021

PROFESSIONAL MEMBERSHIPS

North American Spine Society 7/2000-present

International Pain and Spine Intervention Society (formally known as the Spine Intervention Society) 2005-present

Utah Academy of Pain Medicine 2006-present

PRESENTATIONS AND LECTURES

Prescription Drug Abuse Round Table Discussion. Utah State Capital Board Room 6/2016.

Utah Pain Summit. Back Pain Assessment, Etiology, Prevention and Treatment. 5/2013

Spinal Injection Safety Round Table Discussion. Utah Academy of Pain Medicine. 10/2012

Spinal Interventions. Utah Chapter American Society for Pain Management Nursing. 10/2012

Back Pain. University of Utah Pain Medicine. Grand Rounds. 6/2012

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Intermountain Medical Center. 5/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Cache Valley Clinical Learning Days. 6/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Utah Osteopathic Society. 10/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Southern Region Clinical Learning Days. 9/2011

Chronic Pain Management and Functional Restoration Clinical Practice Guidelines. Intermountain Physical Therapy Clinical Improvement. 10/2011

Complications of Injections. Utah Academy of Pain Medicine. 8/2010

Lumbar Radiculopathy and Cervical Radiculopathy. "Burning Questions About Tingling Toes and Numb Fingers." Intermountain Medical Center. 3/2007

Musculoskeletal Problems in People with Disabilities. Primary Healthcare for Individuals with Physical Disabilities. CME course for Primary Healthcare providers. Salt Lake City, UT. 3/2003

Spinal Injections. University of Utah and Salt Lake VA hospital. Internal Medicine Residents Rounds. 1/2002 – 1/2003

Musculoskeletal Overuse Injuries. University of Utah and Salt Lake VA hospital. Internal Medicine Residents Rounds. 2/2002 – 2/2003

Knee Instability in an Ultimate Frisbee Player in case report. American College of Sports Medicine 47th Annual Meeting, Indianapolis, Indiana. 6/2000

Medical Implications of Spinal Cord Injury. Physical therapy student lecture University of Utah. 9/1999 and 9/2000

Sexuality in People with Spinal Cord Injury. Independent living education. Division of physical medicine and rehabilitation, University of Utah. 6/1999 and 9/1999.

Back and Leg Pain in College Soccer Player. American College of Sports Medicine 46th Annual Meeting, Seattle, Washington 6/1999

Acupuncture. Alternative Medicine in Nursing Conference. Westminster College, Salt Lake City, UT, 10/1988
Amputation. Certified Rehabilitation Registered Nurse Review Course. Primary Children's Hospital Salt Lake City, UT. 9/1998.

Acupuncture Laboratory. Grand Rounds, Division of Physical Medicine and Rehabilitation, University of Utah, UT. 9/1998.

Acupuncture. Grand Rounds, Division of Physical Medicine and Rehabilitation, University of Utah, UT. 7/1998.

Myofascial Pain and Trigger Point Injections. Nevada Association of Physical Therapy, Las Vegas NV. 11/1997.

Patella Femoral Syndrome. Grand Rounds, Division of Physical Medicine and Rehabilitation, Goldwater Hospital, New York City, NY. 5/1997.

Stroke Rehabilitation. Grand Rounds, Division of Physical Medicine and Rehabilitation, University of Utah, UT. 1996

PUBLICATIONS

M.J. Jaffe, J.J. Edwards, B.A. Davis, Back and Leg Pain – Soccer,
Medicine & Science in Sports & Exercise (abstract)
Volume 31, Number 5, S245, May 1999 Supplement

J.J. Edwards, M.J. Jaffe, B.A. Davis, Shoulder Pain – Cross Trainer,
Medicine & Science in Sport & Exercise (abstract)
Volume 31, Number 5, S142, May 1999 Supplement