

Aida Dabreo MSN, PMHNP-BC, FNP-BC, FNP-C

Phone: 917.667.2201 | email: aidadabreomp@gmail

EDUCATION:

Adelphi University, Garden City, NY

Post-Master's Certificate in Nursing, PMHNP, May 2021, GPA 4.0

Rutgers University, Newark, NJ

Master of Science in Nursing, FNP, May 2011, GPA 4.0

Drexel University, ACE Program, Philadelphia, PA

Bachelor of Science in Nursing, April 2007.

Long Island University, Brooklyn, NY

Bachelor of Science in Computer Science, January 2003

EXPERIENCE:

March 2022 - present

Essential Mental Wellness, PLLC, Dallas, TX

Psychiatric Mental Health Nurse Practitioner

- Conduct psychiatric evaluations and medication management for adult patients.
- Diagnose mental health and substance use disorders.
- Educate patients about pharmacological and non-pharmacological forms of treatment management including meditation, deep breathing, positive affirmations, positive self-talk, and psychotherapy.
- Assessed need for, ordered, obtained and interpreted appropriate lab tests.
- Educate clients in understanding their mental health disorder and treatment plan.

December 2016 -April 2022

New York Presbyterian, Columbia University Medical Center, New York, NY

Pain Management Nurse Practitioner

- Evaluate and manage post operative spine surgery pain for patients of world-renowned spine surgeons.
- Order and manage patient controlled analgesic pumps and ketamine infusions.
- Educate patients about pharmacological and non-pharmacological forms of pain management including opiates, aromatherapy, meditation, deep breathing, physical therapy, psychological therapy and multi modal pain regimens.

September 2015- December 2016

New York Presbyterian, Columbia University Medical Center, New York, NY

Assistant Nurse Manager of Transplant services

- Provide clinical support to staff caring for post operative lung, liver and renal transplants on a 36-bed unit with 9 step-down beds.
- Balance and coordinate staffing using Kronos application.
- Cochair of the Nursing Electronic Documentation committee.

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June 2013 – June 2014

New York Methodist Hospital, Brooklyn, NY

Assistant Nurse Manager of Critical Care Services

- Overnight nurse manager of a 20 bed MICU/SICU, 8 bed surgical step-down unit, 8 bed neurological step-down unit, and 13 spot PACU.
- Perform general administrative duties such as payroll, bed flow management, and quality improvement projects.

May 2011- September 2015

New York Presbyterian, Columbia University Medical Center, New York, NY

Registered Nurse, Post Anesthesia Care Unit (per diem June 2013-July 2014)

- Provide care to post operative patients including renal transplant donor and recipients, neurosurgical, orthopedic, gynecological, vascular and general surgery patients.
- Pain management resource nurse.

January 2010 – May 2011

New York Presbyterian, Columbia University Medical Center, New York, NY

Registered Nurse, Medical Intensive Care Unit

- Provide care to mechanically ventilated, multiple organ failure, chronic and acute patients in a 24-bed unit with diagnoses such as ARDS, renal failure, H1N1, pneumonia, liver transplants, GI bleed, amongst many other diagnoses.
- Manage and provide CVVHD and ECMO to MICU patients.
- Titrate various IV medication drips and monitor hemodynamically unstable patients.

January 2009- January 2010

Saint Vincent Catholic Medical Center, New York, NY

Registered Nurse, Medical Intensive Care Unit

- Provide nursing care to adults with various diagnoses such as ARDS, PCP pneumonia, septic shock, cardiogenic shock, DKA, HHNK, various cancers, respiratory failure, drug over dosage, amongst many others.
- Provide care to patients with mechanical ventilators, endotracheal tubes, tracheostomy, and chest tubes.

August 2008-April 2009

New York Hospital Queens, Flushing, NY

Per Diem Registered Nurse, Coronary Care Unit

- Provide care to adults in an 8-bed unit, with diagnoses including myocardial infarction, atrial fibrillation, status post cardiac catheterization.
- Provide care to patients with pacemakers, AICD, post AAA treatment.

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September 2007-April 2008

United Staffing Systems/ Nursing Solutions, New York, NY.

Per Diem School Nurse

- Administer daily and PRN medications to students with diagnoses such as epilepsy, ADHD, and asthma.
- Monitor blood sugar and follow diabetic protocols.
- Perform vision and hearing screenings.

July 2007- December 2008

Overlook Medical Center, Atlantic Health System, Summit, NJ

Registered Nurse, Neurosurgical Intensive Care Unit

- Provide nursing care to adults in a 20-bed unit, with various diagnoses including cranial aneurysms, subarachnoid hemorrhages, brain tumors, epilepsy, increased ICP.
- Provide care to patients with mechanical ventilators, endotracheal tubes, tracheostomy, and chest tubes.

LICENSE & CERTIFICATIONS:

- Psychiatric Mental Health Nurse Practitioner Board Certification, ANCC
- Family Nurse Practitioner Board Certification, ANCC
- Family Nurse Practitioner Certification, AANP
- Psychiatric Nurse Practitioner licenses in NY, TX, MD and OR.
- Family Nurse Practitioner licenses in NY, TX, and MD
- DEA license in the states of NY, TX, MD, and OR.