

**DAVID MICHAEL WOODSON, D.O.**  
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## EDUCATION

July 2018 – June 2019 Primary Care Sports Medicine (PCSM) Fellowship, VCOM/Virginia Tech; Blacksburg, VA  
July 2017 – June 2018 Osteopathic Neuromusculoskeletal Medicine (ONMM) Plus-One Residency, VCOM; Blacksburg, VA  
June 2014 – June 2017 Virginia Commonwealth University-Riverside Family Medicine (FM) Residency; Newport News, VA  
August 2010 – May 2014 Doctor of Osteopathic Medicine, Edward Via College of Osteopathic Medicine (VCOM); Blacksburg, VA  
August 2005 – May 2009 Bachelor of Science in Biology, Christopher Newport University; Newport News, VA

## WORK EXPERIENCE

June 2024 – Present Physician, CommonSpirit Primary Care and Sports Medicine – Evergreen, CO

- Providing non-operative orthopedic care and primary care sports medicine services in a suburban community in the Rocky Mountains

October 2020 – May 2024 Lead Physician, Carilion Clinic Family Practice – Giles; Pearisburg, VA:

- Taking an active, director role in hiring of providers for the clinic
- Training newly hired providers
- Periodic department meetings with other lead physicians, especially regarding the developments and changes regarding the coronavirus pandemic

October 2020 – February 2024 Medical Director, Celanese Corporation; Narrows, VA

- Evaluating candidates during the hiring process to assess suitability for work
- Assessing ability to return to work after illness and/or injury of employees
- Guiding decision-making on vaccine selection for employee health

August 2020 – May 2024 Assistant Professor, Family Medicine, VCOM; Blacksburg, VA

- Teaching 3<sup>rd</sup> and 4<sup>th</sup> year osteopathic medical students in the clinical setting
- Providing education regarding student loan management, residency search, and insurance

August 2019 – May 2024 Physician, Carilion Clinic Family Practice – Giles; Pearisburg, VA

- Providing primary care in a rural, underserved community in Southwest Virginia
- Providing guidance and oversight for advance care practitioners

June 2019 – June 2020 Medical Director, Brock Hughes Medical Center; Wytheville, VA

- Provided primary care in a free clinic in a rural, underserved community in Southwest Virginia
- Provided guidance and oversight for advanced care practitioners
- Initially started as an assignment through my primary care sports medicine fellowship and transitioned to the medical director role after completion of the program when the need for a director developed
- Left due to taking on a leadership role in my primary clinic

July 2018 – June 2019                      PCSM Fellow, VCOM/Virginia Tech; Blacksburg, VA

- Performed pre-participation physical examinations (PPEs) and providing training room and sideline coverage for Division I and high school athletes, coaches, and staff
- Provided training room and sideline coverage for a Rookie Affiliate team of the New York Yankees
- Educated osteopathic medical students in the classroom and clinical setting

June 2018 – May 2024                      Urgent Care Physician, VelocityCare; Blacksburg, VA

- Providing non-emergent medical treatment in clinics throughout Southwest Virginia
- Providing guidance and oversight of advanced care practitioners

July 2017 – June 2018                      ONMM Resident, VCOM; Blacksburg, VA

- Gained further education regarding a more holistic approach to musculoskeletal ailments
- Performed pre-participation physical examinations (PPEs) and providing training room and sideline coverage for Division I and high school athletes, coaches, and staff
- Provided osteopathic treatment in the hospital setting, with specific focus on postoperative patient care
- Educated osteopathic medical students in the classroom and clinical setting

July 2017 – June 2019                      Assistant Professor, Osteopathic Manipulative Medicine, VCOM; Blacksburg Virginia

- As part of my ONMM and PCSM training, delivered multiple lectures and led multiple hands-on sessions for osteopathic medical students focusing on osteopathic and neuromusculoskeletal medicine.

June 2014 – June 2017                      FM Resident, VCU-Riverside FM Resident; Newport News, VA

- Completed family medicine residency
- Pursued an emphasis on osteopathic medicine and sports medicine
- Assisted with sports medicine coverage for local high schools and colleges

June 2007 – August 2010                      Sales Associate, The Runner's Source; Newport News, VA

- Performed analysis of foot structure and gait in order to assist clients with finding properly fitting running shoes to fit their structure, mechanics, and goals

### STATE LICENSURE

May 2016 – Present                      Virginia Board of Medicine

November 2023 – Present                      Colorado Medical Board

### CERTIFICATIONS

July 2021 – Present                      Certificate of Added Qualification in Sports Medicine from the AOBFP

September 2019 – Present                      Wilderness Medical Society – Advanced Wilderness Life Support

June 2017 – Present                      American Board of Family Medicine

June 2017 – Present                      American Osteopathic Board of Family Medicine (AOBFP)

January 2013 - Present                      Professional Association of Diving Instructors – Open Water

April 2012 – June 2020                      American Heart Association – Advanced Cardiac Life Support

August 2010 – Present                      American Heart Association – Basic Life Support for Healthcare Provider

## SPORTS MEDICINE EXPERIENCE

September 2025 – Present      Clear Creek High School

- Providing primary care sports medicine sideline coverage for home football games

December 2022 – Present      USA Ski and Snowboard Association

- Providing slope-side primary care sports medicine coverage for USA ski and snowboard athletes training and competing in various disciplines
- Snowboard Halfpipe World Cup training camp – Laax, Switzerland; January 2023
- Ski and Snowboard, Big Air and Slopestyle Junior World Championship – Livigno, Italy; March 2024
- Snowboard Cross World Cup – Mont Sainte Anne, Quebec; April 2025
- Snowboard Cross World Cup – Cervinia, Italy; December 2025

August 2019 – May 2024      Narrows High School in Narrows, VA; Giles High School in Pearisburg, VA

- Providing primary care sports medicine sideline coverage for home football games

July 2018 – June 2019      Virginia Tech; Blacksburg, VA

- Provided primary care sports medicine sideline and training room coverage and completed pre-participation physical examinations (PPEs) for Division I athletes, coaches, and staff as part of my PCSM fellowship

July 2018 – June 2019      Radford University; Radford, VA

- Provided primary care sports medicine sideline and training room coverage and completed PPEs for Division I athletes, coaches, and staff as part of my PCSM fellowship

July 2018 – June 2019      Blacksburg High School; Blacksburg, VA: team physician

- Team physician
- Provided primary care sports medicine sideline and training room coverage and completed PPEs for high school athletes as part of my PCSM fellowship

June – August 2018      Pulaski Yankees; Pulaski, VA

- Provided primary care sports medicine training room and sideline coverage for New York Yankees Rookie Affiliate team as part of my PCSM fellowship

November 2017 and 2018      Hokie Open; Roanoke, VA

- Completed skin checks and provided mat-side coverage for collegiate wrestling tournament
- Performed duties of medical director in 2018 helping develop and emergency action plan and prepare logistics for coverage and supplies

September – December 2017      Atlantic Coast Conference (ACC) Medical Observer

- Performed medical observation on behalf of the Atlantic Coast Conference for all home football games for the Virginia Tech football team to help identify injuries, especially concussions, that may not have been noticed or visible from the sideline

July 2017 – June 2018      Eastern Montgomery High School; Elliston, VA

- Team physician

- Provided primary care sports medicine sideline and training room coverage and completed PPEs for high school athletes as part of my ONMM training

March 2016 and 2017                      One City Marathon; Newport News, VA

- Provided finish line medical coverage for local marathon

September 2015 – June 2016      The College of William and Mary; Williamsburg, VA

- Completed PPEs and provided training room coverage for NCAA Division I athletes during residency training

January 2015 - 2024                      The Virginia Duals; Hampton, VA

- Completed skin checks and provided mat-side coverage for an annual high school and college wrestling tournament

June 2014 – June 2017                      Newport News Public Schools; Newport News, VA

- Completed PPEs and provided football sideline coverage for local high schools during residency training

August 2013 – June 2017                      Christopher Newport University; Newport News, VA

- Completed PPEs and provided football sideline coverage for NCAA Division III athletes during medical school and residency training

July 2011 – 2013                              The Greenbrier Classic PGA Tournament; White Sulphur Springs, WV

- Provided first aid coverage for caddies and attendees of a PGA tournament
- Took a leadership role in 2013 to help organize volunteer staffing

### PROFESSIONAL PRESENTATIONS

April 2025	Altitude Medicine; American Osteopathic Academy of Sports Medicine Annual Conference podium presentation
May 2019	The Prevalence of Sickle Cell Trait in NCAA Student-Athletes, with Stratification Based on Competitive Division; American Osteopathic Academy of Sports Medicine Annual Conference poster presentation
March 2018	The Effect of Osteopathic Manipulative Treatments on Length of Stay and Bowel Motility Following Intra-Abdominal Surgery: A Retrospective Chart Review; American Academy of Osteopathy Convocation poster presentation
April 2016	A Peculiar Case of Hip Pain; American Medical Society for Sports Medicine Annual Meeting podium presentation

### PROFESSIONAL ORGANIZATIONS

June 2019 – Present	Wilderness Medical Society
October 2015 – 2020	American Medical Society for Sports Medicine
July 2014 – December 2023	American Academy of Family Physicians
June 2014 – Present	Virginia Academy of Family Physicians
June 2014 – Present	American College of Osteopathic Family Physicians
January 2012 – Present	American Osteopathic Academy of Sports Medicine
August 2010 – Present	Virginia Osteopathic Medical Association