

MATTHEW HESS, MD

PROFESSIONAL SUMMARY

I have been a family practice physician for 18 years in Fort Wayne, Indiana. I grew up in Fort Wayne and graduated from Snider High School. After obtaining a Bachelor of Science from Indiana University, I went to Indiana University School of Medicine to complete a Doctor of Medicine, graduating in 2002. I completed my first two years of medical school at Indiana Purdue Fort Wayne and the final two years at Indiana University Purdue University Indianapolis. I completed family practice residency at the Fort Wayne Medical Education Program. I have worked 18 years with Parkview Physicians Group in Fort Wayne. I also worked part time as an attending physician at the Fort Wayne Medical Education program from 2006-2022. There, I taught residents, over saw hospital rounds and gave occasional lectures. Since 2022, I have been working with internal medicine residents through Parkview's Internal Medicine Residency. I have also had 1st and 2nd year medical students shadow me in the office from the Indiana University School of Medicine, and numerous nurse practitioner students follow me from the University of St. Francis and occasionally from other local colleges. I served as medical director for Biolife Plasma Center for several years. I have worked for our local behavioral hospitals, Parkview Behavioral Health and Park Center. In this role, I perform history and physicals and treat acute medical issues that arise.

SKILLS

- Teaching
- Disease Prevention
- Pediatric Medicine
- Patient Education
- Diagnosis and Treatment
- Family Medicine
- Minor Dermal Surgery
- Patient Counseling
- Primary Care
- Patient Education
- Diagnosis and Treatment
- Chart Review
- Staff Collaboration
- Patient Counseling
- Primary Care
- Patient Education
- Diagnosis and Treatment
- Family Medicine

WORK HISTORY

ATTENDING PHYSICIAN 01/2022 to Current

Parkview Internal Medicine Residency, Fort Wayne, Indiana

- Staff residents in continuing care clinic
- Assessed case presentations, differential diagnosis and evidence-based practices of each resident
- Evaluated rotation plans and made improvements to curriculum
- Educated medical professionals on effective strategies for managing acute and long-term requirements of different patients
- Critiqued knowledge and abilities of medical students and residents

PHYSICIAN 01/2016 to Current

Park Center, Fort Wayne, Indiana

- Perform admission physicals for Park Center in the Acute Inpatient Psychiatric Unit and

Addiction Residential Unit and take call for any medical treatment after patients are admitted

- Thoroughly examined patients and elicited medical history data to use in assessing health and identifying conditions

FAMILY PHYSICIAN 01/2005 to Current

Parkview Physician Group, Fort Wayne, Indiana

- Practice in multi-physician hospital owned practice
- Examine 25-30 patients per day
- Answer hundreds of questions on EMR daily
- See patients of all ages and provide minor surgical procedures such as skin tag and cyst removal
- Administered or prescribed treatments

PHYSICIAN 01/2007 to 01/2022

Parkview Behavioral Health, Fort Wayne, Indiana

- Performed admission physicals for pediatrics, adult, and geriatric psychiatric patients
- Oversee nurse practitioners that work as medical providers

ATTENDING PHYSICIAN 01/2005 to 01/2022

Fort Wayne Medical Education, Fort Wayne, Indiana

- Oversaw family practice residents as attending physician in both inpatient and outpatient settings
- Occasionally gave lectures.
- Evaluated rotation plans and made improvements to curriculum
- Educated medical professionals on effective strategies for managing acute and long-term requirements of different patients
- Assessed case presentations, differential diagnosis and evidence-based practices of each professional

MEDICAL DIRECTOR 01/2010 to 01/2015

Biolife Plasma Center, Fort Wayne, Indiana

- Responsible for reviewing medical records to ensure that patients could safely donate plasma
- Supervised clinical staff, providing continuous professional development opportunities and training to maintain and strengthen competencies
- Maintained compliance with local, national and federal requirements for staff education and certifications
- Improved patient outcomes and delivery of care through improved clinical quality processes

EDUCATION

Fort Wayne Medical Education, Fort Wayne, IN
Resident, 01/2005

Indiana University School of Medicine, Indianapolis, IN
M.D., 01/2002

Indiana University, Bloomington, IN
Bachelor of Science, Biology, 01/1998

**VOLUNTEER
POSITION**

I serve as mentor for various medical students and Nurse Practitioners from our various local colleges.