

# David G. Lancaster DO, CIME, CLCP

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## Profile

Board-certified physician in Physical Medicine and Rehabilitation, Independent Medical Examinations, and Life Care Planning. Interests include inpatient and outpatient rehabilitation with a focus on general rehab, CVA, TBI, multi-trauma, debility, musculoskeletal medicine, acute and chronic pain, OMT, and EMG/NCS.

## Experience

**Medical Director**, 2024 - Present

***Lancaster Medical Associates, LLC***

- Performing independent medical examinations, and disability ratings.
- Creating life care plans.
- Performing cost analysis.
- Performing medical file reviews.
- Experienced professional expert.

**Staff Physician**, 2010 - 2024

**Medical Director Inpatient Rehabilitation Unit**, 2014 - 2024

***Capital Region Medical Center***, Jefferson City, Missouri

- Responsible for managing the medical and therapy care of patients in a 14 bed rehabilitation unit.
- Administrative duties included monthly medical director meetings, reviewing policy, and educating staff during quarterly meetings.
- Coordinating discharge planning with the patient, family, and rehab team.
- Diagnosing and treating musculoskeletal disorders with OMT and conservative methods including injections, therapy, and home exercise plans.
- Performing EMG/NCS.

**Staff Physician**, 2009 - 2010

***LifeSpan Medicine***, Dallas, Texas

- Diagnosing and treating musculoskeletal disorders with conservative methods.

- Responsible for direct patient care of acute and chronic conditions, emphasizing preventative medicine.
- Researching and developing treatment protocols based on best medical evidence.

**Staff Physician, 2007 - 2010**

***UNT Health Science Center*, Fort Worth, Texas**

- Working as an in-house physician at Carswell Federal Medical Center, a female federal prison.
- Responsible for primary and emergency care for the inmate population.
- Assessing, diagnosing, and treating acute and chronic illnesses.
- Performing hospital admissions and initial medical management.

**Staff Physician, 2008-2009**

***Fibromyalgia and Chronic Fatigue Center*, Dallas, Texas**

- Diagnosing and treating patients suffering from fibromyalgia and chronic fatigue syndrome using conventional and integrative methods.
- Lecturing monthly to the general public about fibromyalgia and chronic fatigue to educate them about conventional and integrative treatments.

## **Teaching**

**Adjunct Clinical Preceptor, June 2014 to 2024**

***A.T. Still University*, Kirksville, Missouri**

**Adjunct Clinical Assistant Professor, June 2011 – July 2018**

***Kansas City University of Medicine and Biosciences*, Kansas City, Missouri**

## **Committee Membership**

### ***Capital Region Medical Center***

**Chair of the Department of Medicine, 2017 - 2019**

**Vice-Chair of the Department of Medicine, 2015 - 2017**

**Professional Review Panel, 2017 - 2024**

**Utilization Review Committee, 2017 - 2024**

**Medical Executive Committee, 2017 - 2019**

**Credentials Committee, 2017 - 2019**

**Bylaws Committee, 2017 - 2019**

## **Education and Training**

**Residency – Physical Medicine and Rehabilitation**, 2005 – 2008  
**Baylor Institute of Rehabilitation**, Dallas, Texas

**Rotating Internship**, 2004 – 2005  
**Saint Joseph's Hospital**, Philadelphia, Pennsylvania

**Doctor of Osteopathy**, 2004  
**Philadelphia College of Osteopathic Medicine**, Philadelphia, Pennsylvania

- Completed a one-year teaching fellowship in Osteopathic Musculoskeletal Manipulation.

**BS in Communications**, 1998  
**Middle Tennessee State University**, Murfreesboro, Tennessee

## **Professional Memberships**

**American Academy of PM&R**, 2005 - Present  
**Missouri Association of Osteopathic Physicians and Surgeons** 2014 - Present

- Missouri Delegate of AOA, 2024 - Present
- Board of Trustees, 2025-2028
- Legislative Committee 2025 - Present

**Missouri State Medical Association**, 2023 - Present  
**American Osteopathic Association**, 2023 - Present  
**International Association of Rehabilitation Professionals**, 2024 - Present  
**Association of Certified Life Care Planners**, 2024 - Present

## **Presentations and Publications**

“Stroke: Statistics, Types, Anatomy, and Prevention” Presentation at Capital Region Medical Center. 2023.

“Upper and Lower Amputations and Effects on Function”. Presentation at Capital Region Medical Center. 2019.

“The Rehabilitation Unit: Focus on Function” Presentation at Healthy Review Primary Care Seminar. 2013.

“The Science of Connection” Presentation at Healthy Review Primary Care Seminar. 2012.

“Nerve Conduction Study and Electromyography: When and Why to Order Them” Presentation at Capital Region Medical Center. 2011.

“Fibromyalgia and Chronic Fatigue Syndrome: An Integrative Approach” Presentation at Healthy Review Primary Care Seminar. 2011.

“Inflammation: An Integrative Approach” Presentation at Healthy Review Primary Care Seminar. 2011.

“Dual Diagnosis of Traumatic Spinal Cord and Brain Injury: Analysis of Baylor Institute of Rehabilitation Data.” Presentation at Grand Rounds at Baylor Institute of Rehabilitation. 2008.

“Traumatic Spinal Cord and Brain Injury: Implications for Pressure Sores.” AM Warren, DG Lancaster et al, Poster Presentation at the American Psychological Association. 2007.

“Co-Morbid Traumatic Brain Injury and Spinal Cord Injury: A Comparison of Three Groups.” AM Warren, DG Lancaster et al, Poster Presentation at the American Spinal Injury Association. 2007.

“Correlates of Pressure Sore Occurrence During Inpatient SCI Rehabilitation.” AM Warren, DG Lancaster, et al Poster Presentation at the American Psychological Association. 2007.

“Osteopathic Treatment of a 26 year-old Woman with Bell’s Palsy”  
DG Lancaster, WT Crow, *JAOA*; 2006;106,5:285-289.

“Osteopathic Treatment of a 26 year-old Woman with Bell’s Palsy” Presentation at AAO Convocation. 2003.

## **Licensure and Certification**

Licensed in Missouri, 2010 - Present

Board Certified in Physical Medicine and Rehabilitation, 2009 - Present

Certified Life Care Planner by ICHCC, 2024 - Present

Certified Independent Medical Examiner 6<sup>th</sup> Ed. AMA Guides by ABIME, 2023 - Present

Certified in Integrative and Holistic Medicine, 2008 - 2018