

John M. Lesher, MD, MPH

ADDRESS:

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- Triple board certified interventional physiatrist specializing in nonsurgical spine and sports medicine.
- Clinical instructor involved in resident teaching through Carolinas Rehabilitation residency program.
- Lecture nationwide and locally on spine, orthopedic, ultrasound, and regenerative medicine topics.
- Extensive experience working in multi-specialty settings with neurosurgeons, orthopedic surgeons, and physical therapists.

Board Certified in Physical Medicine & Rehabilitation, 2007 (valid through 2027)

Subspecialty Certified in Sports Medicine, 2008 (valid through 2028)

Subspecialty Certified in Electrodiagnostic Medicine, 2009 (valid through 2029)

Registered in Musculoskeletal Ultrasound (RMSK), 2013

Active state medical licenses: North Carolina, California, Colorado

TEACHING ACTIVITY:

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| 2009-Present | Clinical Instructor
Carolinas Rehabilitation Residency Program, Department of PM&R, Charlotte, NC |
| 2009-2014 | Adjunct Clinical Assistant Professor
University of North Carolina, Department of PM&R, Chapel Hill, NC |

EMPLOYMENT AND PROFESSIONAL EXPERIENCE:

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| 2023-Present | Partner/Attending Physician
Nonsurgical Spine & Sports Medicine, Piedmont HealthCare, Mooresville, NC |
| 2016-Present | JML Medical Consulting, PLLC
Cornelius, NC |
| 2007-2022 | Partner/Attending Physician
Carolina Neurosurgery & Spine Associates, Charlotte, NC |
| 2004-2006 | Social Security Disability Examiner
MDSI Physicians Group, Seattle, WA |
| 1997-1998 | Adverse Experience Reporting Coordinator
Merck Research Laboratories, Worldwide Product Safety, Blue Bell, PA |
| 1996-1997 | Health Center Assistant
Princeton University, McCosh Health Center, Princeton, NJ |

1994-1996 **Research Assistant**
Boston College, Department of Biology, Chestnut Hill, MA

SPECIALTY SPECIFIC LEADERSHIP EXPERIENCE:

2024-Present AAPM&R STEP Ultrasound Assessment Course Co-Director
2019-2023 AAPM&R Spine Registry Outcomes Chairman

EDUCATION:

2006-2007 **Washington University**, St. Louis, MO, Department of Orthopaedics
Fellowship in Musculoskeletal Medicine and Interventional Spine Care

2003-2006 **University of Washington**, Seattle, WA
Residency in Physical Medicine and Rehabilitation

2002-2003 **University of Washington**, Seattle, WA
Integrated Internship, Department of Physical Medicine and Rehabilitation

1998-2002 **Tulane University School of Medicine**, New Orleans, LA
Doctor of Medicine

1998-2002 **Tulane University School of Public Health & Tropical Medicine**, New Orleans, LA
Master of Public Health in Health Systems Management

1992-1996 **Boston College**, Chestnut Hill, MA
Bachelor of Science, Biology, *magna cum laude*, Scholar of the College

AWARDS:

2025, '24, '23, '22, '21 Top Doctors Award, Castle Connolly (Peer Reviewed)
2025, '24, '23, '22, '21, '20 Top Doctors Award, Charlotte Magazine (Peer Reviewed)
1996 Awarded Scholar of the College in Biology for undergraduate thesis research

PUBLIC MEDIA PUBLICATIONS:

Leshner, JM. Presenter. "Medial Branch Block Injections & Radiofrequency Ablation." 2025 Mar 12.
<https://www.youtube.com/watch?v=1e1KipjUq1w>

Leshner, JM. Presenter. "What is Platelet Rich Plasma?" 2024 Apr 24. <https://www.youtube.com/watch?v=br2eAq1BAos>

Leshner, JM. Contributor. "Becoming a Back Mechanic with Dr. Stuart McGill." Episode 46, *Back Talk Doc* video podcast. 2022 Apr 14.

Leshner JM. Contributor. "Regenerative spine and orthopedic medicine." Episode 25, *Back Talk Doc* podcast. 2020 Nov 13.

Leshner JM. Contributor. "Nonsurgical Care for Spine Problems." WTVI *HealthWise* Television Program. 2010 Dec 14.

SELECTED NATIONAL AND LOCAL PRESENTATIONS:

- 8/2024 Case-based Pitfalls of Ultrasound Procedures, Next Step Interventional Ultrasound Course, AAPM&R sponsored ultrasound course, Chicago, IL.
- 11/2021 The Data is In: How AAPM&R's Registry Early Adopter Sites are Engaging Patients to Collect Valuable Data in Low Back Pain and Ischemic Stroke, AAPM&R Virtual Annual Meeting.
- 11/2020 How a Physiatric Clinical Data Registry Is Changing How We Understand Our Patient Populations and Their Outcomes: Tales from Launching AAPM&R Registry's Low Back Pain and Ischemic Stroke Pilots, AAPM&R Virtual Annual Meeting.
- 9/2020 Treating Low Back Pain: Bridging the Gap Between Research and Practice, AAPM&R sponsored webinar.
- 11/2019 Fundamental Approaches to Capturing Physiatric Interventions and Patient-Reported Outcomes, AAPM&R Annual Meeting, San Antonio, TX
- 4/2019 Low Back Pain Diagnosis, Treatment and Prevention, Bethel Church Riders, Cornelius, NC
- 10/2018 Enhancing Clinical Spine Data Capture and Testing Patient Reported Outcomes in Participant Sites, AAPM&R Annual Meeting, Orlando, FL
- 11/2017 Shoulder Anatomy with Ultrasound Correlation, Carolinas Rehab. Residency, Charlotte, NC
- 10/2016 Regenerative Medicine - State of the Art, Charlotte Area Health Education Center, Charlotte, NC
- 4/2015 Ultrasound Guided Interventions and Musculoskeletal Ultrasound of the Elbow and Wrist AANEM, Wake Forest School of Medicine, Winston Salem, NC
- 9/2014 Hip Anatomy with Ultrasound Correlation. Carolinas Rehabilitation Residency, Charlotte, NC
- 5/2012 Back and Neck Pain. Golden Boys Senior Citizen Group, Mooresville, NC
- 7/2011 Therapeutic Exercise for Low Back Pain. REI, Charlotte, NC
- 3/2010 Cervical Radiculopathy. Cabarrus Family Medicine Resident Lecture, Concord, NC
- 4/2009 Injury and Spine Biomechanics in Golf. Queens College Golf Team, Charlotte, NC
- 7/2006 Hip Joint Pain Referral Patterns: A Descriptive Study.
International Spine Intervention Society, 14th Annual Meeting, Salt Lake City, UT

PEER REVIEWED PUBLICATIONS:

Chambers LA, **Leshner JM**. Chronic thigh pain in a young adult diagnosed as synovial sarcoma: A case report. *PMR*. 2018 Sep;10(9):969-973.

Bodor M, **Leshner JM**. Ultrasound Guided Greater Trochanteric Bursa and Gluteal Tendon Injections. In: Malanga G, Mautner K. *Atlas of Ultrasound-Guided Musculoskeletal Injections*. 1st ed. McGraw-Hill: 2014.

Bodor M, **Leshner JM**. Ultrasound Guided Hand, Wrist, and Elbow Injections. In: Narouze SN. *Atlas of Ultrasound Guided Procedures in Interventional Pain Management*. 1st ed. New York, NY: Springer: 2010:307-323.

Clohisy JC, Knaus ER, Hunt DM, **Leshner JM**, Harris-Hayes M, Prather H. Clinical Presentation of Patients with Symptomatic Anterior Hip Impingement. *Clin Orthop Relat Res*. 2009 Mar; 467(3):638-44.

Leshner JM, Dreyfuss P, Hager H, Kaplan M, Furman M. Hip Joint Pain Referral Patterns: A Descriptive Study. *Pain Med*. 2008 Jan-Feb; 9(1):22-5.

NATIONAL COMMITTEES AND VOLUNTEER POSITIONS:

2024-Present	AAPM&R STEP Ultrasound Assessment Course Committee
2007-Present	Manuscript reviewer for <i>PM&R: The Journal of Injury, Function & Rehabilitation</i>
2019-2023	AAPM&R Spine Registry Committee
2019-2023	AAPM&R Registry Steering Committee
2015-2020	Volunteer Physician, Ada Jenkins Center, Davidson, NC
2014-2019	Volunteer Physician, HealthReach Community Clinic, Mooresville, NC

PROFESSIONAL AFFILIATIONS:

2009-Present	American Association of Neuromuscular and Electrodiagnostic Medicine
2008-Present	North Carolina Medical Society
2007-Present	American Institute of Ultrasound in Medicine
2005-Present	International Pain and Spine Intervention Society
2005-Present	North American Spine Society
2002-Present	American Academy of Physical Medicine and Rehabilitation