

# Jeffrey S. Garofano, Ph.D.

Licensed Clinical Psychologist - Maryland #06185  
Baltimore, MD • drg@garofanopsychologicalservices.com

## ACADEMIC APPOINTMENTS

2023-present Assistant Professor, Johns Hopkins University School of Medicine, Department of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Pediatric Medical Psychology Program

2019-2023 Instructor, Johns Hopkins University School of Medicine, Department of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, Pediatric Medical Psychology Program

## EXPERTISE SUMMARY

Dr. Jeffrey S. Garofano, Ph.D., is a licensed clinical psychologist and Assistant Professor in the Division of Child and Adolescent Psychiatry within the Pediatric Medical Psychology Program at the Johns Hopkins University School of Medicine. He completed advanced postdoctoral fellowship training in Pediatric Medical Psychology at Johns Hopkins following APA-accredited doctoral education in school psychology and internship training. He provides comprehensive psychological evaluation and treatment for children and adolescents with complex psychiatric conditions, medical conditions, and co-occurring psychiatric and medical presentations within multidisciplinary academic medical settings.

Dr. Garofano treats psychiatrically high-risk youth, including patients with severe mood and anxiety disorders, behavioral and neurodevelopmental disorders, trauma-related conditions, and active suicidal ideation and self-harm risk. His clinical practice also includes the evaluation and treatment of medically complex youth, including patients with obesity and hypertension, chronic kidney disease, and rare congenital urologic conditions. A substantial portion of his work involves children and adolescents whose psychiatric and medical conditions intersect, requiring integrated assessment, structured safety planning, coordination within subspecialty clinics, and adherence to established standards of care across both behavioral health and pediatric medicine.

Dr. Garofano serves on the American Psychological Association's Measurement-Based Care Advisory Committee, reflecting national-level involvement in advancing evidence-informed standards and accountability in clinical practice. With formal training and professional experience in school psychology, he maintains strong familiarity with educational systems, psychoeducational evaluation, IEP, and Section 504 processes, and collaboration with school personnel. His peer-reviewed scholarship addresses mood disorders, trauma and adversity, caregiver psychological vulnerability, neurocognitive disorders, and the integration of mental and somatic healthcare. Collectively, his high acuity psychiatric expertise, pediatric medical psychology fellowship training, academic faculty appointment, national advisory role, and school-based systems knowledge position him to provide clear, scientifically grounded expert opinions in matters involving child and adolescent mental health, suicide risk, trauma, neurocognitive and psychiatric conditions, medically complex youth, and standards of care in medical and school contexts.

## EDUCATION AND TRAINING

2017-2019 Postdoctoral Fellowship Johns Hopkins, Child and Adolescent Psychiatry Division  
Pediatric Medical Psychology  
Primary Mentors: Rick Ostrander, EdD & Carisa Parrish, PhD

2017 PhD University of South Florida School Psychology, Pediatric School Psychology Track (APA Accredited)  
Primary Mentor: Kathy Bradley-Klug, PhD

2016-2017	Internship	Illinois School Psychology Consortium Illinois State University Psychological Service Center – Medical (APA Accredited) Primary Mentor: Brenda Huber, PhD, ABPP
2017	EdS	University of South Florida School Psychology (APA Accredited) Primary Mentor: Kathy Bradley-Klug, PhD
2013	MA	Rhode Island College Counseling Specialization: School Psychology
2008	BA	University of Rhode Island Major: Psychology Minor: Business Mentor: Nansook Park, PhD, NCSP

### **PROFESSIONAL EXPERIENCE**

2023-present	Assistant Professor, Division of Child and Adolescent Psychiatry, Pediatric Medical Psychology, Johns Hopkins School of Medicine, MD
2019-2023	Instructor, Division of Child and Adolescent Psychiatry, Pediatric Medical Psychology, Johns Hopkins School of Medicine, MD
2017-2019	Fellow, Division of Child and Adolescent Psychiatry, Pediatric Medical Psychology, Johns Hopkins School of Medicine, MD
2016-2017	Intern, Illinois State University Psychological Service Center - Medical, Illinois School Psychology, Consortium, IL
2014-2016	Graduate Clinical-Research Assistant, United States Department of Veterans Affairs, FL
2013-2014	Graduate Research Assistant, University of South Florida, FL
2011-2013	Research Assistant, Brown University, RI
2010-2011	Classroom Behavior Specialist, Bradley Hospital, RI
2007-2011	Residential Worker, South Shore Mental Health, RI

### **PUBLICATIONS (peer-reviewed)**

1. **Garofano, J. S.**, & Pak, C. H. (2025). Traumatic brain injury in adolescents: the relationship between high school exiting status and future productivity. *Brain Injury*, 39(10), 840–846.
2. Ong, J, Agrawal, P, **Garofano, JS**, Parrish, C, Psoster, J, Brady, T. (2025). Depression and anxiety prevalence in a pediatric obesity hypertension clinic: Impact of the COVID-19 pandemic. *Clinical Pediatrics*.

3. **Garofano, JS**, Nakase-Richardson, R., Barnett, SD, Yablon, SA, Evans, C., & Zaim, N. (2024). Delirium following traumatic brain injury in adolescents: Symptomatology and prediction of ability to return to school or employment one-year post-injury. *PM&R: The Journal of Injury, Function and Rehabilitation*. *PM&R*, 16(2), 122-131.
4. **Garofano, JS.**, Borden, L, Van Eck, K, Ostrander, R, Parrish, C, Grados, M, Chiappini, E, Reynolds, E. K. (2023). Subtypes of depressed youth admitted for inpatient psychiatric care: a latent profile analysis. *Research on child and adolescent psychopathology*, 1-13.
5. Sommerhalder, M. S., Schulman, J., Grados, M., Parrish, C., Praglowski, N., Ostrander, R., **Garofano JS.**, Seivert NP, Reynolds, E. K. (2021). Preliminary Findings from the Implementation of Behavioral Parent Training in a Partial Hospitalization Program. *Evid Based Pract Child Adolesc Ment Health*, 6(4), 473-483.
6. Hanlon CE, Binka E, **Garofano JS**, Sterni LM, Brady, TM (2019). The association of obstructive sleep apnea and left ventricular hypertrophy in obese and overweight children with history of elevated blood pressure. *J Clin Hyperten.*, 21(7), 984-990.
7. Silva MA, Dillahunt-Aspillaga C, Patel N, **Garofano JS**, Martinez KM, Lynn CA, Rechkemmer MB, Nakase-Richardson R. (2019). Functional Outcome and Mental Health Symptoms in Military Personnel and Veterans Pursuing Postsecondary Education after Traumatic Brain Injury: A VA TBI Model Systems Study. *Rehab Res Policy Educ*, 33(1).
8. Smith ND, Lynn CA, **Garofano JS**, LaRosa KN (2017). Nontraditional school psychology training experiences. *National Association of School Psychologists Communiqué*, 45(7), 35.
9. Nakase-Richardson R, Stevens LF, Tang X, Lamberty GJ, Sherer M, Walker WC, **Garofano JS** (2017). Comparison of the VA and NIDILRR TBI Model System cohorts. *J Head Trauma Rehabil*, 32(4), 221-233
10. Kamper J, **Garofano J**, Schwartz D, Silva M, Zeitzer J, Modarres M, Barnett S, Nakase-Richardson R. (2016). The concordance of actigraphy with polysomnography in traumatic brain injury neurorehabilitation admissions. *J Head Trauma Rehabil.*, 31(2), 117-125.
11. Tan TX, Jordan-Arthur B, **Garofano JS**, Curran L. (2016). Mental health trainees' explicit and implicit attitudes toward transracial adoptive families headed by lesbian, gay, and heterosexual couples. *J Homosex*, 1-19.
12. Davies SC, Tedesco M, **Garofano JS**, Jantz PB (2016). The school psychologist as the concussion team leader. *National Association of School Psychologists - Communiqué*. 45(2).
13. Suldo, SM., Hearon, BV., Bander, B., McCullough, M., **Garofano, JS**, Roth, RA, & Tan, SY (2015). Increasing elementary school students' subjective well-being through a classwide positive psychology intervention: Results of a pilot study. *Contemporary School Psychology*, 19, 300-311.
14. Bradley-Klug K, **Garofano J**, Lynn C, DeLoatche K, Lam Y (2015). Returning to school after a concussion: Facilitating problem solving through effective communication. *School Psychology Forum*, 9(3), 184-198.

## Editorials

1. **Garofano, J. S.**, & Gearhart, J. P. (2025). Invited commentary on: Psychological and sexual outcomes in patients With bladder exstrophy and their caregivers. *Journal of pediatric surgery*, 162881. Advance online publication. <https://doi.org/10.1016/j.jpedsurg.2025.162881>

2. **Garofano JS**, Kudchadkar SR (2022). The blurred lines between mental and somatic healthcare: Screening caregiver psychological vulnerability to improve clinical care. *Pediatr Crit Care Med*. 23(4), 330-332.

#### Published Abstracts

1. **Garofano, J. S.**, Parthasarathy, S., Barnett, S., Eldridge, M., Gojer, S., & Yanguas, J. (2024, April). Pediatric Bowel and Bladder Dysfunction: Expectations of Treatment Response based on Symptom Severity Classification. *Journal of Pediatric Psychology*. (Vol. 49, pp. 129-129).

2. Wass, A., **Garofano, JS.**, Parrish, C., & Brady, T. M. (2023). Adverse Childhood Experiences and Cardiovascular Disease Risk In Childhood: A Pilot Study. *Hypertension*, 80(Suppl\_1), A031-A031.

3. Agrawal, P., **Garofano, JS.**, Parrish, C., Ong, J., Poster, K., Brady, T. (2022). The Impact of Mood Disorder Treatment on Cardiovascular Disease Risk in an At-Risk Pediatric Population Short Title: Impact of Mood Disorder Treatment on Cardiovascular Disease Risk. *Pediatric Academic Society*

4. **Garofano J**, Nakase-Richardson R, Evans C, Barnett S, Yablon S (2017). Phenomenology of delirium after traumatic brain injury among adolescents and young adults. *J Head Trauma Rehabil*. 32(6) E95-E96.

5. Burns KM, **Garofano JS**, Schwartz D, Silva MA, Nakase-Richardson R (2015). Self-reported sleepiness and relationship to objective sleep quality measures using actigraphy in acute TBI. *Arch Phys M*, 96(10), e64.

6. Silva MA, Martinez KM, Schmitt M, Lynn C, Dillahunt-Aspillaga CT, **Garofano JS**, Nakase-Richardson R (2015). VA TBIMS study of mental health and functional characteristics of military/veterans returning to school. *Arch Phys M*, 96(10), e21

#### ORGANIZATIONAL LEADERSHIP

(2025 - Present) American Psychological Association - Measurement-Based Care Advisory Committee

(2025 - Present) Society of Pediatric Psychology - Pediatric Urology SIG, Treasurer

(2024 – Present) Pediatric Critical Care Medicine, Editorial Board Member

(2017- 2018) National Association of School Psychologists - Pediatric School Psychology SIG, President

#### SELECTED ACADEMIC PRESENTATIONS

Conference Symposium/Oral Presentations (Peer-reviewed)

1. **Garofano, JS.** (2026, May). Making Measurement Work: Equipping Pediatric Psychologists to Build Measurement-Based Care Systems in Multidisciplinary Clinics. Strategic skill-building presentation accepted to the Society of Pediatric Psychology Annual Conference.

2. Perez, C., Parthasarathy, S., Goray, I., **Garofano, JS.** (2023, August) Visual analysis of the Top Problems Assessment: An inter-clinician reliability study. Oral presentation presented at the American Psychological Association Annual Conference.

- Awarded the APA Assessment Community Student Poster Award

3. **Garofano J.** & Marks L. (2020, February) Postdoctoral fellowships and the EPPP. Hermetet-Lindsay K. (Chair). Navigating pediatric school psychology internships, post-doctoral fellows, and careers. Symposium Presented at the National Association of School Psychologists Annual Convention, Baltimore, MD.
4. **Garofano J.** (2019, August) The pediatric school psychologist's role as a fellow in an academic medical setting. Hermetet-Lindsay K. (Chair). Finding a Seat at the Table: A Call for the Essential Role of School Psychologists in Pediatric Settings. Symposium Presented at the American Psychological Association Annual Convention, Chicago, IL.
5. Nakase-Richardson R, Stevens L, Tang X, Lamberty G, Sherer, Walker W., . . . **Garofano, J.** (2017, August). Do civilian epidemiologic studies inform military TBI epidemiology? A comparison of the VA and NIDILRR TBI Model System cohorts. Oral presentation presented at the Military Health System Research Symposium, Kissimmee, FL.
6. **Garofano J.** (2017, February) Adolescent traumatic brain injury and high school graduation: Prevalence, prediction, and 5-year outcomes. Paper presented at the National Association of School Psychologists Annual Convention, San Antonio, TX.
7. Barclay C, Hearon B, **Garofano J**, Storey E, LaRosa K, Lam G, Suldo S. (2016, February). Integrated behavioral health promotion: Evidence supporting an interconnected systems framework. Paper presented at the National Association of School Psychologists Annual Convention, New Orleans, LA.
8. Lynn C, Wesley K, Bradley-Klug K, **Garofano J**, Cambric M. (2016, February). The role of health literacy in promoting positive student outcomes. Paper presented at the National Association of School Psychologists Annual Convention, New Orleans, LA.
9. Tan TX, Jordan-Arthur B, **Garofano J**, Curran L. (2016, January). Mental health trainees' explicit and implicit attitudes towards transracial adoptive families headed by heterosexual, lesbian and gay couples. Paper presented at the 5th International Conference on Adoption Research, Auckland, NZ.
10. Holcomb E, Schwartz DJ, McCarthy M, Geck R, **Garofano J**, Modarres M, Barnett S, Schwaiger E, NakaseRichardson R. (2015, June). Incidence of sleep Apnea in Consecutive TBI admissions at a VA Polytrauma Rehabilitation Center. Paper presentation at the Southern Sleep Medicine Society. Awarded the 2015 Founders Award for Best Student-Led Presentation
11. Kamper J, Nakase-Richardson R, Schwartz D, McCarthy M, Kretzmer T, **Garofano J**, Geck R, Anderson W (2015, February). The validity of actigraphy as a sleep correlate in the TBI population. Paper presentation at the International Neuropsychological Society Annual Conference, Denver, Colorado.
12. Bander B, Suldo S, Hearon B, **Garofano J**, McCullough M, Tan S, Lam Y. (2015, February). A classwide positive psychology intervention: Increasing elementary school students' happiness. Paper presentation at the National Association of School Psychologists Annual Conference, Orlando, FL.
13. **Garofano J**, Lynn C, Bradley-Klug K. (2015, February). Managing students return to learn after a concussion. Paper presentation at the National Association of School Psychologists Annual Conference, Orlando, FL.

14. Suldo S, Hearon B, **Garofano J**, Sabinis, Connolly J. (2015, February). Developing a district-wide multi-tiered system of student mental health services. Paper presentation at the National Association of School Psychologists Annual Conference, Orlando, FL.

15. Nakase-Richardson R, Harrison-Felix C, **Garofano J**. (2014, October). Comparison of NIDRR and VA TBIMS enrollees on pre-Injury, demographic, and rehabilitation outcomes. In J Kean (Chair), What is unique about military and veteran rehabilitation after brain injury? Symposium Presentation at the American Congress of Rehabilitation Medicine Annual Conference, Toronto, CA.

16. Nakase-Richardson R, Holcomb E, Schwartz D, McCarthy M, Geck D, **Garofano J**, Modarrees M. (2014, October). Incidence of sleep apnea in the acute neurorehabilitation setting. In R Nakase-Richardson (Chair), Framework for the study of sleep disturbance following acute neurologic injury. Symposium Presentation at the American Congress of Rehabilitation Medicine Annual Conference, Toronto, CA.

17. Lynn C, **Garofano J**, Bradley-Klug K, Shaffer-Hudkins E. (2014, August). Youth with concussions: Symptom identification and matching accommodations. Oral presentation, presented at the University of South Florida's Counselor Education Institute, Tampa, FL.

18. Suldo SM, Hearon B, McCullough M, Bander B, **Garofano J**, Tan S, Connolly J. (2014, August). Classwide intervention to improve elementary school children's subjective well-being. Oral presentation, presented at the American Psychological Association Annual Convention, Washington D.C.

#### Poster Presentations (peer-reviewed)

1. **Garofano, JS.**, Parthasarathy, S., Barnett, S., Eldridge, M., Gojer, S., Yanguas, J. (April, 2024). Pediatric bowel and bladder dysfunction: Expectations of treatment response based on symptom severity classification. Society of Pediatric Psychology Annual Conference.

2. Parthasarathy, S., Perez, C., **Garofano, JS.** (2023, August). Empirically Emergent Subtypes of Depressed Youth Admitted to Psychiatric Care. American Psychological Association's Annual Conference.

3. Agrawal, P., **Garofano, JS.**, Parrish, C., Ong, J., Psoter, K., Brady., T. (2022, April). Mood disorders and cardiovascular disease risk: Impact of treatment and biological sex. Pediatric Academic Society's Annual Conference.

4. Perez, C., **Garofano, JS.**, Boyapallie, S., Urbina, EM., Brady, TM. (2022, April) Impact 24-hr Ambulatory Blood Pressure Monitoring on Sleep in Youth and Association with Nocturnal Measurements. Pediatric Academic Society's Annual Conference.

5. **Garofano, JS.**, Perez, C., Parthasarathy, S., Smith, M., Parrish, C., Brady, T. (2022, April). Association of selfreport of sleep practices with cardiovascular disease risk factors among youth with obesity and elevated blood pressure. Pediatric Academic Societies Annual Conference., Denver, CO.

6. Agrawal, P., **Garofano, JS.**, Parrish, C., Ong, J., Psoter, K., Brady, T. (2022, April). The impact of mood disorder treatment on cardiovascular disease risk in an at-risk pediatric population. Pediatric Academic Societies Annual Conference, Denver, CO.

7. Sommerhalder MS, **Garofano JS**, Brosbe MS. (2020, February) Psychoeducational outcomes of complex congenital heart disease. National Association of School Psychologist Annual Convention, Baltimore, MD.
8. Townes S, **Garofano, JS.**, Zeitzer J, Kamper J, Holcomb E, Silva M, Schwartz DJ, Nakase-Richardson, R. (2016, May). Feasibility of actigraphy in acute TBI neurorehabilitation admissions: A VA TBIMS Study. Veteran Affairs Research Day, Tampa, Florida.
9. Kamper J, **Garofano JS**, Schwartz D, Silva M, Zeitzer J, Modarres M, Thomas B, Nakase-Richardson R. (2016, February) The concordance of actigraphy with polysomnography in TBI neurorehabilitation admissions. Academy of Academic Psychiatrists Annual Conference.
10. Silva M, Lynn C, Haskin A, **Garofano JS**, Martinez K, Massengale J, Boyce J, Scott S, Nakase-Richardson. (2015, May). VA traumatic brain injury model system of research: 2015 update. Veteran Affairs Research Day, Tampa, Florida.
11. Suldo SM, **Garofano JS**, Roth R, Hearon B, Wang H, Sabnis S, Lam Y. (2014, August). Moving a district to a multi-tiered system of support for students' mental health. American Psychological Association Annual Convention, Washington D.C.
12. **Garofano JS**, McGuire B, Park N, Peterson, C. (2009, June). Happy birthdays in Major League Baseball. First World Congress of Positive Psychology, Philadelphia, PA.

#### Invited Talks

- 6/2023 **Garofano, J.**, Gooray, I., Basu, T., Parthasarathy, S. Emotional and behavioral support for the exstrophy patient. Johns Hopkins Urology – Annual Bladder Exstrophy Picnic
- 1/2023 **Garofano, J.** Subtypes of Depressed Youth Admitted for Inpatient Psychiatric Care: A Latent Profile Analysis. Johns Hopkins Mood Disorders Research Conference, Baltimore, MD.
- 7/2022 **Garofano, J.** The role of behavioral psychology in bladder exstrophy. Johns Hopkins Urology - Annual Bladder Exstrophy Picnic
- 6/2020 **Garofano J.** Measurement-based care: From the classroom, clinic, to post-op. Chinese University of Hong Kong, Hong Kong.
- 08/2020 **Garofano, J.** & Parrish C. School-based supports for youth with Chronic Kidney Disease, Webinar to support the Improving Renal Outcomes Collaborative.
- 09/2019 **Garofano J.** Motivational Interviewing: Facilitating heart healthy behaviors. Invited Oral Presentation, Boosting primary care awareness and treatment of childhood hypertension: Hypertension diagnosis and management algorithm (BP-CATCH), Webinar to support the BP-CATCH study/initiative.
- 3/2017 **Garofano J.** Adolescent traumatic brain injury: The relationship between high school graduation and adult productivity. Nationwide Children's Hospital, Columbus, OH

3/2017 **Garofano J.** Traumatic brain injury: The relationship between high school exiting and future productivity. A Grand Slam Every Time: Celebrating the Research & Mentoring of Dr. Edward S. Shapiro, Bethlehem, PA.

5/2014 **Garofano J,** Lynn C, Bradley-Klug K. Concussions: The brain and school-based management. Hillsborough School District Multiple Case Consultation Meeting for School Psychologists, Tampa, FL.