

DEEPAL H. DALAL, DPM, MS, FACFAS

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Board Certified Podiatric Surgeon practicing in a high-volume surgical setting with Lakeside Medical Group and Providence Saint Joseph Medical Center, with 5 years of clinical and surgical experience. Trained in forefoot, reconstructive rearfoot, and ankle surgery, with dual board certification through the American Board of Foot and Ankle Surgery and the American Board of Podiatric Medicine. Former Clinical Faculty at Western University of Health Sciences, with experience teaching courses and hosting journal clubs for medical students. Writer for Present Podiatry, a national foot and ankle journal for practicing Podiatrists. Published author of 8 research articles in distinguished medical journals and poster presenter of 13 research posters at prominent medical conferences. Ongoing continuing medical education through national conferences and advanced courses to enhance clinical knowledge and surgical skills.

CLINICAL EXPERIENCE

Podiatric Surgeon, Lakeside Medical Group, Burbank, CA Podiatric Foot and Ankle Surgeon practicing in Los Angeles County. Clinical Laboratory Director for Lakeside Medical Group	Jan 2023 - present
Podiatric Surgeon, Northern California Foot and Ankle Center / Sutter Health San Francisco, CA Podiatric Foot and Ankle Surgeon for SF Bay Area.	Jun 2022 - Dec 2022
Podiatric Surgeon, Bay Area Foot Care / Sutter Health, Burlingame, CA Podiatric Foot and Ankle Surgeon for SF Bay Area.	Aug 2021 - May 2022
Author, PRESENT Podiatry, Boca Raton, FL Editor and author for Residency Insight Article Reviews and Weekly Challenge Questions.	Jun 2019 - Jun 2021
Clinical Faculty, Western University of Health Sciences, Pomona, CA Mentor and teacher for third- and fourth-year medical students in clinical rotations. Lectured at various courses. Facilitated journal club discussions on a biweekly basis with the third-year Medical Students.	Jun 2019 - Jun 2021

PUBLICATIONS

1. Cates N, **Dalal D**, Wynes J. “Adjunctive lateral ankle stabilization in midfoot Charcot reconstruction for ankle joint preservation.” *Journal of Foot and Ankle Surgery* 2021.
2. Nguyen V, **Dalal D**, Razzante M. “Levamisole Induced Vasculitis in the Lower Extremities: A Case Report.” *Journal of the American Podiatric Medical Association* 2019.

3. **Dalal D**, Curry C, Carter R, Zdenek C, Todd N, Rush, S, Jensen R. “Surgical Treatment for Lisfranc’s Injury with Plantar Plate Approach.” *Journal of Foot and Ankle Surgery* 2018.
4. **Dalal D**, Smith H. “Developmental Changes in Morphology of the Middle and Posterior External Cranial Base in Modern Homo sapiens.” *BioMed Research International* 2015.
5. **Dalal D**, Smith H. “Ontogeny of sphenoidal, occipital, and temporal bone morphology in humans.” *FASEB Journal* 2013.
6. **Dalal D**, Patton D, Wojcicki J, Clark A, Garnett E, Heyman M. “Quality of Life in Patients Post Colectomy for Pediatric Onset Ulcerative Colitis.” *Journal of Pediatric Gastroenterology & Nutrition* 2012.
7. Perito E, Mileti E, **Dalal D**, Choo S, Ferrell L, McCracken M, Heyman M. “Solitary Rectal Ulcer Syndrome in Children and Adolescents.” *Journal of Pediatric Gastroenterology & Nutrition* 2012.
8. Wild Y, Heyman M, Vittinghoff E, **Dalal D**, Wojcicki J, Clark A, Rechmann B, Rechmann P. “Gastroesophageal Reflux is Not Associated with Dental Erosion in Children.” *Gastroenterology* 2011.

POSTER PRESENTATIONS

1. **Dalal D**, Zou Y, Kenyon E. “First Reported Case of EWSR1-NFATC2 Translocation-Associated Sarcoma in the Foot.” American College of Foot and Ankle Surgeons 2021.
2. **Dalal D**, Chappell T, Yurgelon, J. “Rare Occurrence of Adult Onset Tethered Cord Syndrome in a Patient Presenting with Achilles Tendon Atrophy.” American College of Foot and Ankle Surgeons 2020.
3. Tran, N. **Dalal D**, Falco A, Golden K. “A New Approach To Navicular-Medial Cuneiform Fusions In The Setting of Adult Acquired Flat foot: A New Role For Pre-shaped Allograft Bone Systems.” Georgetown University Research Symposium 2019. **Top Poster Winner.**
4. Arneson J, **Dalal D**, Cates N, Steinberg J, Attinger C, Elmarsafi T. “The Impact of Prophylactic TendoAchilles Lengthening with Transmetatarsal Amputation in Diabetic Patients.” Diabetic Limb Salvage Conference 2019.
5. Cates N, **Dalal D**, Wynes J. “Surgical Technique: Use of Lateral Ankle Stabilization in Midfoot Charcot Beaming and STJ Fusion to Prevent Progression of Hindfoot Charcot Neuroarthropathy.” Diabetic Limb Salvage Conference 2019.
6. Tran, N. **Dalal D**, Falco A, Golden K. “A New Approach To Navicular-Medial Cuneiform Fusions In The Setting of Adult Acquired Flat foot: A New Role For Pre-shaped Allograft Bone Systems.” American College of Foot and Ankle Surgeons 2019.
7. Arneson J, **Dalal D**, Cates N, Steinberg J, Attinger C, Elmarsafi T. “The Impact of Prophylactic Tendo-achilles Lengthening with Transmetatarsal Amputation in Diabetic Patients.” American College of Foot and Ankle Surgeons 2019.
8. **Dalal D**, Smith H. “Ontogeny of Sphenoidal, Occipital, and Temporal Bone Morphology in Humans.” Federation of American Societies for Experimental Biology 2013.
9. **Dalal D**, Patton D, Wojcicki J, Clark A, Hirose S, Heyman M. “Quality of Life in Pediatric Patients Who Underwent Colectomy for Ulcerative Colitis.” Digestive Diseases Week 2011.

10. Garnett E, Wild Y, **Dalal D**, Heyman M. “Growth in Early versus Late Onset Pediatric Inflammatory Bowel Disease.” Presented at North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition Annual Meeting 2011.
11. Perito E, Mileti E, **Dalal D**, Choo S, McCracken M, Heyman M. “Solitary Rectal Ulcer Syndrome in a Pediatric Referral Center.” Presented at North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition Annual Meeting 2010.
12. Wild Y, Rechmann P, Vittinghoff E, **Dalal D**, Rechmann B, Heyman M. “Gastroesophageal Reflux is Associated with a Distinct Pattern of Dental Erosion.” Presented at North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition Annual Meeting 2010.
13. Wild Y, Rechmann P, Vittinghoff E, **Dalal D**, Rechmann B, Heyman M. “Gastroesophageal Reflux-Associated Dental Erosion is Unrelated to Salivary Flow or Bacterial Load.” Presented at North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition 2010.

ADVANCED TRAINING

Arthrex Foot and Ankle MIS Course, Naples, FL	2024
Arthrex Foot and Ankle MIS Course, Newport Beach, CA	2024
Arthrex West Coast Foot and Ankle Summit, San Diego, CA	2023
Treace Lapioplasty Symposium, New Orleans, LA	2022
Bay Area Arthroscopy Course, Fremont, CA	2021
Perfecting the Fundamentals of Foot & Ankle Reconstruction, Online	2020
AAFAO Comprehensive Course of Internal Fixation for Reconstructive Surgery and Trauma of the Foot & Ankle, Dallas, TX	2019
APMA Minimally Invasive Bunion and Ankle Fractures Cadaver Course, Washington DC	2018
APMA Medial Double Arthrodesis Cadaver Course, Washington DC	2018

EDUCATION AND TRAINING

Podiatric Medicine and Surgery Residency with a credential in Reconstructive Rearfoot/Ankle Surgery (PMSR/RRA) , Chino Valley Medical Center/Kaiser Central Valley, Chino, CA Kaiser Central Valley Chief Resident	2018 - 2021
Doctor of Podiatric Medicine , California School of Podiatric Medicine at Samuel Merritt University, Oakland, CA	2014 - 2018
Master of Biomedical Sciences , Midwestern University, Glendale, AZ	2011 - 2013
Bachelor of Science in Psychobiology and Studio Art , University of California Davis, Davis, CA	2005 - 2009

LECTURES

“Podiatric Medicine and Surgery,” Regal Medical Group CME, Burbank, CA	04/2023
“Foot & Ankle Pathologies,” Sutter Health Internal Medicine CME, Burlingame, CA	02/2022
“Current Guidelines in Sepsis,” CVMC Academics, Modesto, CA	07/2020

“Fracture Reduction Techniques,” Western University of Health Sciences, Pomona, CA	06/2020
“Open versus Arthroscopy in Ankle Arthrodesis Technique,” CVMC Academics, Modesto, CA	02/2020
“Ankle Arthroscopy in Pediatric Patients,” CVMC Academics, Modesto, CA	05/2020
“Haglund’s Deformity,” CVMC Academics, Pomona, CA	08/2019
“Syndesmotic Injuries,” Tuesday Rounds and Intercollegiate Networking (TRaIN), Pomona, CA	10/2019
“Pes Cavus,” Podiatric Medicine, Principles, and Practice, Western University of Health Sciences, Pomona, CA	10/2019
“Plastic Surgery,” Podiatric Medicine, Principles, and Practice, Western University of Health Sciences, Pomona, CA	09/2019
“Achilles Suture Comparisons,” Medstar Academics, Washington, DC	11/2018

CONFERENCES

Attendee , Western Foot & Ankle Conference, Anaheim, CA	2023
Attendee , Complex Foot & Ankle Reconstruction Series, Virtual	2022
Poster Presenter , ACFAS Annual Scientific Conference, Las Vegas, NV	2021
Attendee , Kaiser Foot & Ankle Summit 2021, San Ramon, CA	2021
Attendee , St. Mary's Podiatric Medicine & Surgery Symposium, San Francisco, CA	2021
Attendee , Superbones Superwounds East Conference, Virtual	2021
Attendee , PRESENT Podiatric Residency Education Summit, Virtual	2020
Poster Presenter , ACFAS Annual Scientific Conference, San Antonio, TX	2020
Attendee , Kaiser Foot & Ankle Residency Research Summit, San Ramon, CA	2020
Presenter , Desert Foot Conference, Phoenix, AZ	2019
Presenter , Tuesday Rounds and Intercollegiate Networking (TRaIN) Conference, Pomona, CA	2019
Attendee , PRESENT Podiatric Residency Education Summit Midwest, Chicago, IL	2019
Top Poster Winner , Georgetown University Research Symposium, North Bethesda, MD	2019
Poster Presenter , Diabetic Limb Salvage Conference, Washington, DC	2019
Poster Presenter , ACFAS Annual Scientific Conference, New Orleans, LA	2019
Attendee , APMA 2018 Annual Scientific Meeting (The National), Washington, DC	2018
Attendee , ACFAS Annual Scientific Conference, Las Vegas, NV	2017
Workshop Volunteer , Western Foot & Ankle Conference, Anaheim, CA	2014 - 2017
Poster Presenter , Federation of American Societies for Experimental Biology, Boston, MA	2013
Poster Presenter , Digestive Diseases Week, Chicago, IL	2011
Poster Presenter , North American Society for Pediatric Gastroenterology, Boston, MA	2010 – 2011

CERTIFICATIONS

ABFAS Certified in Foot Surgery	2025 - Present
ABFAS Qualified in Reconstructive Rearfoot & Ankle Surgery	2021 - Present
ABPM Board Certified	2021 - Present
Permanent California Podiatric License	2021 - Present
Radiography and Fluoroscopy X-Ray Supervisor and Operator License	2021 - Present
Basic Life Support	2021 - Present
APMA Educational Foundation Scholarship	2016 - 2017

PROFESSIONAL MEMBERSHIPS

American Podiatric Medical Association (APMA)	2013 - Present
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American College of Foot and Ankle Surgeons (ACFAS)
California Podiatric Medical Association (CPMA)
American College of Sports Medicine (ACSM)
American Association for Women Podiatrists (AAWP)

2013 - Present
2013 - Present
2013 - 2018
2013 - 2018

EXPERT NOT RETAINED