

MD | FACP | HMDC | CMD | Experience Nursing Home Physician & Medical Director

## PROFESSIONAL SUMMARY

General internist, educator, and physician executive with two decades of experience as a strategic health care change management leader, in both business and clinical settings. Deep knowledge of medical innovation, the organizational and process skills to lead scalable growth initiatives. Has strong clinical experience from primary care to hospice care with specific focus on care and outcomes for frail elders and post-acute transitions. Has effectively leveraged metrics-based quality and performance improvement initiatives, as well as workflow design and organizational management expertise, to improve care quality and efficiency as a medical director of community-based medical group practices.

## CLINICAL/ACADEMIC APPOINTMENTS

**North Shore Medical Center** - Holds appointment/admitting privileges at Mass General Brigham affiliated hospital.

**Lahey Health Systems, Beverly Hospital** - Palliative Care Consultant at Lahey Health Systems-affiliated community hospital.

**Cambridge Health Alliance** – Attending physician admitting privileges. Harvard Medical School Teaching Faculty Appointment

## CERTIFICATIONS

- Certified Hospice Medical Director
- Certified Medical Director

## PROFESSIONAL EXPERIENCE

### MEDICAL DIRECTOR

North Shore Physicians Group, (Peabody, MA)

2018 – Present

Mass General Brigham Salem Hospital, (Salem MA)

- Provide direct care and oversee a team of physicians and nurse practitioners
- caring for residents in long term care and post-acute settings in skilled nursing facilities.
- Work with leadership of Mass General Brigham Health Care
- continuum programs to improve quality metrics in post-acute care including
- length of stay, unplanned re-hospitalizations, and use of home health resources.
- Support business development to increase access to quality home-based care for
- frail elders and launch a frailty consult service to support the orthopedic
- department fracture quality outcomes.

- Act as key faculty for serious illness conversation training across the enterprise to improve advanced directive process and end of life care. Completed Lean for Leaders course to support enterprise goals of improved efficiency, outcomes, and patient experience.

## **Project ECHO Cohort Facilitator**

2020 – 2021

## **Boston Hope Medical Director**

2020

- Member of the leadership team of physicians and administrators to open the Boston Hope Center, a 1000 bed post-acute care field hospital at the Boston Convention Center to serve a population recovering from COVID-19 infection.
- A collaboration between Commonwealth of Massachusetts, Mass General Brigham, Boston Health Care for the Homeless, United States Armed Services.
- Recruited and rapidly trained physicians and nurse practitioners to provide post-acute care, electronic health record use, safety protocols, and rapid response.

## **Mass General Brigham Post Acute Care Working Group**

2020 – 2022

Advised MGB emergency response command center on status, needs, and barriers in the post-acute setting during the outbreak.

## **Medical Director of Quality**

CARE DIMENSIONS, (Danvers, MA)

2014 – 2018

- Worked closely with nursing leadership and the Chief Medical Officer to meet objectives that include developing staff education program, evidence-based care protocols, and leveraging technology to improve patient care quality and safety.
- Supported business development team by providing community education around hospice and palliative care services and developing partnerships with other health care organizations.

Served as site coordinator and supervisor for 10 physicians and nurse practitioners in training from MGH palliative care fellowship.

## **Associate Hospice Medical Director and Palliative Care Physician**

CARE DIMENSIONS, (Danvers, MA)

2009 – 2018

- Served as full-time medical staff overseeing patient care at Kaplan Family Hospice House, and two outpatient hospice teams including patients in home care and long-term care facilities.
- Additionally, provided palliative care consultation at community hospitals, skilled nursing facilities, and in the home.
- From 2009-2014 served as a per-diem Staff Physician at the Kaplan Family Hospice House, a 20-bed inpatient facility.

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## **EBSCO Information Services (Ipswich, MA)**

2007 – 2014

Executive Director of Medical Content Strategy ('13 – '14)

Senior Deputy Editor, DynaMed, EBSCO Publishing ('11 – '14)

Deputy Editor ('07 – '11)

- Leveraged professional medical editorial team, operations, and content leadership to help achieve major profitable growth of flagship DynaMed proprietary point-of-care physician reference electronic database product.
- Then promoted to wider content strategy leadership role, including new product initiatives and oversight of DynaMed, patient and pediatric care reference database products.
- Played central health care organization customer/sales support role.

## **Medical Director**

North Shore Community Health Center, (Salem, MA)

2009 – 2010

- Three-location health provider of primary care and family medicine, as well as dental services, in the Salem, Peabody and Gloucester area.
- Reporting to board of directors and CEO, supervised 10-member professional medical staff.
- Played leading role in selection, set-up, and organizational use of new electronic medical records system.

## **Primary Care Internist**

2002 – 2007

## **Medical Director**

2005 – 2007

Cambridge Health Alliance, (Cambridge, MA)

- Health care system serving nearly 200,000 patients in Cambridge, Somerville and Boston's MetroNorth from its flagship Cambridge Hospital and community health centers.
- Affiliated with Beth Israel Deaconess Medical Center and a teaching hospital of Harvard Medical School and Tufts University School of Medicine.

## ACTIVE PROFESSIONAL ORGANIZATIONS

- American Medical Directors Association
- American College of Physicians
- Massachusetts Medical Society
- American Board of Internal Medicine
- MGB Salem Hospital Medical Executive Committee - Appointed to 2-year term to serve at Secretary-Treasurer

## VONULTEERING

Massachusetts Senior Care Association

- Volunteer physician advisor for skilled nursing facility advocacy group to provide support and infection control and guidance to facilities throughout Massachusetts.

## AWARDS

- Mass General Brigham – Physician of
- Excellence (2021), Excellence in Care Delivery (2020)

Pending Retention

References & Case Work Available Upon Request