



Kathleen Walker

Nurse Expert

✉ kwalker0629@outlook.com

☎ 843-568-9173

🏠 Mount Pleasant, United State, 29466

🌐 <https://hkexpertnurse.com/>

Professional Summary

- Registered Nurse with over ten years of clinical nursing experience.
- Skilled in acquiring medical records and conducting thorough medical assessments.
- Experienced in long-term acute care and critical care settings, with strong abilities in critical care management and leadership.
- Demonstrated history of collaborating with multidisciplinary teams to create and execute comprehensive treatment plans.
- Excellent communication abilities that foster strong relationships with patients, families, and healthcare professionals.
- Committed advocate for patient rights and ethical healthcare practices, ensuring that every patient receives high-quality care.
- Focuses on evidence-based practices to enhance healthcare outcomes and improve patient safety.

Work Experience

RN Case Manager

Nov 2024 - Present

Interim Healthcare

- Supervising central line management and providing thorough wound care, including the placement and monitoring of wound vacuums.
- Applying Unna boots for the treatment of venous stasis ulcers.
- Removing sutures and implementing strategies to prevent infections.
- Managing and dressing PICC lines.
- Administering medications while educating patients and their caregivers.
- Monitoring for signs of neglect and abuse.
- Collaborating effectively with Adult Protective Services (APS) and social service organizations.
- Coordinating and delegating interdisciplinary care in conjunction with therapy teams.
- Working closely with physicians and surgeons to formulate treatment plans.
- Assessing insurance coverage and obtaining authorization from Medicare and private insurers.
- Training and mentoring new staff members.
- Providing education to patients and caregivers about the stages and treatment options for Alzheimer's disease and dementia.

Clinical Nurse Supervisor

Jan 2021 - Present

Vibra Healthcare

- Oversee clinical operations for a diverse team of nurses and healthcare professionals, ensuring high levels of patient satisfaction.
- Manage clinical schedules and organize training sessions.
- Collaborated with the code team to enhance and streamline emergency response procedures.
- Improved communication between patients and medical staff to effectively address inquiries and concerns.
- Took proactive steps to resolve issues raised by patients and their families.
- Developed and implemented training programs aimed at increasing patient satisfaction.

Skills

- Ventilator/Tracheostomy Care
- I.V. Therapy and Wound Care Team
- PICC Line Placement
- Hemodialysis/Peritoneal Dialysis
- Case Management
- Infusion Administration
- Blood Product Administration
- Case Management
- Medical Record Review
- Legal Documentation
- Medical - Legal Research
- Patient Assessment Skills
- Medical Compliance Knowledge
- Critical and Acute Care
- Telemetry
- Crash Cart Rapid Response

Soft Skills

- Patient Counselling
- Dementia/Alzheimer's Coping Techniques
- Neglect and Abuse Awareness
- Empathy and Compassion
- Teamwork
- Critical Thinking
- Adaptability
- Problem Solving
- Flexibility and Adaptability
- Public Speaking
- Leadership
- Time Management
- Decision Making

Languages

- English

Hobbies

- Walking
- Yoga

- Reviewed and administered medications according to physician directives, ensuring accuracy and compliance with protocols.
- Administered blood, plasma, and platelet transfusions while adhering to safety guidelines and monitoring for any adverse reactions.

RN - LTAC Unit

Feb 2015 - Present

Vibra Healthcare

- Administer required medications.
- Provide comprehensive wound care.
- Start intravenous lines.
- Administer IV medication boluses.
- Collect and assess pertinent lab samples.
- Review and confirm the accuracy of physician orders.
- Educate on preventing sentinel events.
- Oversee care for central lines.
- Perform tracheostomy care.
- Assess and address patient conditions.
- Manage chest tubes and PleurX drains.
- Oversee and provide postmortem care.
- Insert and manage Foley catheters.
- Insert and care for suprapubic catheters.
- Insert and manage NG/Dobhoff PEG tubes.
- Guide and support Licensed Practical Nurses.

RN on Critical Care Unit

Jan 2018 - Present

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- Patients in the ICU received close monitoring.
- Administered and monitored intravenous infusions, including propofol, heparin, levophed, insulin, and cardizem, among others.
- Provided care for critically ill patients, including those with LVADs.
- Assisted physicians during bronchoscopy procedures.
- Facilitated the withdrawal of ventilators and life support systems.
- Conducted a thorough review of all medical records.
- Educated patients and their families on post-procedure care, discharge protocols, and ongoing treatment options.
- Assisted with intubation procedures and provided respiratory therapy support to improve patient outcomes in critical situations.
- Supported dialysis for patients with renal issues, coordinating care with multidisciplinary teams.
- Led the code team, coordinating rapid response efforts during cardiac arrest situations.

Clinical Liaison

Jan 2020 - Jan 2022

Vibra Healthcare

- Worked together with case managers, physicians, patients, family members, and insurance companies to support new admissions to the facility.
- Carried out comprehensive research on medical histories and physical examinations, along with reviewing medical records, to ensure that patients were appropriate for the facility.

Education

RN

Sep 2012 - May 2014

Trident College

- Attained a degree in nursing.
- Gained hands-on experience in essential nursing procedures, enhancing my ability to provide patient care effectively and confidently.
- Learned the importance of effective communication with patients and their families, which is crucial for building trust and ensuring compliance with treatment plans.

- Entertaining
- Volunteering
- Singing
- Travelling
- Dog Sitting
- Gardening

- Studied ethical principles in nursing practice, enabling me to navigate complex situations and advocate for patient rights and well-being. The curriculum emphasized essential nursing concepts, patient care techniques, and critical thinking skills necessary for effective clinical practice.

Business/Communications and Minor in Theatre Arts. Sep 1989 - May 1993

Point Park University

- Bachelor's degree of Business/Communications and Minor in Theatre Arts
- Proficient in public speaking
- Gained proficiency in both verbal and non-verbal communication techniques, enhancing the ability to convey messages clearly and persuasively in various business contexts.
- Learned to approach challenges from a creative perspective, using techniques from theatre arts to develop innovative solutions and think outside the box in business scenarios.
- Acquired skills in working collaboratively with diverse groups, understanding group dynamics, and leveraging individual strengths to achieve common goals, a vital aspect in both business and theatrical productions.

Achievements

- Led the team in preparing for the Joint Commission.
- Received accolades for exceptional patient care.
- Maintained high compliance rates in medication and treatment administration.
- Coordinated physician rounds.
- Organized events and team-building activities that received recognition.
- Facilitated skills fairs focused on preventing CLABSI, CAUTI, and HAPUs.
- Served as a liaison between the facility and the Joint Commission, assisting with medical record searches for compliance purposes.
- Conducted interviews for potential candidates, contributing to strong retention rates for new hires.
- Supported the implementation of procedures in the infectious disease department.

Certifications

ACLS

American Heart Association

BLS

American Heart Association

PICC Line Training

Vibra Hospital

LVAD Training

Medical University of South Carolina

Dementia and Alzheimers Carear

Interim Health

Professional Organizations

Organizations

American Nurses Association ANA

- The ANA is a prominent professional organization that advocates for registered nurses across the United States.

