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Cover Page - CV Attached For:

**Jennifer Solomon, MD**

Board-Certified in Physical Medicine and Rehabilitation

**PHYSICIAN LIFE CARE PLANNER (LCP) RELEVANT EXPERIENCE:**

LCP Relevant Qualifications	LCP Relevant Experience
<ul style="list-style-type: none"><li>• Board Certification: Physical Medicine and Rehabilitation.</li><li>• Clinical Experience: 25 years, routinely providing patient assessments and treatments.</li><li>• Authored – Multiple chapters for Musculoskeletal disorders and interventional pain management procedures.</li><li>• Currently completing the CLCP certification requirements (120 Hours per the ICHCC guidelines).</li></ul>	<ul style="list-style-type: none"><li>• Diagnostic Imaging/Testing.</li><li>• Electrodiagnostic Studies.</li><li>• Musculoskeletal conditions.</li><li>• Neurologic conditions.</li><li>• Orthopedic conditions.</li><li>• Peripheral Joint Injections.</li><li>• PT/OT Plans.</li><li>• Pharmacologic Interventions.</li><li>• Regenerative Medicine.</li><li>• Traumatic Brain Injury.</li><li>• Trigger Point Injections.</li><li>• Writing LCPs: 18+ months.</li></ul>
<p style="text-align: center;"><b><u>Expert Witness Experience:</u></b></p> <ul style="list-style-type: none"><li>• Deposition appearances.</li></ul> <p style="text-align: center;"><b><u>Affiliations:</u></b></p> <ul style="list-style-type: none"><li>• Member of Life Care Planner Professional Societies: IARP</li></ul>	



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## Jennifer Lynn Solomon

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### EMPLOYMENT

11/2020- Present **Regenerative SportsCare Institute** New York, NY

- Attending Physician
- Orthopedic Regenerative Medicine

11/2020-Present **Carelon Specialty Health/ Elevance Health** New York, NY

- Clinical Operations Associate Medical Director
- MSK Pain Management and Joint

7/2004-11/2020 **Hospital for Special Surgery** New York, NY

- Assistant Attending Physician Hospital for Special Surgery
- Department of Physiatry
- Department of Sports Medicine
- Assistant Professor of Rehabilitation Medicine Weill Cornell Medical College

11/2020- Present **AllMed Health Care Management**

- Medical Review

### AFFILIATIONS

**United States Tennis Association** 2005 – 2017

- Fed Cup Physician
- New York open 2017-*Current*

**La Palestra** 2005 – *Current*

### EDUCATION

#### *MEDICAL*

07/2003-06/2004 **Hospital for Special Surgery** New York, NY

- Fellow in Spine and Sports Medicine – Department of Physiatry

07/2000 – 06/2003 **University of Medicine & Dentistry of NJ / Kessler Institute** West Orange, NJ

- Resident in Physical Medicine and Rehabilitation

07/1999 – 06/2000 **Saint Vincents Hospital and Medical Center** New York, NY

- Internship in Internal Medicine

# Jennifer Lynn Solomon

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08/1995 – 05/1999 **State University of New York Health Science Center** Brooklyn, NY

- Doctor of Medicine
- Alpha Omega Alpha

## *UNDERGRADUATE*

08/1991 – 06/1995 **Union College**

Schenectady, NY

- Bachelor in Science, Biology
- Magnum Cum Laude

## **LICENSURE**

- New York – 219609
- DEA # BS8861937
- Diplomate of American Board for PM&R-7756 ○ Sports Medicine

## **PROFESSIONAL MEMBERSHIP**

- American College of Sports Medicine
- North American Spine Society
- American Academy of Physical Medicine and Rehabilitation

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## **RESEARCH**

Solomon JL, Lutz GE. Treatment of Symptomatic Degenerative Intervertebral Discs with Autologous Platelet-rich plasma: follow up at 5-9 Years Regen Med. 2019 Sep;14(9):831-840.

Lutz G, Solomon JL et al A Multicenter, Randomized, Double-blind, Placebo Controlled, Clinical Trial to Evaluate the Safety, Tolerability and Preliminary Effectiveness of 2 Doses of Intradiscal rhGDF-5.

Lutz GE, Nicoletti MR, Cyril GE, Harrison JR, Lutz C, Solomon JL, Cooke PM, Wyss JF, Herzog RJ, Moley PJ. Percutaneous Rupture of Zygapophyseal Joint Synovial Cysts: A Prospective Assessment of Nonsurgical Management. PM&R 2018 Mar;10(3):245-253

Lutz G, Solomon JL et al Lumbar Intradiscal Platelet-Rich Plasma Injections: A Prospective, Double-blinded, Randomized Controlled Study. PM&R Journal 2016 (8):1-10

Solomon JL Intra-articular Corticosteroid Injection for Idiopathic Adhesive Capsulitis of the Shoulder Facet Joint

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Intra-articular Steroid Injections versus Caudal Epidural Injections to Treat Axial Back Pain in Grade 1-2 Degenerative Spondylolisthesis.

Efficacy Of Euflexxa Versus Corticosteroids In The Treatment Of Hip Osteoarthritis. 2011.

Intra-articular Corticosteroid injection for Idiopathic Adhesive Capsulitis of the shoulder. 2007.

Vad VB, Solomon JL, et al Management of Calcified Tendinosis of the Shoulder: Fluoroscopic Shoulder Lavage.

Nadler SF, Malanga GA, Solomon JL. Low Back Pain Prevention in Golfers: Efficacy of a Wearable Source of Topical Heat.

Nadler SF, Malanga GA, Solomon JL The Relationship between Lower Extremity Injury and Hip Abductor to Extensor Ratio in Collegiate Athletes.

Nadler SF, Solomon JL et al Core Strengthening: Positive influence on performance in tests of speed and agility.

Foye PM, Solomon JL et al Developing of Normative Data for a New Technique of Analyzing Digital Nerves in Upper Limbs.

Foye PM, Solomon JL et al Cheerleaders Neuropathy: Carpal Tunnel Syndrome in the Pediatric Population. A Possible Cumulative Trauma Disorder.

Horton S, Solomon JL Isolation and Characterization of Alternate alleles of Frt1. A gene that controls mushroom development in the fungus *Schizophyllum commune*.

## **CHAPTERS**

Wyss J, Shah B, Solomon J. Fluoroscopic versus Ultrasound Guidance. *Diwan S (Ed) Atlas of Pain Medicine Procedures*. New York, NY: McGraw-Hill Medical. 2013.

Roque-Dang C, Wyss J, Solomon J. Steroids versus Viscosupplementation. *Diwan S (Ed) Atlas of Pain Medicine Procedures*. New York, NY: McGraw-Hill Medical. 2013.

Musculoskeletal/Sports/Orthopedics. *Shatzer M (Ed) Physical Medicine & Rehabilitation: Pocketpedia*. Philadelphia, PA: LWW; (2012).

Discogenic Low Back Pain. *Critical Reviews of Physical Medicine and Rehabilitation* 2005

Knee Osteoarthritis. *Critical Reviews of Physical Medicine and Rehabilitation*. 2005

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Physical Examination of the Lumbar Spine: A review of clinical Significance. Malanga  
*Musculoskeletal Physical Examination: An Evidence-Approach* Elsevier. 2016

Physical Examination of the Sacroiliac Joint: A review of clinical Significance. Malanga  
*Musculoskeletal Physical Examination: An Evidence-Approach* Elsevier. 2016

Physical Examination Maneuvers of the Ankle: Malanga *Musculoskeletal Physical Examination: An Evidence-Approach* Elsevier. 2016.

Femoral Neck Fractures. eMedicine. 2005

### **PRESENTATIONS**

- NASS International Meeting – Beirut, Lebanon – 2018
- NASS International Meeting – Avila, Spain – 2018
- NASS International Meeting – Beirut, Lebanon – 2017
- AAPMR – Intradiscal PRP - 2016
- AAPMR – Hip Spine Syndrome – 2015
- NASS – Percutaneous Rupture of Z-Joint Synovial Cysts: Prospective review of Non-Surgical Management – 2014
- AAPM&R – Core strengthening – 2002
- HSS – Core Strengthening – 2003
- ACSM – Buttock/Leg Pain – 2003
- AAP – Carpel Tunnel Syndrome in Paediatric Population – 2002

### **HONORS/AWARDS**

- Castle Connolly 2014, 2015, 2016, 2017, 2018
- Top Doctors – 2014, 2015, 2016, 2017, 2018
- Exceptional Women in Medicine – 2018
- Whos who Super Doctors – 2012
- Alpha Omega Alpha – 1996

### **NEWS**

- Health Contributor to Oxygen Magazine
- Health Contributor to Shape Magazine
- Health Contributor to Health Magazine
- Today show
- Fox news