

DAVID GOODWIN, MD

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Chantilly, VA 20152

410-746-9939
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EMPLOYMENT

2016-Present **Arthritis & Sports Orthopedics**
Shoulder and Sports Medicine Specialist
Board Certified in Orthopedic Surgery
Chantilly, VA

ADMINISTRATIVE & ACADEMIC APPOINTMENTS

2025-Present **Encompass Health Rehabilitation Hospital**
Medical Director, Brain Injury Program
Chairman, Fall Prevention Committee

2023- Present **George Washington University School of Medicine**
Clinical Assistant Professor of Medicine

POST GRADUATE TRAINING

2015-2016 **New York University Hospital for Joint Diseases**
Sports Medicine Fellow, Department of Orthopedic Surgery

2014-2015 **Georgetown University Hospital**
Chief Resident, Department of Orthopaedic Surgery

2011-2015 **Georgetown University Hospital**
Resident Physician, Department of Orthopaedic Surgery

2010-2011 **Georgetown University Hospital**
Internship, Department of General Surgery

EDUCATION

- 2006-2010 **George Washington University, School of Medicine & Health Sciences**
Medical Doctorate
- 2003-2006 **George Washington University, Columbian College of Arts & Sciences**
BA Economics, Magna Cum Laude
Department of Economics Special Honors
University Honors Program

PROFESSIONAL SOCIETY MEMBERSHIPS

- 2015-Present American Orthopedic Society for Sports Medicine
2015-Present American Academy of Orthopedic Surgeons
2004-Present Golden Key International Honour Society
2003-Present National Society of Collegiate Scholars
2015-2018 Arthroscopy Association of North America

HONORS & AWARDS

- 2017 Honorable Mention, AAOS Video Library “Open Posterolateral Corner Repair of the Knee”
2014 1st Place, Orthopaedic Surgery Research, Medstar Health Research Symposium
2009 Tauber Scholarship Recipient
2008 Tauber Scholarship Recipient
2007 Gill Fellowship for Medical Research
2003-2006 Presidential Academic Scholarship Recipient
University Honors Program Scholar
Columbian College Deans List

TEAM COVERAGE EXPERIENCE

- 2017-2022 Cesena USA; Women’s Premier Soccer League
2017-2022 Old Dominion Football Club
2017-2021 John Champe High School Lacrosse & Soccer- Loudoun County, Virginia
2019-2020 Independence High School- Loudoun County, Virginia
2016-2019 NOVA Running Club
2015-2016 New York University Men’s & Women’s Basketball
2015-2016 Long Island University Men’s & Women’s Basketball
2014-2015 Georgetown University Hoyas Boxing Club
2012-2015 Georgetown University Hoyas Men’s Lacrosse

PEER REVIEWED PUBLICATIONS

Weinberg M, Kaplan D, Pham H, **Goodwin D**, Dold A, Chiu E, Jazrawi L. Injectable Biological Treatments for Osteoarthritis of the Knee. *Journal of Bone and Joint Surgery Review* 2017;5(4):e2.

Goodwin D, Strauss E. (2017). “A 60-Year-Old Active Female with Concomitant Type 1 SLAP and Rotator Cuff Tear” in Verma & Strauss *The Biceps and Superior Labrum Complex: A Clinical Casebook*. Chapter 9. New York City, NY: Springer.

Douoguih W, **Goodwin D**, Churchill R, Paulus M, Maxwell A. Conjoined Tendon Transfer for Traumatic Anterior Glenohumeral Instability in Patients with large Bony Defects and Anterior Capsulolabral Deficiency. *Arthroscopy: The Journal of Arthroscopic and Related Surgery* 2017.

Goodwin D, Kaplan D, Fralinger D, Gyftopoulos S, Meislin R, Jazrawi L. Rotator Cuff Tear Shape Characterization: A Prospective Comparison of Two-Dimensional Imaging and Three-Dimensional Magnetic Resonance Reconstructions. *Orthopedic Journal of Sports Medicine* 2016;4(7):4.

Goodwin D, Kaplan D, Small W, Strauss E, Campbell K. (2016). “The Evaluation of the Patient with a Knee Ligament Injury” in Mascarenhas, Bhatia, and Lowe (Ed.) *Ligamentous Injuries of the Knee*; Chapter 1. NOVA Science Publishers.

Dolce D, **Goodwin D**, Rutkowski M, Edwards S. Accurate Intraoperative Evaluation of Dorsal Screw Prominence after Polyaxial Volar Plate Fixation of Distal Radius Fractures Utilizing the Hoya View: A Cadaveric Study. *Hand* 2014; 9(4): 511-5.

Kern M, **Goodwin D**. Hip Injuries in Athletes. *Open Access Journal of Orthopaedics* 2014; 2(1):10.

Goodwin D, Kalantar SB. (2014). “Stingers.” In M Miller & S Thompson (Ed.) *DeLee and Drez’s Orthopaedic Sports Medicine, 4th Edition*; Chapter 127. Philadelphia, PA: Saunders.

Goodwin D, Dynin M, Macdonnell J, Kessler M. The Role of Arthroscopy in Chronic Elbow Instability. *Arthroscopy: The Journal of Arthroscopic and Related Surgery* 2013; 29: 2029-36.

Goodwin D, Postma W. Patellar Instability. *Open Access Journal of Sports Medicine* 2013; 1:5.

Goodwin, D, Baecher, N, Pitta, M; Letzelter, J, Marcel, J, Argintar, E. Driving after Orthopaedic Surgery. *Orthopaedics* 2013; 36: 469-474.

Goodwin D. America’s Medical Malpractice Crisis: The role of the Medical Malpractice Insurance Industry. *Michigan Journal of Economics*. 2006; 20(1), 5-25.

POSTER PRESENTATIONS

Goodwin D, Kaplan D, Dai A, Gonzalez-Lomas G, Meislin R, Jazrawi L. Revision Latarjet Procedure with Fresh Distal Tibia Allograft and Conjoint Tendon Transfer. *American Academy of Orthopedic Surgeons March 2017, San Diego, CA.*

Dai A, **Goodwin D**, Kaplan D, Strauss E, Meislin R, Jazrawi L. Open Posterolateral Corner Repair of the Knee. *American Academy of Orthopedic Surgeons March 2017, San Diego, CA.*

Goodwin D, Kaplan D, Fralinger D, Gyftopoulos S, Strauss E, Jazrawi L, Meislin R. Rotator Cuff Tear Shape Characterization: A Comparison of Two-Dimensional Imaging and Three-Dimensional Magnetic Resonance Reconstructions. *American Orthopaedic Society for Sports Medicine Annual Meeting July 2016, Colorado Springs, CO.*

Douoguih W, **Goodwin D**, Maxwell A, Paulus M. Conjoined Tendon Transfer for Anterior Glenohumeral Instability. *Virginia Orthopaedic Society Annual Meeting May 2015, Hot Springs, VA.*

Douoguih W, **Goodwin D**, Maxwell A, Paulus M. Conjoined Tendon Transfer for Anterior Glenohumeral Instability. *Medstar Health Research Symposium March 2015, Columbia, MD.*

Buchanan M, **Goodwin D**, Li J. Tension Side Plantarmax Lapidus Plate Fixation Does Not Weaken the Anterior Tibial Tendon. *American Orthopaedic Foot & Ankle Society Annual Meeting September 2014, Chicago, IL.*

Douoguih W, **Goodwin D**, Gillis R, Parks B, Osbahr D. A Biomechanical comparison of Posterior Cruciate Ligament Inlay Reconstruction Utilizing Suture Anchor Versus Screw Fixation. *Arthroscopy Association of North America Annual Conference May 2014, Hollywood, FL.*

Douoguih W, **Goodwin D**, Gillis R, Parks B, Osbahr D. A Biomechanical comparison of Posterior Cruciate Ligament Inlay Reconstruction Utilizing Suture Anchor Versus Screw Fixation. *Virginia Orthopaedic Society Annual Meeting May 2014, Roanoke, VA.*

Douoguih W, **Goodwin D**, Gillis R, Parks B, Osbahr D. A Biomechanical comparison of Posterior Cruciate Ligament Inlay Reconstruction Utilizing Suture Anchor Versus Screw Fixation. *Medstar Health Research Symposium March 2014, Columbia, MD.*

Yu W, **Goodwin D**. Radiographic and Clinical Outcomes of Long Cervical Fusions. *George Washington University Medical Center Annual Research Day March 2010, Washington, DC.*

Yu W, **Goodwin D**. Bone Morphogenetic Protein-2 (BMP-2) and Bone Morphogenetic-7 (BMP-7): Combined Use in Complex Reconstructive Spine Surgery. *George Washington University Medical Center Annual Research Day April 2009, Washington, DC.*

Yu W, O'Brien J, **Goodwin D**. Dynamic Stabilization after Total Facetectomy. *IMAST July 2008, Hong Kong.*

Yu W, O'Brien J, **Goodwin D**, Chin K. The Potential Impact of New Technologies on Spine Surgery. *IMAST July 2008, Hong Kong.*

Yu W, O'Brien J, **Goodwin D**, Mroz T, Chin K. Bone Morphogenetic Protein-2 (BMP-2) and Bone Morphogenetic-7 (BMP-7): Combined Use in Complex Reconstructive Spine Surgery. *IMAST July 2008, Hong Kong.*

Yu W, O'Brien J, **Goodwin D**, Mroz T, Chin K. Bone Morphogenetic Protein-2 (BMP-2) and Bone Morphogenetic-7 (BMP-7): Combined Use in Complex Reconstructive Spine Surgery. *SpineWeek Meeting May 2008, Geneva, Switzerland.*

Yu W, **Goodwin D**. The Potential Impact of New Technologies on Spine Surgery. *George Washington University Medical Center Annual Research Day April 2008, Washington, DC.*

Yu W, **Goodwin D**. Dynamic Stabilization For the Treatment of Degenerative Spinal Disorders. *George Washington University Research and Discovery Day October 2007, Washington, DC.*

ORAL PRESENTATIONS

Goodwin D, Kaplan D, Fralinger D, Gyftopoulos S, Strauss E, Jazrawi L, Meislin R. Rotator Cuff Tear Shape Characterization: A Comparison of Two-Dimensional Imaging and Three-Dimensional Magnetic Resonance Reconstructions. *West Point Sports Medicine Research Symposium June 2016, West Point, NY.*

Goodwin D, Kaplan D, Fralinger D, Gyftopoulos S, Strauss E, Jazrawi L, Meislin R. Rotator Cuff Tear Shape Characterization: A Comparison of Two-Dimensional Imaging and Three-Dimensional Magnetic Resonance Reconstructions. *NYU Hospital for Joint Diseases Scientific Program and Sir Robert Jones Lecture May 2016, New York, NY.*

Dolce D, **Goodwin D**, Rutkowski M, Edwards S. Accurate Intraoperative Evaluation of Dorsal Screw Prominence after Polyaxial Volar Plate Fixation of Distal Radius Fractures Utilizing the Hoya View: A Cadaveric Study. *Washington Orthopedic Society May 2013, Washington, DC.*

Yu W, O'Brien J, **Goodwin D**, Mroz T, Chin K. Bone Morphogenetic Protein-2 (BMP-2) and Bone Morphogenetic-7 (BMP-7): Combined Use in Complex Reconstructive Spine Surgery. *Clinical Orthopedics Society Annual Meeting September 2008, Annapolis, Maryland.*

Yu W, **Goodwin D**, O'Brien J, Gabriel J, Chin K. The Potential Impact of New Technologies on Spine Surgery. *Spine Arthroplasty Society May 2008, Miami Beach, Florida.*

Yu W, **Goodwin D**, O'Brien J, Gabriel J, Chin K. The Potential Impact of New Technologies on Spine Surgery. *Spine Arthroplasty Society Asia Pacific Conference January 2008, Seoul, Korea.*