



Eugenia F. Zimmerman M.D.

Pain Management

Physical Medicine and Rehabilitation

Raleigh/Durham/Chapel Hill area

919-724-3559 (cell)

eugenia.zimmerman@emergeortho.com

eugenzimmerman8623@gmail.com

Employment

Jan 2024-present

Medicolegal consulting: expert witness, independent medical exams, disability evaluations in spine, nerve, and musculoskeletal injuries.

30+ depositions as an expert witness/treating physician in worker's comp and personal injury cases. Deposed by both defense and plaintiff attorneys. 2002-present

July 2024-present

Sub-investigator (Sub-I) for clinical research trials
Rare Disease Research
Hillsborough, NC

Assisting the Principal Investigator (PI) during clinical research studies. The Principal Investigator is the lead researcher responsible for all ethical, technical, administrative, and fiscal elements of the study.

Jan 2016-present

EmergeOrtho-Triangle Division peer review committee chair

Created a policy-driven peer review committee in a physician-owned outpatient practice utilizing industry standards for quality and process. Successfully incorporated OPPE/FPPE processes into the practice culture.

Jan 2010-Dec 2023	Physician-Shareholder EmergeOrtho –Triangle Division Durham, NC
	<i>High-volume outpatient physiatry practice of comprehensive chronic pain management with an emphasis on interventional procedures and complex medication management for spine, nerve, and musculoskeletal conditions. EmergeOrtho is a large physician-owned orthopedic practice serving 5 metro areas across North Carolina. The Triangle Division serves Raleigh/Durham and the surrounding area.</i>
Jan 2017-Dec 2023	EmergeOrtho-Triangle Rehab Medicine medical director
	<i>Administrative responsibility for 12 physicians, 8 APPs, 5 fluoroscopy suites across 11 different office locations, offering comprehensive, multi-disciplinary pain management and electrodiagnostics.</i>
Jan 2017-Dec 2023	EmergeOrtho -Triangle Division executive committee
	<i>A 10 person leadership circle elected by shareholders to advise senior administration on operations, finance, physician staffing, and larger strategic business decisions.</i>
Jan 2011-Dec 2023	EmergeOrtho-Triangle Division finance committee
	<i>A 14 person leadership committee elected by shareholders to review, monitor, and advise on finance matters related to the company.</i>
March 2007-Dec 2009	Employed physician. Triangle Orthopedics Durham, NC
	<i>In 2016, Triangle Orthopedics merged with several other physician-owned orthopedic practices across North Carolina to become EmergeOrtho</i>

July 2003-Jan 2007 Assistant Professor
Dept. of Physical Medicine and Rehabilitation
Michigan State University – College of Osteopathic Medicine
East Lansing, MI

July 2002-June 2003 Clinical Instructor
Dept. of Physical Medicine and Rehabilitation
Michigan State University – College of Osteopathic Medicine

Postgraduate training

Fellowship Interventional Pain Management
Triangle Orthopedic Associates
Durham, NC
March 2007- March 2008

Fellowship Osteopathic Manual Medicine and Physical Medicine and
Rehabilitation
Michigan State University, Dept of PM&R
East Lansing, MI. July 2002-June 2003

Residency Physical Medicine and Rehabilitation
Michigan State University/College of Osteopathic Medicine
East Lansing, MI
July 1999-June 2002

Internship Transitional Year Internship
The Reading Hospital and Medical Center
Reading, PA
July 1998-June 1999

Education

Doctor of Medicine Medical College of Virginia
School of Medicine VCU/MCV Campus
Richmond, VA
August 1994-May 1998

Bachelor of Arts Eastern Mennonite University
Harrisonburg, VA
September 1987-December 1991

Other Positions

- 2023-present Case reviewer for North Carolina Medical Board
- 2023-present. Case reviewer for Curi medical malpractice insurance company
- May 2009, 2010, 2011 Guest Examiner for the ABPM&R oral boards
- Jan 2007-2017 Adjunct Clinical Faculty
Dept of Physical Medicine and Rehabilitation
Michigan State University – College of Osteopathic Medicine
East Lansing, MI
- Oct 2005 –Jan 2007 Assistant Professor
Dept of Osteopathic Manipulative Medicine
Michigan State University – College of Osteopathic Medicine
East Lansing, MI

Medical Licensure

State of North Carolina active since 2006 No. 2006-01531
DEA Certificate 2002-current
Held licensure in Michigan 1999-2007

Diplomate

American Board of Physical Medicine and Rehabilitation
May 2003 No. 7460. Recertified 2013 and 2023

American Board of Independent Medical Examiners
October 2007.

American Board of Pain Medicine
April 2008. Recertified 2018

Fellow

American Academy of Physical Medicine and Rehabilitation
2003-present

Hospital Affiliation

Pain Management Dept, North Carolina Specialty Hospital 2007- 2023
Durham Rehabilitation Institute, Durham Regional Hospital 2007- 2017.
Pain Management Dept, Granville Medical Center 2007- 2017
Department of PM&R with interventional privileges. Rex Hospital 2008-2018
Department of PM&R Wake Med Hospital 2008-2018
Duke Raleigh Hospital 2008-2017
Pain Management Dept. Blue Ridge Surgical Center 2008-2021
Attending Psychiatrist Medical Rehabilitation Center, Ingham Regional Medical Center
2002-2007

Professional Memberships

American Board of Pain Medicine
Physicians for Responsible Opioid Prescribing

Publication

Wieting JM, Andary MT, Holmes T, Zimmerman EF, Rechten JJ. "Manipulation, Massage, and Traction." In: DeLisa JA (ed.) Rehabilitation Medicine: Principles and Practice (4th ed). Lippincott-Raven, Philadelphia. 2005.

Last updated 5/4/25