

PAUL SAYEGH, BSN, RN, CPAN, CAPA

San Francisco, CA • 832-859-2582 • paulsayeghrnbsn@gmail.com



Professional Summary

Double Board-Certified (CPAN, CAPA) Perianesthesia Nurse with over 20 years of clinical experience, specializing in perioperative nursing, including pre-operative, Post Anesthesia Care Unit (PACU), and Phase II recovery. Background includes a foundation in Medical/Surgical ICU and critical care.

Areas include: PACU protocols, perioperative phases of care, airway management, and patient education throughout the surgical continuum.

Education

American Board of Perianesthesia Nursing Certification, Inc Certified Post Anesthesia Nurse (CPAN) Certified Ambulatory Perianesthesia Nurse (CAPA)	April 2026
University of Phoenix Online Bachelor's of Applied Science degree, Nursing	June 2010 to February 2013
San Jacinto College Central Associate Degree, Nursing	June 2001 to December 2004
Harris County Hospital District Intern, Certificate of Completion – TIPS, Transition into Practice (Summer Internship for Senior Nursing Students)	June 2004 to August 2004

Nursing Licenses

- California License Number 711435 (Active)
- Texas License Number 712471 (Active)
- New York License Number 570743 (Active)

Professional Organizations

Associate Member (ID 06373344) – American Bar Association (ABA)	December 2025 to Present
Member (ID 06570096) – American Nurses Association (ANA)	June 2025 to Present
Member (ID: 197729) – American Society of PeriAnesthesia Nurses (ASPAN)	February 2024 to Present
Member – PeriAnesthesia Nurses Association of California (PANAC)	February 2024 to Present
Member (ID: 10799) – American Association of Legal Nurse Consultants (AALNC)	February 2024 to Present
Member – Bay Area Chapter, Northern CA of the American Association of Legal Nurse Consultants	February 2024 to Present
Member – Pacific Northwest (PNW) Chapter of the American Association of Legal Nurse Consultants	May 2025 to Present
Member – Tampa Bay Chapter of the American Association of Legal Nurse Consultants	May 2025 to Present
Member - Greater Orlando Chapter of the American Association of Legal Nurse Consultants	July 2025 to Present
Member - Pittsburgh Chapter of the American Association of Legal Nurse Consultants	July 2025 to Present
Non-Attorney Member (BASF ID: 253849) – Bar Association of San Francisco (BASF)	June 2025 to Present

Experience

Pre-Operative / Post Anesthesia Care Unit, Mt. Zion Campus

March 2021 to Present

University of California San Francisco Medical Center – Teaching Facility / Medical & Research – San Francisco, CA

Full-Time | 36 hours weekly

- Deliver PACU care across ortho, OB/GYN, ENT, oncology, ECT, transgender care, and pulmonary (bronchoscopy)
- Conduct nursing assessments, including surgical wound and dressing evaluations, during pre- and post-operative phases
- Start IVs and manage patient airways
- Administer medications in the pre-op area and manage pain, nausea, and vitals during post-op recovery
- Deliver discharge teaching and assist with discharge planning

Behavioral Health Unit / Adult Psychiatric Department

September 2017 to March 2021

St. Francis Memorial Hospital - Dignity Health – Community Hospital – San Francisco, CA

Part-Time | 8 hours weekly

- Cross-trained as a Psychiatric Nurse
- Performed patient admissions and intake assessments
- Conducted psychiatric evaluations and provided patient education
- Monitored patients' mental status, including affect, mood, behavior, and through therapeutic conversations
- Administered routine and emergency psychiatric medications
- Coordinated plan of care with multidisciplinary teams
- Provided discharge teaching and assisted with discharge planning

Post Anesthesia Care Unit

April 2016 to March 2021

St. Francis Memorial Hospital, Dignity Health – Community Hospital – San Francisco, CA

Part-Time | 32 hours weekly

- Provided PACU care and monitored recovery for patients across ortho, OB/GYN, ENT, urology, and other services
- Administered medications, managed airways, and coordinated discharge planning
- Performed nursing assessments, including wound and dressing evaluations

Post Anesthesia Care Unit / Ambulatory Surgery Department

October 2014 to April 2018

California Pacific Medical Center, Davies Campus – Community Hospital – San Francisco, CA

Per Diem | 8 to 16 hours weekly

- Provided care in ASU and PACU, supporting ortho, hand surgery, plastics, and transgender surgical services
- Conducted nursing assessments and delivered patient education during the pre-operative and post-operative phases
- Initiated intravenous (IV) lines
- Administered medications in the pre-operative area
- Monitored patients during post-operative recovery
- Managed patient airways as needed
- Administered pain relief and anti-nausea medications during recovery
- Delivered discharge teaching and assisted with discharge planning

Post Anesthesia Care Unit / Ambulatory Surgery Department

September 2015 to March 2021

Kaiser Permanente Hospital – Teaching Facility / Community Hospital – South San Francisco, CA

Per Diem | 8 hours weekly

- Delivered pre- and post-op care in ASU and PACU for ortho, ENT, bariatrics, OB/GYN, and GI services
- Coordinated with surgical teams to support safe patient recovery

Post Anesthesia Care Unit / Ambulatory Surgery Department September 2014 to September 2015

Kaiser Permanente Hospital – Teaching Facility / Community Hospital – San Francisco, CA

Per Diem | 8 hours weekly or bi-weekly

- Provided care in ASU and PACU
- Delivered assessments, patient education, and discharge planning across pre- and post-operative phases
- Started IVs
- Administered medications in the pre-op area
- Monitored patients in the post-op phase and managed airways
- Administered pain and anti-nausea meds in recovery

Telephone Advice Nurse – Telephone Linked Care (TLC) December 2013 to October 2016

Department of Veterans Affairs / San Francisco VA Medical Center – Teaching Facility – San Francisco, CA

Part-Time | 24 hours weekly

- Served as a Telephone Advice Nurse within the Telephone Linked Care (TLC) unit
- Triage patients for medical and mental health concerns
- Provided pre-operative and post-operative teaching
- Offered medication counseling and protocol-based guidance
- Managed crisis situations and escalations as needed

Gastroenterology Department September 2013 to September 2014

Kaiser Permanente Redwood City – Community Hospital – Cypress Building – Redwood City, CA

On-Call | 8 hours weekly

- Worked in the Gastroenterology Clinic and Lab
- Provided pre-procedure teaching and preparation
- Administered and monitored conscious sedation
- Delivered discharge teaching and assisted with post-procedure planning

Post Anesthesia Care Unit February 2013 to April 2014

Alameda Health System – Highland Hospital Campus – Teaching Facility / Level I Trauma Center – Oakland, CA

Per Diem | 12 hours weekly

- Worked in the PACU
- Conducted nursing assessments and patient teaching in the pre-op and post-op phase
- Administered medications in the pre-op area
- Monitored patients in the post-op recovery phase
- Managed airways and provided conscious sedation
- Administered pain and anti-nausea medications in recovery
- Delivered discharge teaching and coordinated post-op planning

Ophthalmology Department December 2012 to July 2014

Kaiser Permanente Daly City – Community Hospital – Medical Office Building – Daly City, CA

On-Call | 8 hours bi-weekly

- Worked as a Tele-communications Advice RN in the Ophthalmology Clinic
- Triage patients for urgent appointments
- Provided patient education and advice via phone and in person per department protocols
- Delegated tasks to Medical Assistants and LVNs
- Administered IV Fluorescein Angiography injections per Ophthalmologist's orders

Pre-Operative / Post Anesthesia Care Unit November 2011 to April 2012

Stanford Hospital & Clinics – Teaching Facility / Level I Trauma Center – Palo Alto, CA

Staff RN | 40 hours weekly

- Provided comprehensive nursing care for pre- and post-operative patients in the Ambulatory Surgery Center
- Conducted assessments, initiated IVs, and administered pre-operative medications
- Monitored post-anesthesia patients, managed airways, and provided pain and anti-nausea interventions
- Delivered discharge teaching and collaborated on discharge planning to ensure safe transitions of care

PACU / Phase II Recovery / Interventional Radiology March 2010 to November 2013

San Francisco General Hospital – Teaching Facility / Level I Trauma Center – San Francisco, CA

Per Diem | 10–40 hours weekly

- Worked in PACU, Phase II recovery, and Interventional Radiology (IR)
- Administered and monitored conscious sedation in IR
- Supported procedures including fistulagrams, venograms, abscess drains, PICC lines, tunneled catheters, and angiograms
- Started IVs
- Conducted pre-op assessments and patient teaching
- Administered medications in the pre-op area
- Monitored post-op patients and managed airways
- Administered pain and anti-nausea medications during recovery
- Delivered discharge teaching and planning
- Collaborated with radiologists and surgical teams to ensure patient safety and readiness during image-guided procedures

Pre-Op / Phase II Recovery September 2009 to July 2010

Alta Bates Summit Medical Center – Teaching Facility / Acute Care Medical Center – Oakland, CA

Per Diem | 8 hours weekly

- Provided pre- and post-op care: assessments, IVs, airway support, and pain/nausea management
- Ensured infection control standards, delivered patient education, and coordinated discharge planning

Pre-Operative / Post Anesthesia Care Unit January 2009 to February 2010

Presidio Surgery Center – Same Day Surgery Facility – San Francisco, CA

Staff RN | 40 hours weekly

- Worked in the Post Anesthesia Recovery Room
- Performed nursing assessments and patient teaching in the pre-op and post-op phase
- Administered pain and anti-nausea medications in recovery
- Monitored post-op patients, administered medications, and managed airways as needed during recovery
- Delivered discharge teaching and planning

Post Anesthesia Care Unit October 2008 to January 2009

Kaiser Permanente Oakland Medical Center – Community Hospital – Oakland, CA

Travel Nurse – Valley Healthcare Systems | 36 hours weekly

- Worked in the Post Anesthesia Recovery Room
- Managed airways and ventilators while providing pain and anti-nausea interventions during post-op recovery
- Performed assessments and patient teaching in the pre-op phase
- Administered medications in the pre-op area
- Monitored post-op patients, including intensive critical care patients
- Delivered discharge teaching and planning

Pre-Operative / Post Anesthesia Care Unit November 2007 to September 2008

Kaiser Permanente Santa Clara Medical Center – Community Hospital – Santa Clara, CA

Travel Nurse – Valley Healthcare Systems | 40 hours weekly

- Worked in PACU, Ambulatory Surgery, and Eye Surgery Centers; performed assessments and started IVs
- Administered pre-/post-op eye drops; managed airways and ventilators including during post-op eye surgery
- Monitored critical and post-op patients; provided pain/nausea relief, discharge teaching, and planning

Post Anesthesia Care Unit May 2007 to November 2007

Women's Hospital of Texas – Community Hospital – Houston, TX

Travel Nurse – Valley Healthcare Systems | 40 hours weekly

- Monitored patients emerging from anesthesia
- Managed respiratory and airway needs
- Provided pain and nausea management
- Conducted discharge teaching and planning
- Performed surgical wound & dressing assessment

Interventional Radiology March 2007 to June 2007

Hahnemann University Hospital – Teaching Facility / Level I Trauma Center – Philadelphia, PA

Per Diem | 8–16 hours weekly

- Administered and monitored conscious sedation during procedures
- Monitored vitals and supported IR procedures including fistulagrams, venograms, PICC lines, and angiograms
- Delivered discharge teaching and planning in the recovery phase

Pre-Operative / Post Recovery February 2007 to May 2007

Wills Eye Surgery Hospital – Teaching Facility / Surgery Center affiliated with Thomas Jefferson University – Philadelphia, PA

Per Diem | 8–16 hours weekly

- Started IVs and performed pre- and post-operative health assessments
- Administered pre- and post-operative eye drops
- Managed airways in post-op phase of eye surgery
- Delivered discharge teaching and planning

Clinical Pharmacology – Research / Phase I Clinical Study Unit February 2007 to May 2007

Thomas Jefferson University Hospital – Teaching Facility / Level I Trauma Center – Philadelphia, PA

PRN Clinical Research Nurse – ATC Healthcare | 12 hours weekly

- Monitored subjects participating in Phase I clinical drug trials
- Collected data, assessed vitals, and ensured protocol compliance

Post Anesthesia Care Unit December 2006 to February 2007

Phoenixville Hospital – Community Hospital – Phoenixville, PA

Travel Nurse – ATC Healthcare | 40 hours weekly

- Performed pre-op assessments and patient teaching
- Started IVs and administered pre-op medications
- Monitored patients in the post-op phase
- Managed airways as needed
- Administered pain and anti-nausea medications in recovery
- Delivered discharge teaching and planning

Medical Intensive Care Unit

September 2006 to November 2006

Presbyterian Hospital – Teaching Facility – Philadelphia, PA

Per Diem | 36 hours weekly

- Monitored critical care patients
- Managed airways, ventilators, and intravenous drips
- Performed catheter, tubing, and lab specimen management

Medical Intensive Care Unit

June 2006 to September 2006

SUNY Hospital – Teaching Facility / Level I Trauma Center – Syracuse, NY

Travel Nurse – RN Network | 36 hours weekly

- Monitored critical care patients
- Managed respirators, ventilators, vasopressors, cardiac drips, and feeding tubes
- Performed central and arterial line care, blood draws, and lab interpretation
- Assisted physicians during procedures

Medical / Surgical Intensive Care Unit

July 2003 to June 2006

Harris County Hospital District – Lyndon B. Johnson General Hospital – Teaching Facility / Level III Trauma – Houston, TX

Staff RN | 36 hours weekly

- Monitored critical care patients
- Managed airways, ventilators, cardiac drips, and nutritional feeds
- Performed central/arterial line care and lab interpretation
- Assisted with patient care and medical procedures

Medical / Surgical Intensive Care Unit

June 2003 to December 2004

Harris County Hospital District – Lyndon B. Johnson General Hospital – Teaching Facility / Level III Trauma – Houston, TX

Student Nurse | 12–36 hours weekly

- Supported RN staff in patient care
- Collected labs, assisted with procedures, and documented vitals
- Observed multidisciplinary rounds to support care planning

Residential Care

May 2002 to August 2002

Special Texas Homes, Inc. – Pasadena, Texas Home Aide

- Provided daily living assistance for mentally challenged residents
- Dispensed medications and monitored activities