



Washington, DC



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Clinical
psychologist /
Executive Director /
Consultant

Professional Summary

Licensed clinical psychologist with over 19 years of experience in psychotherapy, psychological assessment, and consultation. Digital health pioneer with early telehealth implementation experience and AI integration expertise. Extensive expertise in military mental health, trauma treatment, and fitness-for-duty evaluations. Proven business leader with experience building international consulting operations. Committed to leveraging technology to expand access to care for service members and their families.

EDUCATION

Clinical Psychology

American School of Professional
Psychology
Doctorate

Counseling Psychology

Boston College
Master's Degree

Organizational Communication

Fairfield University
Bachelor's Degree

Experience

Pivotal Psych Consultants, 2020-Current

Founder / Executive Director

Delivering AI-enhanced psychological services to corporate, government, and military through an innovative 20-hour weekly staffing model that maximizes retention of security-cleared clinicians. Pioneering behavioral health AI solutions that amplify clinical effectiveness while preserving human connection

- Advise organizations on responsible AI integration, transforming assessment workflow and decision-making
- Bridge clinical psychology and emerging technologies through specialized consulting for healthcare systems
- Maintain a network of security-cleared psychologists who provide premium expertise without the premium cost
- Services as complementary support rather than competition, enabling successful agency partnerships
- Conduct C&P evaluations and accompanying DBQ reports for Veterans through Leidos/QTC

Psychological Assessment Solutions (PAS), July, 2006-Current

Executive Director

- Lead a team of clinicians providing psychological assessments, therapy, and consultation to schools, organizations, and private clients.
- Oversee telehealth service implementation, ensuring accessibility for international clients, including military families and expatriates.
- Provide fitness-for-duty evaluations and crisis intervention services.

Richard P Fleitas, Psy.D., June 2006-Current

Clinical Psychologist in Private Practice

- Provide psychotherapy and psychological assessments for adults, specializing in trauma, PTSD, anxiety, and mood disorders.
- Design and implement resilience-based interventions using Positive Psychology principles to enhance mental well-being in military personnel, veterans, and high-performance individuals.
- Conduct fitness-for-duty and medical evaluation board assessments.
- Offer pro bono therapy through the Give an Hour Program for active-duty military, veterans, and their families.
- Integrate telehealth technologies to enhance service delivery for military personnel.

Dewitt Army Hospital, Department of Behavioral Health, Fort Belvoir, VA.

September 2002-May 2004

- Conducted individual therapy, diagnostic assessments, and security clearance evaluations for active-duty service members and their families.
- Specialized in trauma treatment and military mental health assessments.
- Provided neuropsychological evaluations for children, adolescents, and adults.
- Assisted with the adolescent partial hospitalization program

International Diagnostic Solutions (IDS) September 2009-June 2015

President/COO

International Diagnostic Solutions (IDS) 2009-2015 President/COO

Pioneering international consulting agency providing mental health services to international schools, U.S. government agencies, and families. Built telehealth delivery systems a decade before mainstream adoption, positioning IDS as an early digital healthcare innovator.

- Led international telehealth initiatives for U.S. State Department families and government personnel abroad.
- Developed mental health consulting programs for military-affiliated schools and embassies.
- Conducted training on psychological resilience and trauma intervention for personnel in high-risk international settings.

Clinical Psychologist, Give an Hour Program, Washington, DC 2008- Current

- Provide weekly pro-bono psychotherapy to military active duty, veterans, and their families

FEI Behavioral Health Crisis Intervention: 2008-Current

- Serve as a clinical psychologist available for emergency deployment for critical incident debriefings and organizational training and consultation

St. Elizabeths Hospital, Washington, DC 2004-2005

- Intern conducting group and individual psychotherapy for inpatient civil and criminal psychiatric patients
- Comprehensive psychological assessment of inpatient adults
- Attend weekly seminars and grand rounds in Forensic Psychology, Ethics, Psychological Assessment, Group Psychotherapy, Multicultural Issues, Psychopharmacology, and Psychotherapy.

William Stixrud and Associates, Silver Spring, MD 2003-2005

- Performed a range of psychometric and neurometric testing on children and adolescents under supervision of licensed clinical neuropsychologists

Key Competencies:

- Military Mental Health & Trauma Treatment
- Fitness-for-Duty & Medical Evaluation Board Assessments
- Telehealth & Remote Behavioral Health Services
- Psychological Assessment & Neuropsychology
- Crisis Intervention & Risk Assessment
- Government & International Consulting

Relevant Trainings:

- Harvard Advanced Negotiation Skills Training
- Harvard Medical School AI in Health Care: From Strategies to Implementation [certification - 6/11/25]
- Vanderbilt University Prompt Engineering for ChatGPT
- Stanford University Evaluations of AI Applications in Healthcare
- Vanderbilt University Innovative Teaching with ChatGPT
- Vanderbilt University GPT Vision: Seeing the World through Generative AI
- A Risk Assessment for Violence: Concepts, Tools, and Practice
- Evaluation of Fitness for Duty: Foundations and Methods
- Certification Training: Center for Executive Coaching
- Advanced Threat Assessment and Management