



Ryan S. McCarty, M.D.

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Academic History

Fellowship Training

2020-2021 Pain Medicine Fellowship, University of California Los Angeles, ACGME-accredited

Residency Training

2016-2020 Residency, Physical Medicine and Rehabilitation, Emory University School of Medicine

2019-2020 Chief Resident, Physical Medicine and Rehabilitation, Emory University School of Medicine

Colleges & Universities Attended

2006-2010 B.S., Biology, Emory University

2012-2016 M.D., Medical College of Georgia

Licensure & Board Certification

2025 **Certified Life Care Planner**, International Commission on Health Care Certification (ICHCC)

2021 **Board Certification in Pain Medicine**, ACGME

2021 **Board Certification in Physical Medicine and Rehabilitation**, American Board of Physical Medicine and Rehabilitation (ABPMR)

2020 **California Medical License**

Professional Experience

2021-current **Attending Physician, Interventional Pain Medicine, Physical Medicine & Rehabilitation, Greater Los Angeles VA Medical Center**

2023-current **Assistant Professor, Department of Medicine, Division of Physical Medicine and Rehabilitation, David Geffen School of Medicine, University of California Los Angeles**
Instruct UCLA fellows, residents and medical students in pain medicine and physical medicine and rehabilitation.

2022-2023 **Clinical Instructor, Department of Medicine, Division of Physical Medicine and Rehabilitation, David Geffen School of Medicine, University of California Los Angeles**
Instruct UCLA fellows, residents and medical students in pain medicine and physical medicine and rehabilitation.

Professional Activities and Awards

2025 UCLA Physical Medicine and Rehabilitation Resident Teaching Award 2025 for excellence in resident physician teaching, academic year 2024-2025

2023-present Medical Device Inventor, Needle Assembly with Integrated Curvature Mechanism (Pending, USPTO Application No. 18/502,774)

2022-present Greater Los Angeles Veteran Affairs Healthcare System Pain Medicine Care in the Community (CITC) Designation of Authority

- 2024 MedTech Innovator 2024 West Coast Pitch Event Judge
- 2023 UCLA Physical Medicine and Rehabilitation Resident Teaching Award 2023 for excellence in resident physician teaching, academic year 2022-2023
- 2018 American Society of Interventional Pain Physicians (ASIPP) 20th Annual Meeting (2018) Oral Abstract First Place
- 2015-2016 Gold Humanism Honor Society 2015-2016

Research/Publications

- 2024 Jin M, Nguyen T, **McCarty R**. Chemical neurolysis in a patient with exertional compartment syndrome. Podium Presentation at Association of Academic Physiatrists Annual Meeting. 2024 Feb 23.
- 2024 Jin M, Nguyen T, **McCarty R**. A Case Report of restoration of sinus rhythm in a patient with atrial fibrillation undergoing spinal radiofrequency ablation. Poster Presentation at Association of Academic Physiatrists Annual Meeting. 2024 Feb 22.
- 2024 Tran, V, Pham, Q, **McCarty R** et al. Implementation of Suicide Screenings in a Veterans Affairs Chronic Pain Clinic. Poster Presentation at Association of Academic Physiatrists Annual Meeting. 2024 Feb 22.
- 2023 Dinh NA, Nguyen T, **McCarty R**. Chapter 32: Visceral Pain – Anatomy and Pain Modulation. In: Eapen BC, Cifu DX, eds. *Pain Medicine in PM&R: Board Review*. 1st ed. Elsevier. (In Press).
- 2018 **McCarty R**, Patel K, Rozak M, Chandrasekhar E, McCrate A, Abramoff B, Reed M, Milton B, Strasser D. Patient pain satisfaction scores unaffected by opioid reduction protocol utilizing morphine equivalent dose calculations. *Annals of Physical and Rehabilitation Medicine*. 2018 Jul 1;61: e3. Free Paper Presentation at International Society of Physical and Rehabilitation Medicine (ISPRM) World Congress.
- 2009 **McCarty R**, Bostick R. (August, 2009). Effects of Vitamin D and Calcium Supplementation on Growth-related Marker, TGF-alpha, in Normal Colon Mucosa: A Randomized, Double-blind, Placebo-controlled Clinical Trial Poster presented at: Summer Undergraduate Research at Emory (SURE) Program Poster Symposium; Atlanta, GA, USA.
- 2008 **McCarty R**, Cekic M, Stein, Donald. (April, 2008). Progesterone Alters Neurotrophin Balance and Receptor Expression in Rats with Traumatic Brain Injury Poster presented at: Scholarly Inquiry & Research at Emory (SIRE) Symposium; Atlanta, GA, USA.

Teaching Experience

- 2021-present UCLA Clinical Assistant Professor and faculty member for the UCLA/West LA VA Pain Medicine Fellowship and the UCLA Physical Medicine and Rehabilitation Residency Program. I instruct pain medicine fellows in all aspects of pain medicine, including advanced interventional procedures. Additionally, I instruct resident physicians and medical students in physical medicine and rehabilitation, with expertise in ultrasound-guided procedures and spasticity management for patients with conditions such as traumatic brain injury, spinal cord injury, and stroke.

Lectures

- 2023, 2022, 2021 Complications of Epidural Steroid injections. University of California Los Angeles Pain Medicine Fellowship Faculty Lecture Series. ACGME CME lecture.

Expert Not Retained