

HELENA HAYNES



FNP-BC, DNP, MSN, RN, APRN-NP

480.737.8730

hhaynesconsulting@gmail.com

EDUCATION

Doctorate of Nursing Practice, Nursing (DNP)
University of Arizona, Tucson, AZ, May 2013

Masters of Science, Nursing (MS)
Family Nurse Practitioner Emphasis, University of Arizona, Tucson, AZ, May 2013

Bachelors of Science, Nursing (BSN)
Cum Laude, Dean's List, Regis University, Denver, CO, December 2008

Bachelors of Arts, Integrative Physiology (BA)
With Honors, University of Colorado, Boulder, CO, December 2005

PROFESSIONAL EXPERIENCE

NextCare Urgent Care, Phoenix, AZ 12/2015 - present
Family Nurse Practitioner
Effectively demonstrates the ability to care for diverse patient population in a fast-paced environment while upholding the standard of care.

University of Arizona, College of Nursing 1/2025 – present
Instructor, Masters Entry Program Nursing

NextCare Urgent Care, Phoenix, AZ 11/2020 -08/2024
Area Medical Leader, East Valley
Provide overall medical and clinical assistance to providers and staff of 13 clinics in the East Valley employing nearly 60 providers.

Deseret Family Medicine, Gold Canyon, AZ 07/2013 – 03/2015
Family Nurse Practitioner
Successfully managed and treated a large daily patient load, with major focus on a complex geriatric population. Crafted successful treatment plans consistent with rigorous standards of care and professional practice guidelines.

Banner Good Samaritan Medical Center, Phoenix, AZ 08/2011 – 02/2012
Resource Nurse: Medical Surgical, Neurosurgical, and Trauma Intensive Care Units
Provided professional nursing care for variety of patient complications in multiple critical care settings.

Banner Good Samaritan Medical Center, Phoenix, AZ 01/2010 – 08/2011
Registered Nurse: Neurosurgical Intensive Care Unit
High-profile assignment responsible for providing nursing care and treating critically ill patients post brain surgery including craniotomies, shunt placement, ventricular drain placement, and complex conditions including TBI, stroke, aneurysms, and spinal injuries. Conducted in-depth training courses to upgrade clinical knowledge and capabilities of the Neurosurgical nursing team.

Banner Good Samaritan Medical Center, Phoenix, AZ
Registered Nurse: Neuro-Trauma Step-Down Unit
Chartered with responsibility as Stroke Response Team Nurse.

01/2009 - 01/2010

PROFESSIONAL CERTIFICATIONS/COURSES

Family Nurse Practitioner (FNP-BC), American Nurses Credentialing Center (ANCC),
Actively licensed in the following States: Arizona, New Mexico, Colorado

Commercial Driver's License Medical Examiner. National Registry of Certified Medical Examiners, U.S.
Department of Transportation, Federal Motor Carrier Safety Administration

Advanced Cardiac Life Support (ACLS), American Heart Association

DEA and Controlled Substance Authority

Legal Nurse Consulting, University of Arizona Center for Legal Studies

PRESENTATIONS/COMMUNITY EDUCATION

Neuroscience Nursing Symposium – Invited Speaker. *Continuum of Care for the Neuroscience Patient*. Banner
Good Samaritan Medical Center, February 28, 2014.

International Stroke Conference - Nursing Symposium Abstract, *Doctor of Nursing Practice-led Transitions
of Care Model for Stroke and TIA. Poster Presentation*. Honolulu HI, February 6-8, 2013.

Recent Hype in Hypertension Guidelines, Gold Canyon Ledger, October 2014

Common Questions and Answers about Shingles, Gold Canyon Ledger, September 2014

The Heat is On! Gold Canyon Ledger, August 2014

Who is Providing My Healthcare? Gold Canyon Ledger, July 2014

LinkIn! Community Cancer Connections, University of Arizona, 2011

SELECTED GRANTS, FELLOWSHIPS, HONORS & AWARDS

Arizona Area Health Education Centers (AHEC)
University of Arizona, Program Grant

American Association of Critical Care Nurses
Continuing Professional Development Scholarship

Lois Prosser Memorial Scholarship
University of Arizona, College of Nursing

Graduated with Honors Recognition, Integrative Physiology Department,
University of Colorado Boulder
President – Physiology Club, University of Colorado Boulder 2003-2005

PUBLICATIONS

Haynes, H.N., Gallek, M.J., Sheppard, K.G., Drake, K.W., Ritter, L.S., (2015) *Transitions of Care for
Stroke and TIA*. J. Am, Associate Nurse Practitioner. [Epub ahead of print] DOI: 10.1002/2327-
6924.12219