



Maureen Elia

MSN, RN, C-EFM, RNC-OB, RNC-IAP

Arlington Heights, IL

Maureen.EliaRN@gmail.com

www.linkedin.com/in/maureen-elia-msn-rn-rnc-ob-828b28283

PROFESSIONAL PROFILE

I am a master's prepared Registered Nurse with advanced certifications in Inpatient Obstetrical Nursing, High Risk Obstetrics, and Electronic Fetal Monitoring. With a career rooted in direct patient care, I have spent years providing expert nursing services in a high-acuity Level III perinatal center, including labor and delivery, antepartum, postpartum, newborn nursery, and limited neonatal intensive care settings. My clinical practice reflects a strong commitment to patient and family-centered care, with a consistent record of excellence in managing complex obstetrical and perinatal cases.

Beyond bedside care, I have played a key role in professional development and clinical education. I have trained and oriented new staff nurses and nursing assistants, coordinated and led obstetric emergency simulation drills, and served as an instructor for yearly competencies and new policies and protocols. My experience also includes direct involvement in fetal surgeries during the antenatal period as well as complicated deliveries at various gestations, reflecting a deep familiarity with high-risk obstetrical procedures and interdisciplinary collaboration.

In both staff nurse and clinical supervisor roles, I have delivered effective instruction in theory and practice, helping to bridge the gap between classroom learning and real-world clinical performance. I am deeply committed to fostering the development of novice and student nurses, ensuring they gain the skills, confidence, and clinical judgment necessary to become safe and effective healthcare providers. I remain committed to best practice through continued attendance at educational conferences and membership to professional organizations.

As an expert witness, I bring a comprehensive understanding of perinatal nursing standards, critical care practices, and maternal-fetal health, supported by hands-on experience, professional certification, and a passion for advancing the quality of obstetrical care. I am also trained in audit trail analysis which can help your firm determine a bullet proof timeline of events for your case.

WORK EXPERIENCE

Advocate Lutheran General Hospital - Park Ridge, IL

Labor and Delivery staff nurse, 2013 to present.

Provide nursing care at an award winning, teaching hospital with a Level III perinatal and fetal surgery center. Responsibilities include OB triage, labor and delivery, postpartum care, preop/interop/postop care of cesarean patients, managing care of long-term antepartum patients, providing care and resuscitation during obstetrical emergencies, and developing education.

Active in bereavement services for perinatal loss and neonatal death.

Chair of Safety committee- reviewing safety events, developing policies and procedures to improve safety.

Chair of Quality committee- chart review, chart audit, analyzation, and report of quality metrics.

Harper College- Palatine, IL

Clinical Supervisor- Faculty, 2023 to present.

Worked side by side with diverse set of students from a variety of cultural, religious, and ethnic backgrounds.

Active in clinical, simulation and laboratory setting of education for students enrolled in RN program. Demonstrates and assesses understanding of patient care.

Skilled at demonstrating procedures to new students and able to effectively coach program participants in all aspects of nursing.

Experienced in using specific equipment for the nursing classroom, such as anatomical models, simulation arms, and model of examinations for students.

Advised student nurses of specific goals to work on to improve performance in the program and reach their goals.

AWHONN- Association of Women's Health, Obstetric and Neonatal Nurses- Chicago, IL

Fetal Monitoring Instructor- 2024 to present

Teach intermediate level electronic fetal monitor interpretation, including techniques, interventions and standard definitions, through lecture and skill stations, to enhance maternal and fetal safety.

Teaching healthcare providers how to accurately assess fetal wellbeing using FHR tracing, including recognizing signs of fetal distress, and how to apply timely interventions to improve outcomes, promoting consistent practices across care settings.

AALNC – American Association of Legal Nurse Consultants- Pittsburgh, PA

Director At Large- 2025 to present

Attend chapter meetings, support chapter members, and give guidance to members on issues that arise.

Ensure chapters meet all AALNC national requirements

Serve as representative of AALNC, communicating with individuals who need further guidance in the role of a legal nurse consultant or assistance in finding a legal nurse consultant

EDUCATION

- Chamberlain University, Master of Science in Nursing Leadership (MSN), Addison, IL. Graduated with High Distinction July 2023.
- Indiana Wesleyan University, Bachelor of Science in Nursing (BSN), Marion, IN. Graduated with High Distinction July 2015.
- Harper College, Associate Degree of Nursing (ADN), Palatine, IL. Graduated December 2013

CERTIFICATIONS

- C-EFM (Electronic Fetal Monitoring Certification). The National Certification Corporation, 2024 to present.
- RNC-IAP (Registered Nurse, Certified in Inpatient Antepartum). The National Certification Corporation, 2024 to present.
- RNC-OB (Registered Nurse, Certified in Inpatient and High-Risk Obstetrics). The National Certification Corporation, 2019 to present.
- AWHONN (Association of Women's Health, Obstetric, and Neonatal Nurses) Advanced Fetal Monitoring Course, 2016 to present.
- ACLS (Advanced Cardiac Life Support), 2014 to present.
- RTS (Resolve through Sharing) Bereavement Coordinator, 2013 to present.
- NRP (Neonatal Resuscitation Program), 2013 to present.
- BLS (Basic Lifesaving Skills), 2009 to present.

AWARDS AND HONORS

- Recipient of the Daisy Award of Nursing Excellence, 2020.
- Numerous hospital MVP, Spirit Awards, and Daisy Award Nominations for patient care in the inpatient obstetrical setting.

MEMBERSHIPS AND APPOINTMENTS

- American Association of Legal Nurse Consultants – Director at Large
- AWHONN - American Association of Health, Obstetric, and Neonatal Nurses
- ANA – American Nurses Association
- ANA of Illinois – American Nurses Association of Illinois
- NLN- National League for Nursing
- Sigma Theta Tau Honors Nursing Society