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Professional Experience:

Plymouth County Correctional Facility – Registered Nurse (2026 – Present)

Employment Status: Per Diem

- Deliver direct nursing care to incarcerated individuals within a secure correctional setting, performing intake assessments, chronic disease management, and acute episodic care.
- Assess, treat, and monitor patients with substance use disorders, co-occurring mental health conditions, and complex medical comorbidities.
- Administer medications and treatments in accordance with physician orders, facility protocols, and correctional health regulatory standards.
- Respond to medical and behavioral emergencies within the facility, coordinating with custody staff and external emergency services as needed.
- Document clinical assessments, interventions, and outcomes in the electronic medical record in compliance with correctional, state, and federal standards.

Legacy Place – Registered Nurse, Detoxification Unit (2026 – Present)

Employment Status: Per Diem

- Perform comprehensive admission assessments for patients presenting with alcohol, opioid, benzodiazepine, and polysubstance withdrawal.
- Manage high-acuity patients in acute withdrawal using evidence-based protocols such as CIWA and COWS, titrating medications and escalating care as clinically indicated.
- Document risk stratification, clinical decision-making, and patient response to treatment in the electronic medical record.
- Respond rapidly to medical and behavioral emergencies, including seizures, delirium tremens, overdose reversal, and acute psychiatric decompensation.
- Collaborate with physicians, counselors, and recovery coaches to coordinate discharge planning and continuity of care into longer-term treatment programs.
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Innovive – Registered Nurse, Home Health Care (2024 – Present)

Employment Status: Per Diem

- Deliver comprehensive skilled nursing care and case management to home-based patients across medical, surgical, and behavioral health populations.
- Perform head-to-toe assessments, wound care, medication reconciliation, and disease-specific interventions within the patient's home environment.
- Educate patients, families, and caregivers on diagnoses, medication regimens, and self-management strategies to reduce avoidable rehospitalization.

Boston Medical Center – Registered Nurse / Charge Nurse, Adult Psychiatric Unit (2024 – Present)

Employment Status: Per Diem

- Provide holistic nursing care to adult patients admitted with acute psychiatric, behavioral, and co-occurring substance use disorders.
- Serve as charge nurse, overseeing unit operations, directing staff assignments, and coordinating admissions, discharges, and transfers in real time.
- Lead de-escalation, crisis intervention, and emergency response for patients experiencing acute agitation, self-harm risk, or suicidal ideation.
- Administer psychotropic medications, including PRN and emergency medications, and monitor for therapeutic effect and adverse reactions.
- Mentor newer staff, lead patient education initiatives, and promote a collaborative team culture aligned with trauma-informed care principles.
- Assess suicide risk and implement suicide precautions.

Beth Israel Plymouth Hospital – Registered Nurse / Charge Nurse, Senior Behavioral Unit (2020 – 2025)

Employment Status: Full-Time

- Delivered specialized nursing care to geriatric patients with acute psychiatric, behavioral, and cognitive conditions, including dementia-related behavioral disturbances.
- Delivered medical care such as IV infusions, bladder irrigation, catheters and managing emergency medical needs such as rapid response.
- Served as charge nurse of the unit from 2021 – 2025, managing staffing, patient assignments, admissions, and inter-unit coordination during each shift.
- Led interdisciplinary rounds with psychiatry, geriatrics, social work, and therapy services to develop individualized treatment and discharge plans.
- Provided patient- and family-centered education on diagnoses, medications, safety planning, and transitions of care.
- Championed evidence-based practice improvements and mentored new nurses and nursing students on geriatric behavioral health care.

Morton Hospital – Registered Nurse, Geriatric Psychiatric & Detoxification Units (2023 – 2025)

Employment Status: Per Diem

- Provided specialized nursing care to geriatric psychiatric patients and adult patients in acute substance withdrawal.
- Conducted comprehensive admission and ongoing assessments, including use of CIWA-Ar and COWS withdrawal scoring tools.
- Administered and titrated medications in accordance with evidence-based detoxification and psychiatric protocols.
- Guided patients and families through the treatment and recovery process, providing education on diagnoses, medications, and post-discharge resources.
- Partnered with physicians, social workers, and counselors to champion best-practice standards and support continuity of care.

St. Elizabeth's Hospital – Registered Nurse, Adult Psychiatric Unit (2020 – 2022)

Employment Status: Per Diem

- Managed nursing care for adult patients admitted with acute mental illness, including psychotic disorders, mood disorders, and suicidal ideation.
- Conducted mental status examinations, safety assessments, and ongoing risk evaluations, escalating care when clinical status changed.
- Administered psychotropic medications and monitored for therapeutic response, side effects, and drug interactions.
- Delivered individual and group patient education focused on illness self-management, coping skills, and relapse prevention.
- Collaborated with psychiatrists, social workers, and case managers to coordinate discharge planning and continuity of outpatient care.

Norcap Lodge – Registered Nurse, Detoxification Unit (2018 – 2021)

Employment Status: Full-Time

- Delivered specialized nursing care to adult patients in acute withdrawal from alcohol, opioids, benzodiazepines, and polysubstance use.
- Completed comprehensive admission assessments and applied evidence-based withdrawal protocols to guide medication management and escalation of care.
- Monitored patients continuously for seizure activity, hemodynamic instability, and behavioral decompensation, intervening promptly when indicated.
- Educated patients and families on addiction, recovery, harm reduction, and available community resources.
- Collaborated with multidisciplinary teams to ensure safe transitions from detoxification into longer-term rehabilitation programs.

Norwood Hospital – Registered Nurse, Geriatric Psychiatric Unit (2018 – 2020)

Employment Status: Full-Time

- Coordinated nursing care for geriatric patients admitted with acute psychiatric, behavioral, and cognitive conditions.
- Performed comprehensive assessments, including cognitive screening, fall-risk evaluation, and behavioral monitoring.
- Administered and monitored psychotropic and medical medications, attending to the heightened sensitivity and polypharmacy risks of the geriatric population.
- Supported families and caregivers through diagnosis, treatment planning, and discharge, including placement into long-term care when indicated.
- Partnered with psychiatrists, geriatricians, social workers, and therapy services to maintain high professional standards and compassionate care.

South Shore Mental Health – Behavioral Health Progressive Experience (2008 – 2017)

Employment Status: Full-Time

- **Crisis Team Triage Clinician (2011 – 2017)**
 - Triage incoming crisis calls, providing real-time risk assessments, de-escalation, and support to clients and families in psychiatric distress.
 - Accepted and routed community referrals for crisis team evaluation, ensuring timely response to acute behavioral health needs.
 - Coordinated follow-up care, including scheduling emergency services appointments and completing triage-related documentation.
 - Served as a key clinical point of contact for police, emergency departments, schools, and community providers seeking crisis consultation.
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- **Community Case Worker (2010 – 2011)**
 - Managed a caseload of clients with severe and persistent mental illness, serving as the primary liaison among clients, families, guardians, and service providers.
 - Led development and execution of risk and crisis management plans, intervening during periods of acute decompensation.
 - Coordinated access to psychiatric, medical, housing, and social services, advocating for continuity of care across systems.
 - Documented interventions, outcomes, and clinical decision-making in accordance with agency and state requirements.
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- **Residential Educator (2008 – 2010)**
 - Implemented individualized treatment plans supporting goal attainment and symptom management for residents with chronic mental illness.
 - Taught daily-living skills, including cooking, budgeting, medication self-management, and social-skills development.
 - Transported and accompanied residents to medical appointments, therapy, and community activities.
 - Collaborated with clinical staff to monitor progress and escalate emerging behavioral or medical concerns.

Certifications:

Certified Legal Nurse Consultant (CLNC) – Vickie Milazzo Institute
Psychiatric-Mental Health Nursing Board Certification (PMH-BC) – American Nurses Credentialing Center
Gerontological Nursing Board Certification (GERO-BC)- American Nurses Credentialing Center
Basic Life Support – American Heart Association

Professional Affiliations:

American Association of Legal Nurse Consultants
American Psychiatric Nurses Association
American Nurses Association
Sigma Theta Tau International Honor Society of Nursing

Education:

University of Massachusetts – Boston, Massachusetts (Degree Conferred)
Bachelor of Science in Nursing – Summa Cum Laude, GPA 3.9
December 2017

University of Massachusetts – Boston, Massachusetts (Degree Conferred)
Bachelor of Arts in Psychology & Criminal Justice – Summa Cum Laude, GPA 3.9
May 2005

Leadership & Honors:

Elected Class President, University of Massachusetts Boston Nursing Cohort (2017)

Inductee, Sigma Theta Tau International Honor Society of Nursing (2017)