

CURRICULUM VITAE

Jane E.M. Carter

Jane E.M. Carter & Associates, LLC | Assessment & Counseling Private Practice

389 Whitney Avenue | New Haven, CT, 06511

qwonka@gmail.com | 203.699.6452

EDUCATION

PhD, Clinical Psychology

August 2020

Texas A&M University, College Station, TX

Dissertation: *Mechanisms of Personality and Identity: The Role of Narrative*. **(Defended June 03, 2019)**

Committee Chair: Leslie C. Morey, PhD

MS, Clinical Psychology

December 2010

Abilene Christian University, Abilene, TX

Thesis: *Coloring identity: A multination comparison of Black racial identity*

Committee Chair: Richard Beck, PhD

BS, (Hons.) Psychology

June 2009

University of Westminster, London, UK

Supervised by Alan Porter, PhD

Populations of interest:

Those experiencing identity problems, adults experiencing transition and adjustment issues	Those experiencing severe mental illness and psychosis
Couples, underrepresented individuals and members of the LBGQTQIA community experiencing adjustment issues	Those making adjustments to a medical condition or physical disability

CLINICAL EXPERIENCES

Jane E.M. Carter & Associates, LLC

October 2025 – Present

- Private Practice Outpatient Services, performing individual, couples and family therapy for anxiety disorders, depression, personality disorders, interpersonal conflict, etc.
- Assessment services to determine diagnostic indications for LDs, and ADHD, psychiatric functioning, **recruitment-based** questions such as psychological functioning to a) perform an indicated profession, b) return to responsibilities or work, custody hearings etc.
- Letter writing services for gender affirming care

Yale University School of Medicine, Connecticut Mental Health Center (CMHC) Assistant Clinical Professor

July 2022 – Present

- Voluntary faculty member, responsible for supervising trainees in the psychology program
- Weekly review and instruction of psychology fellows on clinical psychology interventions on the adult inpatient unit.

CURRICULUM VITAE

Jane E.M. Carter

Yale Health Center, Mental Health & Counseling

July 2020 – Present

- Individual and Group psychotherapist in outpatient clinic
- MHC co-facilitator on stress management during COVID-19
- MHC co-facilitator in FROCO training
- Yale University School of Medicine voluntary support staff for COVID-19 related stress

Yale University School of Medicine, Connecticut Mental Health Center, Adult Inpatient Services

July 2019 – June 2020

- Primary clinician for individuals experiencing severe mental illness on a locked inpatient unit
- Consulting as part of a multidisciplinary team to provide recovery-oriented care.
- Preparing case conference materials and advocating for individuals regarding treatment strategies.
- Conducting one on one and family therapy with individuals and their significant others.
- Risk Assessment (Suicidal/Homicidal Ideation or gestures).
- Assisting with behavioral planning to facilitate treatment and recovery.

Texas A&M (TAMU) Psychology Clinic, College Station, Texas

August 2016 – May 2019

- Therapist providing individual, group and couple therapy in a small clinic serving the student population as well as the surrounding community.
- Employment Evaluations for Police Officers
- Psychological Evaluation for ADHD/LD

Brazos County Detention Center, Bryan Texas

May 2017 – August 2018

- Interventions as part of a multidisciplinary team of social services employees, nurses, and jail staff.
- Reviewing and prepping incoming referrals from medical or jail staff,
- Conducting one on one therapy with male and female inmates,
- Risk Assessment (Suicidal/Homicidal Ideation or gestures),
- Providing supportive therapy to teach management techniques for acute psychosis.

UT Health, Harris County Psychiatric Center (HCPC), McGovern Medical School at the University of Texas Health Science Center at Houston

September 2016 – May 2017

- Interventions as part of a multidisciplinary team of psychiatrists, nurses, residents, psychologists, social services clinicians, clinical programming therapists, dietitians & clergy.
- Reviewing and prepping incoming referrals from medical staff,
- Conducting one on one therapy with individual patients and their families,
- Risk Assessment (Suicidal/Homicidal Ideation or gestures),
- Giving case presentations during grand rounds
- Assisting with psychological evaluations to aid in treatment planning.

CURRICULUM VITAE

Jane E.M. Carter

Complete Health Care Limited, Port of Spain, Trinidad and Tobago

August 2013 – June 2015

- Therapist providing individual, group and couple therapy in a Psychiatric clinic serving the surrounding community.
- Primarily receiving referrals from the patient's psychiatrist, Dr. Vashtee Ramoutar

Douglas & Associates, St. Augustine, Trinidad and Tobago

August 2012 – June 2015

- Therapist providing individual, group and couple therapy in a Private Practice serving the surrounding community.
- Employment Evaluation for Clergy
- Psychological Evaluation for Military positions
- Psychological Evaluation for ADHD/LD

Jane E. M. Carter & Associates, St. Clair, Trinidad and Tobago

August 2011 – June 2015

Individual, group and couple therapy in a private practice serving the surrounding community

Westminster MIND, London, UK

October 2008 – June 2009

Flexicare befriender: responsible for visiting individuals living in the community with severe mental illness to promote independent living.

PROFESSIONAL AFFILIATIONS

Yale University School of Medicine Department of Psychiatry Anti-Racism Taskforce (Faculty Development Subcommittee)

Fall 2020 - Present

Connecticut Society for Psychoanalytic Psychology

March 2022 – Present

Women's Mental Health Conference Planning Committee member

January 2020 – Present

American Psychological Association Division 12 (Society of Clinical Psychology)

Summer 2016 – Present

American Psychological Association Division 8 (Society for Personality and Social Psychology)

Spring 2017 – Present

Trinidad and Tobago Association of Psychologists (TTAP)

2011 to present

British Psychological Society (BPS, student membership)

2006 – 2009

RESEARCH INTERESTS

Narrative identity, interpersonal functioning, personality pathology, intervention implementation and

CURRICULUM VITAE

Jane E.M. Carter

efficacy

PEER-REVIEWED PUBLICATIONS

- Carter, J. E. M. & Kurdna, L.** (2024). Romantic relationships, partners, and happiness in under-represented groups Brockmann, H. & Fernandez-Urbano, R. (Eds.). (2024). *Encyclopedia of Happiness, Quality of Life and Subjective Wellbeing*. Edward Elgar Publishing. DOI: <https://doi.org/10.4337/9781800889675>
- Carr E.R., **Carter J.E.M.**, Hillbrand M. (2024) Trauma-informed behavioral supports (TIBS) for inpatient treatment of individuals who experience BPD. *J Psychiatr Res.* 2024 Jun;174:62-65. doi: 10.1016/j.jpsychires.2024.03.045.
- Carter, J. E. M.** (2022). Floppy foreskins, misogynoir and why Black women cannot give up on swiping. *Journal of Social and Personal Relationships*, 40(5). <https://doi.org/10.1177/02654075221131929>
- Carter, J. E. M.**, Rivera, G. N., Heffer, R. W., & Schlegel, R. J. (2020). Stuck in an existential quagmire: The role of perceived true self-knowledge in client stuckness. *Journal of Social and Clinical Psychology*, 39(5), 449-477.
- Carter-Sowell, A. R. & **Carter, J.E.M.** (2016). Examining Bullying, Ostracism and Pervasive Stereotypes of Black Immigrants from the Caribbean Living in the United States. *Journal of Black Relationships and Sexuality*. 2(3), 25-48.
- Zarubko, E., Karandashev, V., Jameson-Charles, M., Hutcheson, S. & **Carter, J. E. M.** (2016). Sensory Experience in Interpersonal Physical Attraction: Cross-Cultural Comparison. In C. Roland-Lévy, P. Denoux, B. Voyer, P. Boski & W. K. Gabrenya Jr. (Eds.), *Unity, diversity and culture: Research and Scholarship Selected from the 22nd Congress of the International Association for Cross-Cultural Psychology* (pp. 294-298). Melbourne, Florida USA: International Association for Cross-Cultural Psychology. Accessed via www.iaccp.org

PRESENTATIONS

- Carter, J.E.M.** (2023) *Existential Triggers and Existential Maturity*. In *Alienation, Loneliness, Destruction & Escape: Attempts to make meaning of the rise in youth suicide*. Connecticut Society for Psychoanalytic Psychology, September Clinical Conference.
- Carter, J.E.M.** (2022) Yale Ciencia Academy Mental Health and Academia as an underrepresented minority
- Carter, J.E.M.** (2020 April) Midwestern Psychological Association Conference
- Carter, J.E.M.** Ruschensky, J. R., & Morey, L. C. (2019, February) Social Exclusion and Personality: Another Look at Individual Differences in Recovery. Presented at the Society for Personality and Social Psychology (SPSP) Conference – Portland, Oregon.
- Carter, J. E. M.**, & Nanavaty, N. (2018, June). Diversity isn't a Special Topic: Group Interventions to Process Difference. Presented at the 2018 APA Division 45 Research Conference in Austin, Texas.
- Carter, J. E. M.**, Nanavaty, N., Carter-Sowell, A. R., & Mathur, V. A. (2018, March). Developing a therapy model to improve pathways to the professoriate for underrepresented minority (URM) identified graduate students in STEM fields. Presented at the AGEP National Research Conference in Berkeley, California.

CURRICULUM VITAE

Jane E.M. Carter

Carter, J. E. M., Adams, M., Nair, M., Carter-Sowell, A. R., & Mathur, V. A. (2017, January). Threat-based discrimination is associated with temporal summation of mechanical pain. Presented at the Society for Personality and Social Psychology Conference in San Antonio, TX.

Adams, M., Nair, M., **Carter, J. E. M.,** Haile, M., Nanavaty, N., Carter-Sowell, A. R., & Mathur, V. A. (2017, January). Lifetime Experiences of Ostracism are Associated with Psychophysical Pain Facilitation. Presented at the Society for Personality and Social Psychology Conference in San Antonio, TX.

Carter-Sowell, A. R., **Carter, J. E. M.,** & Haile, M., (2016, March). The Invisibility of Women: Examining the chronic problems of being ignored, excluded, and/or underrepresented. Presented at the TAMU Campus Women's Symposium in College Station, TX.

Carter, J. E. M. (2014, November). Coloring identity: A multinational comparison of Black racial identity using the Multi-dimensional Inventory of Black Identity in the USA, UK and Trinidad and Tobago. Caribbean Regional Conference of Psychologists, Paramaribo, Suriname.

Carter, J. E. M., Poorshaygan- Oliver, I. P. & Flanagan, C. F. (2011, April). Communication Between Interns and Staff at a University Psychology Clinic. Presented at the CAPS International Conference in Indianapolis, Indiana.

REVIEWER POSITIONS

Ad-Hoc Reviewer

Social and Personal Relationships

Personality and Social Psychology Bulletin,

Rehabilitation Psychology

TEACHING

**Texas A&M University
Research Methods:**

Grader: Spring 2017

Co-Instructor:

Fall 2017

Spring 2018

Summer 2018

Fall 2018

Spring 2019

The Psychology of Women:

Guest Lecturer: Fall 2016

Abilene Christian University

Teaching Assistant

Teams and Team Leadership: Fall 2010

Stress and Its Management: Spring 2010

ACADEMIC SERVICE

APA Division 12 Diversity Committee

Student Member

August 2016 – August 2018

Clinic Coordinator

Clinical Area, Texas A&M Psychology Department

2016-2017

Lab manager

Science for a Diverse Society Research Group

Summer 2016

CURRICULUM VITAE

Jane E.M. Carter

Psychology Clinic coordinator

Abilene Christian University, Abilene

Fall 2010

Undergraduate Student Peer Mentor

Psychology, University of Westminster, London

September 2007 – June 2009

PROFESSIONAL DEVELOPMENT

CPR Training

September 2016

UT Health, Harris County Psychiatric Center (HCPC),
McGovern Medical School, University of Texas Health
Science Center at Houston

**Satori Alternatives to Managing
Aggression (SAMA) Training**

September 2016

UT Health, Harris County Psychiatric Center (HCPC),
McGovern Medical School, University of Texas Health
Science Center at Houston

“Restoring Intimacy After An Affair”

January 2016

Workshop by Douglas K. Snyder, PhD
Texas A&M Psychology Department

REFERENCES

Paul Hoffman, PhD (Director, MHC)

Chief of Mental Health & Counseling – Yale Health
Yale University
55 Lock Street
New Haven, CT 06520
paul.hoffman@yale.edu

Marc Hillbrand, PhD (Former sup.)

Department of Psychiatry
Yale University
300 George Street
New Haven, CT 06519
marchillbrand@comcast.net

Erika Carr, PhD (Former Supervisor)

Associate Professor
Director, Inpatient Psychology Service
Department of Psychiatry
Yale University
34 Park Street, CMHC
203.974.7854
erika.carr@yale.edu

Rebecca Miller, PhD (Fmr. Sup.)

Assistant Professor
Department of Psychiatry
Director, Peer Support Services
Yale University
34 Park Street, CMHC
203.974.7350
rebecca.miller@yale.edu

Leslie C. Morey, PhD (Primary Research Advisor/Dissertation Chair)

Department of Psychology
George T. and Gladys H. Abell Professor
Texas A&M University
4235 TAMU
979.845.2575
College Station, TX 77843-4235 morey@tamu.edu