



Kelsey M. Flint, MD, MSCS, FACC

Board Certified Cardiologist

Kelsey Flint MD PLLC
700 N Colorado Blvd
Suite 727
Denver, CO 80206

Cell: 303-681-8596

Email: contact@kelseyflintmd.com

Areas of Expertise

- Cardiovascular Disease (Cardiology)
- Advanced Heart Failure

Medicolegal Services

- Case screen for merit
- Affidavit of merit
- Comprehensive case review
- Medical Report (Case Report)
- Deposition
- Trial

Medical License

- Colorado

Board Certifications

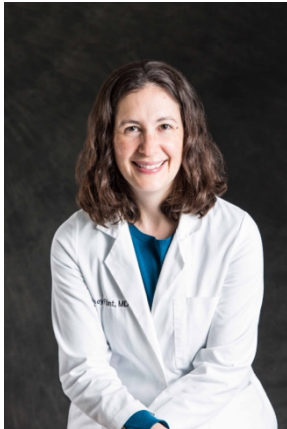
- Internal Medicine
- Cardiovascular Disease
- Advanced Heart Failure

Current Clinical and Academic Position

- Assistant Professor of Medicine
School of Medicine, Division of Cardiology
University of Colorado & Rocky Mountain Regional VA Medical Center
- Description: full time position consisting of cardiology inpatient and outpatient care, medical education and research

Publications

- 29 publications
- Description: 7 invited editorial comments; 2 opinion pieces; 19 peer-reviewed original research articles, reviews and cases reports



Kelsey M. Flint, MD, MSCS, FACC

Board Certified Cardiologist

Kelsey Flint MD PLLC
700 N Colorado Blvd
Suite 727
Denver, CO 80206

Cell: 303-681-8596

Email: contact@kelseyflintmd.com

Personal Statement: I am a physician and cardiologist board certified in Cardiovascular Disease, Advanced Heart Failure, and Internal Medicine with an active, unrestricted medical license in Colorado. As an attending physician since 2018, I treat a wide range of conditions within cardiology including mild to advanced heart failure and evaluation for heart transplant or mechanical heart, hypertension, diagnosis and surveillance of aortic aneurysm, coronary artery disease, atrial fibrillation, heart attack (myocardial infarction), and pre-operative cardiac risk assessment (a.k.a. "cardiac clearance").

I practice in an academic setting which includes writing, presenting, and teaching in my daily work. My professional accomplishments are recognized by my peers in the form of Fellow designation within the American College of Cardiology (FACC), 29 peer-reviewed publications, 4 research grants and numerous invited talks.

Education:

- 2016-2018 Colorado School of Public Health
Master of Science in Clinical Science (MSCS)
- 2007-2011 University of Colorado School of Medicine
Doctor of Medicine (MD)
- 2003-2007 Virginia Polytechnic Institute and State University
Bachelor of Science (BS)
Double major in Biochemistry and Human Nutrition, Foods and Exercise

Postdoctoral Training:

- 2017-2018 Fellow
Advanced Heart Failure Fellowship
University of Colorado - Anschutz Medical Campus
- 2014-2017 Fellow
Cardiovascular Disease Fellowship
University of Colorado - Anschutz Medical Campus
- 2011-2014 Intern and Resident
Internal Medicine Internship and Residency
Stanford University

Board Certification:

- 2018 Board-Certified for Advanced Heart Failure by the American Board of Internal Medicine
- 2017 Board Certified in Cardiovascular Disease by the American Board of Internal Medicine
- 2014 Board Certified in Internal Medicine by the American Board of Internal Medicine

Medical License:

- 2014 - present Colorado Medical License
- 2012-2014 California Medical License

Academic Appointment:

- 2018 - present Assistant Professor
Medicine, Division of Cardiology
Rocky Mountain Regional VA Medical Center
University of Colorado School of Medicine

Clinical/Hospital Appointments:

- 2018 - present Co-Director, Heart Failure Program
Rocky Mountain Regional VA Medical Center

Invited extramural lectures and presentations:Local

- 2023 *University of Colorado Division of Cardiology Research Conference*
Cardiac Rehabilitation Participation in Heart Failure Over Time: An Analysis of the Colorado All Payer Claims Database
Heart Failure Summit, Colorado Chapter of the American College of Cardiology
- 2022 Debate: Stethoscope vs. POCUS for physical exam in Heart Failure
Heart Failure Summit, Colorado Chapter of the American College of Cardiology
- 2022 *University of Colorado Division of Cardiology Grand Rounds*
Physical Rehabilitation for Frail Older adults Hospitalized for Heart Failure
- 2017-2019 Guess the Diagnosis: Quiz Game for Cardiologists
- 2019 *Heart Failure Summit*, Colorado Chapter of the American College of Cardiology
- 2016 Mitral Regurgitation in Heart Failure: Debate Amongst the Experts
Heart Failure Summit, Colorado Chapter of the American College of Cardiology
- 2015 Health Status Trajectories Among Outpatients with Heart Failure
Palliative Care Research Days at the University of Colorado

Regional

- 2008 Abdominal Adiposity, Oxidative Stress and Vascular Endothelial Dysfunction in Pre- and Postmenopausal Women
Medical Student Training in Aging Research Annual Meeting

National

- 2022 Perfect Is the Enemy of Good: How Best to Utilize Limited Resources in the Treatment of Heart Failure Globally — A "Global Health Spoken Here" Session
American College of Cardiology Annual Meeting
Washington DC
- 2021 Intrathoracic Impedance Monitoring
Heart Failure Society of America Annual Meeting
Virtual Annual Scientific Meeting
The Patient Looks Frail – Should We Proceed?

- 2019 *International Society of Heart and Lung Transplantation*
Orlando, Florida
Cardiac Rehabilitation in Frail Older Adults with Cardiovascular Disease
American Association of Cardiovascular and Pulmonary Rehabilitation
Portland, Oregon
- 2019 Cardiac Rehabilitation in Frail Older Adults with Cardiovascular Disease
American Association of Cardiovascular and Pulmonary Rehabilitation
Portland, Oregon
- 2018 PA pressure in cardiopulmonary pathology: A case of HF in a lung transplant
Heart Failure Society of America Annual Meeting
Nashville, Tennessee
- 2018 Not All Frailty is Created Equally in HF: Gender Differences
Heart Failure Society of America Annual Meeting
Nashville, Tennessee
- 2017 Troubleshooting the Patient with the Durable LVAD
Heart Failure Society of America Annual Meeting
Dallas, Texas
- 2016 Physiology of Frailty in Older Adults with Heart Failure
Heart Failure Society of America Annual Meeting
Orlando, Florida
- 2015 Global and Disease-Specific Health Status in Patients Undergoing Continuous-Flow Left Ventricular Assist Device Placement
American Heart Association Quality of Care and Outcomes Research Conference
Orlando, Florida
- 2015 Global and Disease-Specific Health Status in Patients Undergoing Continuous-Flow Left Ventricular Assist Device Placement
9th Annual INTERMACS Meeting
Baltimore, Maryland

Invited Moderator Positions for Professional Society Meetings:

- 2023 Treating the Whole Patient Including Comorbidities
American College of Cardiology Annual Meeting
New Orleans, LA
- 2022 The Age Conundrum: Coronary Artery Disease in Older Adults
American College of Cardiology Annual Meeting
Washington DC

Teaching Record

Formal Teaching of Medical Students:

- | | | |
|----------------|---|---|
| 2022 - present | Site Preceptor for the VA Longitudinal Integrated Clerkship | -Rocky Mountain Regional VA Medical Center
Yearlong commitment to teaching a medical student in my clinic about how to see and evaluate patients in addition to cardiology-specific content |
| 2020 - present | Connections in Cardiology Site Director | -Rocky Mountain Regional VA Medical Center
I organize a 2-week clinical block annually for 4 th year medical students designed to exposed them to all facets of cardiovascular care |
| 2018 - present | Inpatient rounds | -Rocky Mountain Regional VA Medical Center
Teach 1-2 medical students per year who are on the inpatient cardiology team how to evaluate and treat patients hospitalized for a cardiovascular problem |

2014-2019	Cardiovascular, Pulmonary and Renal small groups for 1 st year medical students	-University of Colorado Four 2-hour small group sessions going over case examples
2012	Cardiovascular and Pulmonary Sciences Seminar for 2 nd year medical students	-Stanford University 30-minute lecture
2014-2019	Cardiovascular, Pulmonary and Renal small groups for 1 st year medical students	-University of Colorado Four 2-hour small group sessions going over case examples

Formal Teaching of Internal Medicine Residents:

2018 - present	Inpatient rounds	I teach 3-4 medical residents per year who are on the inpatient cardiology team how to evaluate and treat patients hospitalized for a cardiovascular problem.
2018 - present	Internal Medicine Resident Specialty Clinic Preceptor	-Rocky Mountain Regional VA Medical Center I precept a medical resident interested in cardiology in my clinic during their 2 nd and 3 rd years of residency. I teach the resident about the evaluation and treatment of patients with heart failure and other cardiovascular diseases. <u>Due to popular demand, this position has been continuously filled since I started on faculty in 2018.</u>
2017-2018	Mechanical Circulatory Support in the CICU	-University of Colorado Monthly 30-minute lecture on the basics of ECMO and durable LVADs

Formal Teaching of Cardiology Fellows:

May 2022	Cardiology Fellow's Academic Days: ASCVD Prevention	--Rocky Mountain Regional VA Medical Center & Univ of Colorado Along with a course co-director, I designed and coordinated the Fellow's Academic Day on Atherosclerotic Cardiovascular Disease and Prevention. This will be an ongoing annual commitment. These academic days are highly rated by the fellows as being educational and a good opportunity to connect with faculty members like myself outside the clinical setting.
2021 - present	Fellow's Clinic Preceptor	--Rocky Mountain Regional VA Medical Center ½ day per month I guide 4 cardiology fellows and 1 internal medicine resident on the assessment and treatment of their clinic patients. I assist them in formulating a plan, thinking about the medical literature as it relates to their patients and help them navigate the VA system to get the care their patients need in a timely manner.
2019-2020	House of Cards Peer mentorship program	--Rocky Mountain Regional VA Medical Center Along with another faculty member, founded and co-directed this peer mentorship program meant to foster human connection and social support outside of the traditional professional setting. The program was designed to be run by the fellows themselves because it is meant to serve them and not be a "top down" mandate. For this reason, I no longer direct the program, however <u>due to popular demand it is still being implemented each academic year by the fellows themselves.</u>

Scholarly Activity Mentorship Record

2022	Poster: Medical Trainees Prefer a Novel ECG Curriculum Based on Type I Processing-Focused ECG Instruction <i>American College of Cardiology Annual Meeting</i> Washington DC	Mentee: Maranda Herner, DO (cardiology fellow)
2022	Poster: Direct-to-Consumer Genetic Testing as a Novel Method to Diagnose Non-Ischemic Cardiomyopathy <i>American College of Cardiology Annual Meeting</i> Washington DC	Mentees: Karl Gordon Patti, MD (cardiology fellow) and Pham Vy, MD (internal medicine resident)
2022	Publication: "My Amazing Heart": A Patient's Simple Request To Change Outdated Heart Failure Labels <i>Circulation: Heart Failure</i>	Mentee: Peter Boulos, MD (cardiology fellow)

Honors, special recognitions, and awards:

2018	Best Poster	University of Colorado School of Medicine	Best poster at School of Medicine Research Day
2018	ACC/AGS/NIA Workshop on Diagnostic Testing in Older Adults with CVD	American College of Cardiology	Young Investigator Travel Award
2018	Fellow of the American College of Cardiology	American College of Cardiology	Professional designation requiring letters of recommendation and evaluation by a committee
2017	Travel Award	American College of Cardiology	Travel award for annual meeting
2017	Outstanding Research Fellow Award	University of Colorado Cardiovascular Disease Fellowship Program	
2017	How to Become a Cardiovascular Investigator Conference	American College of Cardiology	Travel award for annual conference
2016	Poster Professor	American Heart Association	Invited to view and give feedback on 10 posters at the annual meeting
2015-2017	Travel Award	Heart Failure Society of America	Travel award for annual meeting
2010-2011	Alpha Omega Alpha	University of Colorado School of Medicine	Designation for outstanding members of the medical school class

2011	Honors Convocation Award for Academic Achievement During Medical School	University of Colorado School of Medicine	Class of 1956 and 1957 Endowment
2010	Best Poster	University of Colorado School of Medicine	Best poster at Women's Research Day
2007	<i>Summa Cum Laude</i>	Virginia Polytechnic Institute and State University	

Membership in professional organizations and related committees:

2011-present	American Heart Association (AHA) Member
2016-present	Quality of Care and Outcomes Research of the AHA Member
2011 – present	Early Career Committee Member (2016-2020) American College of Cardiology (ACC) Member
2015-2016	Geriatric Cardiology Section of the ACC Editorial Fellow
2018 – present	Geriatric Cardiology Section Leadership Council of the ACC Member
2015-2021	Heart Failure Society of America (HFSA) Member
2016-2018	Early Career Committee of the HFSA Member

Review and Referee work:

Invited Abstract Reviewer	2023 American College of Cardiology Annual Meeting Abstract Reviewer
Editorial Board Member	2022 – present: Circulation: Cardiovascular Quality and Outcomes
Assistant Reviewer	2017-2018; Circulation: Cardiovascular Quality and Outcomes
Early Career Reviewer	2018-2020; Journal of the American Heart Association
Ad hoc Reviewer	Journal of the American College of Cardiology Circulation: Heart Failure Circulation: Cardiovascular Quality and Outcomes European Journal of Heart Failure Journal of Cardiac Failure Journal of Heart and Lung Transplantation American Heart Journal Canadian Journal of Cardiology Archives of Gerontology and Geriatrics Journal of Hospital Medicine Journal of the American Geriatrics Society

Grant Support Awarded Through a Rigorous Peer Review Process

Current Funded Projects

2020-2023	Veteran Affairs Health Sciences Research and Development Role: Principal Investigator
-----------	--

Title: A VA-wide retrospective analysis of prevalence of physical therapy services in patients hospitalized for heart failure
Pilot study funds that will allow creation of a database of patients hospitalized for heart failure across the VA system, identify how many patients hospitalized for heart failure currently receive inpatient physical therapy services and post-acute care services such as skilled nursing facility or home health physical therapy. Variation across centers, and by urban vs. rural and academic medical center affiliation vs. none will be described. Demographic and clinical characteristics of users and non-users will be described, as well as predictors of physical therapy utilization will also be identified.

2022-2027

Veteran Affairs Rehabilitation Research and Development

Role: Principal Investigator

Title: Modification and Pilot Testing of the Capacity Coaching And exercise after Hospitalization for Heart Failure (COACH-HF) Intervention

This Career Development Award (CDA) will fund the modification and pilot testing of a novel rehabilitation intervention for older Veterans hospitalized for heart failure. The COACH-HF study will include a novel Capacity Coaching intervention delivered by a peer Veteran who also has HF. Capacity Coaching is designed to address the high healthcare workload that adults with multiple chronic conditions carry. This CDA will also support my career development and education as I aim to become an independent investigator and expert in the field of physical rehabilitation for older adults with HF.

2023 - 2024

Doris Duke Foundation

Role: Principal Investigator

Title: Award to Retain Clinician Scientists

This grant is awarded to promising, early career investigators with care-giving responsibilities outside of their professional role that threatens the progress of their research career. This grant will be used to support personnel involved in the VA CDA noted above.

2023 -2025

Abbott

Role: Principal Investigator

Title: Temporal Trends of CardioMEMs Utilization, CardioMEMs Efficacy and Characteristics of Successful CardioMEMs Programs within the Veterans Affairs Healthcare System

This industry sponsored, investigator initiated study is aimed at describing CardioMEMs utilization patterns across the VA system and across time. It also aims at identifying factors that make a VA CardioMEMs program likely to success or fail.

Past Funded Projects

2020-2022

National Institutes of Health,

National Institute on Aging Grants for Early Medical/Surgical Specialists' Transition to Aging Research (GEMSSTAR) R03 1R03AG064371

Role: Principal Investigator

Title: Pilot Study of a Moderate- to High-Intensity Home-based Rehabilitation Program as a Bridge to Cardiac Rehabilitation in Older Adults Hospitalized for Heart Failure

Pilot study that will randomize older Veterans hospitalized for heart failure to a rigorous home-based exercise intervention administered by a physical therapist

called BAMS-HF (Balance, Aerobic capacity, Mobility and Strength in Heart Failure) Program or to usual care. This project aims to assess the feasibility and acceptability of the BAMS-HF program and to estimate the preliminary effect of the BAMS-HF program on a measure of strength, balance and mobility called the Short Physical Performance Battery.

2016-2020 American Heart Association (AHA)
Heart Failure Strategically Focused Research Network (SFRN), Population Project
Role: Contributing investigator
Principle Investigators: Larry Allen, MD, MHS and Josef Stehlik, MD
Conducted a focus group at University of Colorado that contributed data to the Population project at the University of Utah. This project was an important contribution to the between-site collaboration requirement of the AHA Heart Failure SFRN.

Major Committee and Service Responsibilities:

Local

2018, 2020, 2022 Cardiovascular Diseases Fellowship Candidate Interviewer
2020 Rocky Mountain Regional VA Medical Center Life Sustaining Treatment Decisions Initiative Committee
Cardiology representative
2007-2011 University of Colorado Curriculum Steering Committee
Student body representative
2007-2008 University of Colorado Medical Student Council
Student body representative
2007-2008 University of Colorado Curriculum Oversight Committee
Student body representative

National:

2022 - present The Equity in Heart Transplant Project
Member, Senior Advisory Council

Professional Development

2023-2024 Program to Advance Gender Equity
Mid-Career Women's Leadership Development program
Leadership development workshop designed to accelerate the careers of women leaders in medicine
2022 - 2023 Colorado Clinical and Translational Sciences Institute
CO-MENTOR Program
Evidence-based strategies to teach mentor/mentee pairs the skills they need to get the most out of their mentoring relationships
2018 Colorado Clinical and Translational Sciences Institute
How to Write a Protocol Workshop
Formal instruction on writing a study protocol for IRB submission

Bibliography

Complete List of Published Work in My Bibliography:

<https://www.ncbi.nlm.nih.gov/myncbi/kelsey.flint.1/bibliography/public/>

PEER-REVIEWED PUBLICATIONS:

Original Research Investigations

1. Flint KM, Chaussee EL, Henderson K, Breathett, K, Khazanie P, Thompson JS, McIlvennan CK, Larue SJ, Matlock DD, Allen LA. Social Determinants of Health and Rates of Implantation for patients Considering Destination Therapy Left Ventricular Assist Device. *J Card Fail* 2021. December 18. doi: 10.1016/j.cardfail.2020.12.009
2. Portz JD, Ford KL, Elsbernd K, Knoepke CE, Flint K, Bekelman DB, Boxer RS, Bull S. "I like the idea of it... But Probably Wouldn't Use it" – Health Care Provider Perspective on Heart Failure mHealth: Qualitative Study. *JMIR Cardio* 2020. doi: 10.2196/18101
3. Flint KM, Shah SJ, Lewis EF, Kao DP. Variation in clinical and patient-reported outcomes among complex heart failure with preserved ejection fraction phenotypes. *ESC Heart Fail*. 2020 June. doi: 10.1002/ehf2.12660
4. Wolfahrt P, Zickmund SL, Slager S, Allen LA, Nicolau JN, Kfoury AG, Felker GM, Conte J, Flint K, DeVore AD, Selzman CH, Hess R, Spertus JA, Stehlik J. Provider Perspectives on the Feasibility and Utility of Routine Patient-Reported Outcomes Assessment in Heart Failure: A Qualitative Analysis. *J Am Heart Assoc*. 2020. January 21. doi 10.1161/JAHA.119.013047
5. Goyal P, Gorodeski EZ, Flint KM, Goldwater DS, Dodson JA, Afilalo J, Mauer MS, Rich MW, Alexander KP, Hummel SL. Perspectives on implementing a multidomain approach to caring for older adults with heart failure. *J Am Geriatr Soc* 2019. December. doi: 10.1111/jgs.16183
6. Flint KM, Brieke A, Cornwell WK 3rd, Pierce C, Cleveland JC, Pal JD. HeartMate II System controller failure presenting as device fault with repeated pump stoppages. *Circ Heart Fail* 2019. July. doi: 10.1161/CIRCHEARTFAILURE.118.005738
7. Warraich, HJ, Allen LA, Blue LJ, Chaussee EL, Thompson JS, McIlvenan CK, Flint KM, Matlock DD, Patel CB. Comorbidities and the decision to undergo or forgo destination therapy left ventricular assist device implantation: An analysis from the Trial of a Shared Decision Support Intervention for Patients and their Caregivers Offered Destination Therapy for End-Stage Heart Failure (DECIDE-LVAD) Study. *Am Heart J* 2019; July. doi: 10.1016/j.ahj.2019/04.008
8. Flint KM, Brieke A, Wiktor D, Carrol J. Percutaneous Edge-to-Edge Mitral Valve Repair may Rescue Select Patients in Cardiogenic Shock: Findings From a Single-Center Case Series. *Catheter Cardiovasc Interv* 2019; Jan 24. doi: 10.1002/ccd.28089
9. Flint KM, Fairclough DL, Spertus JA, Bekelman DB. Does heart failure specific health status identify patients with bothersome symptoms, depression, anxiety, and/or poorer spiritual well-being? *Eur Heart J Qual Care Clin Outcomes* 2019; Jan 11. doi: 10.1093/ehjqcco/qcy061 [PMID 30649237]
10. Flint KM, Brieke A, Wiktor D, Carroll J. Percutaneous Edge-to-Edge mitral valve repair may rescue select patients in cardiogenic shock: Findings from a single center case series. *Catheter Cardiovascular Intervention* 2019; Jan 24. doi: 10.1002/ccd.28089 [PMID 30677212]
11. Flint KM, Kennedy K, Arnold SV, Dodson JA, Cresci S, Alexander DP. Slow Gait Speed and Cardiac Rehabilitation Participation in Older Adults Following Acute Myocardial Infarction. *Journal of the American Heart Association* 2018;7:e008296 [PMID 29478024]

12. Flint, KM, Spertus JA, Tang F, Jones P, Fendler, TJ, Allen LA. Association of Global and Disease-Specific Health Status with Outcomes Following Continuous-Flow Left Ventricular Assist Device Implantation. *BMC Cardiovascular Diseases*. 2017 Apr; 186:127-129 [PMID 28288574]
13. Flint, KM, Schmiege SJ, Allen LA, Fendler TJ, Rumsfeld J, Bekelman D. Health Status Trajectories Among Outpatients with Heart Failure *Journal of Pain and Symptom Management*. 2017 Feb;53(2):224-231 [27756621]
14. Fendler TJ, Spertus JA, Gosch KL, Jones PG, Bruce JM, Nassif ME, Flint KM, Dunlay SM, Allen LA, Arnold SA. Incidence and Predictors of Cognitive Decline in Patients with Left Ventricular Assist Devices. *Circulation: Cardiovascular Quality and Outcomes*. 2015 May;8(3):285-91 [25925372]
15. Flint, KM, Allen LA, Pham M, Heidenreich PA. B-type Natriuretic Peptide Predicts 30-Day Readmission for Heart Failure but not Readmission for Other Causes. *Journal of the American Heart Association*. 2014 Jun;10;3(3):e000806 [PMID 24922626]
16. Flint, KM, Matlock DD, Sundareswaran KS, Lindenfeld J, Spertus JA, Farrar DJ, Allen LA. Pre-operative Health Status and Outcomes After Continuous-Flow Left Ventricular Assist Device. *Journal of Heart and Lung Transplantation*. 2013 Dec;32(12):1249-54 [PMID 24119729]

Reviews:

1. Flint KM, Stevens-Lapsley J, Forman DE. Cardiac Rehabilitation in Frail Older Adults with Cardiovascular Disease: A NEW DIAGNOSTIC AND TREATMENT PARADIGM. *J Cardiopulm Rehabil Prev* 2020 March (4)
2. Flint KM, Pastva AM, Reeves GR. Cardiac rehabilitation in older adults with heart failure: fitting a square peg in a round hole. *Clin Geriatr Med* 2019. November. doi: 10.1016/j.cger.2019.07.008
3. Flint, KM, Matlock DD, Lindenfeld J, Allen LA. Frailty and the Selection of Patients for Left Ventricular Assist Device. *Circulation: Heart Failure*. 2012 Mar;5(2):286-93 [PMID 22438521]

NON-PEER REVIEWED PUBLICATIONS:

Invited Editorial Comment

1. Flint, K. Untangling the Sex-Frailty Paradox in Heart Failure. *Circulation: Heart Failure* 2021 Sept 14; [PMID 34428918]
2. Flint, KM; Forman DE. Lessons from the First 202 REHAB-HF Participants. *Circulation: Heart Failure* 2018 Nov; 11(11):e005611 [PMID 30571199]
3. Flint, KM. Frailty in TOPCAT: A Deep Dive into the Deficit Index Approach for Defining Frailty. *European Journal of Heart Failure* 2018 Nov;20(11): 1578-1579 [PMID 30280454]
4. Flint, KM. Response to Letter to the Editor. *American Heart Journal*. 2017 Oct;192:e5 [PMID 28938971]

5. Flint, KM. Cardiac Rehabilitation in Heart Failure with Reduced Ejection Fraction: A “Take it or Leave it” Intervention. *American Heart Journal*. 2017 Apr;186:127-129 [28454827]
6. Flint, KM, Tsou WS. Pacing-Induced Cardiomyopathy: “It’s Tough to Make Predictions, Especially About the Future.” *J Cardiovasc Electrophysiol*. 2016 Oct;27(10):1180-1182 [PMID 27502329]
7. Flint, KM. Which Came First, the Frailty or the Heart Disease? Exploring the Vicious Cycle. *Journal of the American College of Cardiology*. 2015 Mar 17;65(10):984-6 [PMID 25766944]
8. Flint, KM, Allen LA. Getting a Grip on Frailty: Handgrip Strength in Patient Selection for Left Ventricular Assist Device. *Journal of Cardiac Failure*. 2014 May;20(5):316-8 [PMID 24642378]

Opinion Pieces:

9. Boulos PK, Burgin G, Johnson-Koepe R, Flint KM. “My Amazing Heart”: A Patient’s Simple Request to Change Outdated Heart Failure Labels. *Circ HF* 2022. doi: 10.1161/CIRCHEARTFAILURE.121.008679
10. Kaminski LA, Lavie CJ, Flint K, Arena R, Bond S. Working Towards Optimal Exercise Prescription: Strength Training Should Not Be Overlooked. *Cardiopulmonary Rehabil Prev* 2022. Doi: 10.1097/HCR.0000000000000696

Professional educational materials or reports, in print or other media:

1. Flint KM, Forman DH. Physical Activity and Association Between Frailty and Mortality in Older Adults. *ACC Geriatric Cardiology Website* 2019; <https://www.acc.org/latest-in-cardiology/articles/2019/02/14/13/58/physical-activity-and-association-between-frailty-and-mortality-in-older-adults>
2. Flint KM, Krishnaswami A. A Multifaceted Approach to Preventing Cognitive Decline in High Risk Older Adults: Results of the Finger Trial. *ACC Geriatric Cardiology Website* 2015; <http://www.acc.org/membership/person?id=EF926697-9712-4B9B-8E41-A791E842FA2B>

Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings:

1. Pham VA, Gordon Patti K, Flint KM. Direct-to-Consumer Genetic Testing as a Novel Method of Diagnosing Non-Ischemic Cardiomyopathy. *American College of Cardiology Annual Meeting*, April 2022
2. Herner M, Tumolo AZ, Mann A, Bunch J, Morshedzadeh JH, Flint KM. Medical Trainees Prefer a Novel Electrocardiogram Curriculum Based on Type I Processing-Focused ECG Instruction: TIP-ECG. *American College of Cardiology Annual Meeting*, April 2022
3. Flint KM, Brieke A, Wiktor D, Carroll J. Percutaneous Edge-to-Edge Mitral Valve Repair May Rescue select Patients in Cardiogenic Shock. *American Heart Association Annual Meeting* November 2018
4. Flint KM, Fairclough D, Johnson R, Bekelman D. Outcomes of Informal Caregivers of Patients with Heart Failure Enrolled in a Randomized Clinical Trial of a Collaborative Care Intervention. *Quality of Care and Outcomes Research Annual Meeting* April 2018

5. Flint, KM; Leister EC, McIlvennan CK, Thompson JS, LaRue SR, Finnigan-Fox G, Allen LA, Matlock DD; Household income is not associated with eligibility for or decision to undergo destination therapy LVAD implantation: results from the DECIDE-LVAD trial. *University of Colorado DOM Research Day* April 2018
6. Flint KM, Cornwell WK, Pierce C, Brieke A, Cleveland JC, Pal JD; Heartmate II System Controller Failure Presenting as Driveline Fault with Repeated Pump Stoppages: Lessons from Detailed Logfile Analysis. *International Society for Heart and Lung Transplantation* 2018
7. Flint KM, Finnigan-Fox G, Thompson J; McIlvennan C, Heyborne T; McGuire W, Khazanie P, Kao D, Shakowsky C, Page R, Peterson P, Magid D, Matlock DD, Allen LA. Development and Testing of a Patient Decision Aid for Medication Optimization in Heart Failure with Reduced Ejection Fraction. *American Heart Association Strategically Focused Research Network: Heart Failure Annual Meeting* November 2016
8. Flint KM, Kennedy K, Arnold SV, Dodson J, Cresci S, Spertus JA; Alexander K. Gait Speed and Cardiac Rehabilitation Participation in Patients 65 Years and Older Following Acute Myocardial Infarction. *American Heart Association* November 2016
9. Flint KM, Bradley S. A Pitfall in the Management of Acute Right Ventricular Failure Treated with Inhaled Nitric Oxide: A Case of Rebound Pulmonary Hypertension. *Heart Failure Society of America* September 2016
10. Flint KM, Schmiede S, Allen LA, Fendler TJ, Bekelman D. Health Status Trajectories Among Outpatients with Heart Failure. *Heart Failure Society of America* September 2015
11. Flint KM, Witteles R. From Palpitations to Cardiovascular Collapse: The Story of a Pheochromocytoma. *American College of Cardiology 2015 FIT Clinical Decision Making: Heart Failure and Cardiomyopathies*. March 2015
12. Flint KM, Ahuja N. Cocaine Cut with Levamisole Inflicts Wounds Beyond Skin Deep. *American College of Physicians, Northern California Chapter*. November 2012
13. Flint KM, Sundareswaran, K, Lindenfeld J, Spertus JA, Farrar D,; Allen LA. Pre-Operative Health Status is Only Weakly Associated with Mortality or Hospitalization Following Continuous-Flow Left Ventricular Assist Device Implantation. *Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke 2012 Scientific Sessions*. May 2012
14. Flint KM, Heidenreich P. Elevated Pre-discharge B-type Natriuretic Peptide Predicts 30-day Heart Failure-specific Rehospitalization. *Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke 2012 Scientific Sessions*. May 2012
15. Flint KM; Van Pelt R, Moreau, KM, Kohrt, W, Gozansky W. Menopausal Symptoms: The Role of Fitness and Fatness. *Women's Health Research Day at University of Colorado Anschutz Medical Campus*. September 2010
16. Catenacci V, Flint KM, Turbin M, Johnson S, Wing RR, Hill JO, Bessesen DH. A Questionnaire to Measure Enjoyment of Active Leisure Time Pursuits. *The Department of Medicine Fifth Annual Research Day at University of Colorado Anschutz Medical Campus*. November 2007

NOT YET RETAINED