



Mark Guthrie, DC

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[LinkedIn](#) • Spokane, WA

Career Summary

Accomplished and seasoned chiropractor with 20+ year track record of success

- Board Certified Chiropractic in Washington State with over 25 years of clinical experience in spinal manipulation and treating neuromusculoskeletal conditions.
- Member of Physician's Advisory Board of the Center for Occupational Health and Education (COHE).
- Approved Chiropractic Consultant for WA State Dept of Labor and Industries (L&I) and approved Independent Medical Examiner and Independent Peer Reviewer.
- Experienced performing utilization reviews, pre and post treatment authorizations and peer reviews, expert witness reports and testimony, as well as Independent Medical Examinations.
- Certified Chiropractic Insurance Consultant degree.
- Past mentor and advisor for Washington State Dept. of Health Chiropractic Quality Assurance Commission's externship program.
- Past adjunct faculty at Spokane Falls Community College teaching Anatomy and Physiology, Zoology, and Human Nutrition.

AREAS OF EXPERTISE

- Clinic Operations
- Chiropractic Treatment
- Clinical Diagnosis
- Medical Records and Peer Review
- Treatment Authorizations
- Spinal Cord Injury Treatment
- Utilization Review
- Rehabilitation Care
- Independent Medical Exams
- Work and Personal Injury

CURRENT EXPERIENCE

Natural Health Center, Medical Lake, WA

5/2023 – Present

Clinic Doctor

Provide patient care and consultation on cases. Evaluate muscular and skeletal systems, using methods for chiropractic diagnosis. Order diagnostic exams, as needed. Lead ongoing quality improvement process. Identify trends in patient populations and recommend alternatives to care. Collaborate on revision of standards, guidelines, and protocols. Recognize behaviors that impact the team function and implement strategies to optimize teamwork. Provide mentoring and support to team members.

- Revamped diagnostic and treatment coding systems to maximize compliance and revenue capture.

Center for Occupational Health and Education (COHE) of Washington, Spokane, WA 9/2022 – Present

Physician Advisor's Committee / Chiropractic Consultant, Approved

Physician resource for attending providers and claim staff for Washington's State Fund and self-insured employers. Address requests from attending providers pertaining to diagnosis and treatment planning. Deliver professional, unbiased medical opinion on nature of injuries and recommended treatment time.

Claims Eval, IPRO, MCN 2023-present

- Chiropractic Peer Review
- Chiropractic Case Review
- Utilization Review
- Treatment Authorizations (Pre and Post)
- Personal Injury
- Workplace injuries
- Medical Record Review
- Independent Medical Examinations
- Spinal Manipulation
- Neuromusculoskeletal diagnosis and treatment
- Peer Review
- Expert witness testimony and report writing

Past Professional Experience

Guthrie Chiropractic, PLLC / 4th Avenue Chiropractic, Spokane, WA

2/2000 – 4/2018 /

8/2018 – 5/2023

Owner / Director

Drove results for practice and clinic, delivering ethical comprehensive, and compassionate patient care for all ages. Developed and managed strategic plan, focused on patient quality and satisfaction, efficient resource allocation. Forged and fostered sustained, business to business (B2B) referral relationships with physicians, nurse practitioners, physician assistants, dentists, and physical therapists. Developed and implemented strategies to differentiate chiropractic advantages for patient recovery/rehabilitation regimens. Delivered compelling advertising campaigns and monitored return on investment.

- Conducted ongoing needs assessments to determine potential changes in strategic plan, marketing efforts, service delivery, and staffing patterns.
- Performed community outreach to communicate information related to patient treatment plans, exercise programs, supplements, and medical devices.
- Cultivated relationships with potential patients and key opinion leaders.

Teaching Experience

-Adjunct Faculty, Spokane Falls Community College, Spokane, WA 2001-2002

Anatomy and Physiology

Zoology

Human Nutrition

ADDITIONAL EXPERIENCE

-Head Chemist, Technical Director, Wasser High-Tech Coatings, Kent, WA 1994-1997

-Quality Control Technician, US Oil Refinery, Tacoma, WA 1997

-Research Technician, Abbott Laboratories, Bothell, WA 1992-1993

-Construction Industry, Seattle, WA 1992-1993

-Emergency Room Technician, Holy Family Hospital, Spokane, WA 1990-1992

EDUCATION

Doctor of Chiropractic 2000

Western States University (formerly Western States Chiropractic College)

Bachelor of Arts, Biology 1992

Carroll College, Helena, MT

LICENSES & CERTIFICATIONS

Doctor of Chiropractic current License, Washington State Dept of Health

Texas Chiropractic College, Certified Chiropractic Insurance Consultant – Licensed in Washington

AFFILIATIONS

International Association of Independent Medical Examiners (IAIME)
 SEAK Expert Witness and Independent Medical Examination listing
 American Board of Quality Assurance and Utilization Review Physicians
 University of Bridgeport Diplomate in Chiropractic Forensics Candidate
 American Chiropractic Association
 Washington State Chiropractic Association
 National Association of Chiropractic Medicine
 American Academy of Pain Management