

# LAURIE M. CONATY

## MSW, LCSW, LCAS

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### PROFESSIONAL EXPERIENCE

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#### Laurie Conaty, LCSW, LCAS, PA

September 2015 - Present

*Consultation, Training, Clinical Interventions, and Counseling*

- Provide comprehensive biopsychosocial evaluations including DSM diagnosis(es) and psychotherapeutic treatment of children, adolescents, adults and couples
- Assess treatment needs, create and manage plans, and refer to additional services when needed
- Request, review and interpret psychological testing and/or educational testing and other treatment records as applicable for incorporation into diagnostic evaluation and treatment planning
- Provide training and consultation to schools and/or healthcare providers related to child/adolescent and adult mental health and substance use issues
- Provide parent guidance and family therapy
- Coordinate with other healthcare providers for comprehensive care
- Provide trainings and consultations as noted under Trainings and Consultations

#### Motivational Interviewing Implementation Coordinator:

January 2024 - September 2025

#### North Carolina Treatment Alternatives for Safer Communities (TASC)

- Responsible for training TASC employees in NC in Motivational Interviewing, building intra-agency capacity to implement MI as a foundational intervention
- Coached existing staff to continue to implement MI in treatment culture
- Coached and consulted around strategic learning and implementation of MI
- Provided foundational trainings and ongoing coaching calls for competency growth and fidelity

#### Adjunct Instructor, Guilford Technical Community College

August 2020 - May 2021

*Greensboro, NC*

- Developed and taught courses online and hybrid: Substance Abuse Overview (including ASAM PPC), Addictive Process, and Intake and Assessment
- Used Moodle LMS and Cengage/MindTap
- Met SLO objectives, engaged students, & managed administrative details

#### Clinical Social Worker - Clinical Director - Therapist/ Founder

April 1991 - September 2015

*Center for Behavioral Healthcare, PA, Sanford, NC*

- Psychotherapy and consulting practice provided service to adults, couples, adolescents, children and industry
- General focus of psychotherapy practice is diagnosis and treatment for depression, anxiety, adult and child ADD, relationship conflict, trauma survivors (adult and child) and recovery issues related to substance use disorders
- Requested, reviewed and interpreted psychological testing and/or educational testing for incorporation into diagnostic evaluation and treatment planning
- Managed and supervised multi-disciplinary teams including psychiatrists, psychologists, LCSW, LPC (now LCMHC) and provisionally licensed professionals as well as para-professionals
- Provider status on all major managed care panels existing in the area
- Presenter at several workshops related to managed mental health care, ethics and practice development

- Developed program and obtained NC State Licensure for intensive outpatient addictions treatment program.
- Developed school-based psychiatric day treatment program and obtained NC State licensure for program and provided managerial oversight of Program Director
- Provided independent psychiatric consultation service at community hospital including diagnostic evaluations in acute setting, treatment recommendations and facilitation of appropriate disposition (children/adolescents/adults)
- Led practice in obtaining CARF National Accreditation-3 years “exemplary”
- Led practice in being certified as a CABHA-NC DHHS
- Member of legislative advocacy group that obtained certification/licensure/third party vendorship for Clinical Social Workers in NC (NCSCSW and NC-NASW)
- Began the legislative initiative and co-led with NC-NASW for LCSW's being first examiners for Involuntary Commitment in NC (resulted in pilot program vetted out at LME'S and enacted in legislation)
- Identified and implemented Evidence Based Practices for use within the Clinic (Seven Challenges, CRAFT/SASSI, MI, MATRIX, EMDR, DBT, ASAM)
- Researched, developed and implemented a psychiatric Day Treatment program for Children in Lee County NC Public School System; obtained state licensure for said program; collaborated with NC BCBS (State Health Plan) to approve program as covered service; identified best practice program and partnered with Lee County Schools to bring in master trainer and researcher for program.
- Provided EAP Program Development and delivery for local companies and 3M Met SLO objectives, engaged students, & managed administrative details

**Field Instructor, UNC-Chapel Hill** **1996 - 1997**  
**Smith College School of Social Work** **1989 - 1990**

- Provided weekly consultation, supervision, training, evaluation and support to MSW students including orientation to and integration of social work knowledge base, skills and practice in a private practice and hospital setting respectively

**Psychotherapist, Major General James Rumbaugh Mental Health Clinic** **April 1991 - August 1993**  
 Fayetteville, NC

- Provided individual and family therapy, group therapy, crisis intervention, parent guidance and diagnostic services (including DSM diagnosis (es) for children, adolescents, families and adults in an outpatient setting designed exclusively for active duty and retired military personnel and their dependents.

**Clinical Faculty, Duke University Medical Center** **August 1989 - April 1991**  
*Department of Psychiatry, Durham, NC*

- Provided assessment, family and couples therapy for families and individuals with eating disorders, chronic pain or addictive disease on inpatient unit
- Supervised line social workers and social work interns
- Taught assessment and psychotherapy skills to psychiatry residents and social work students
- Involved in research and multi-disciplinary treatment planning
- Participated in multi-disciplinary management team responsible for unit functioning
- Private outpatient psychotherapy practice within Duke PDC including services for adolescents, adults, couples and parent guidance

**Clinical Faculty, University of North Carolina****June 1988-August 1989***Department of Psychiatry, Child Psychiatry Inpatient Unit, Chapel Hill, NC*

- Conducted pre-admission diagnostic interviews, coordinated admissions and participated in multi-disciplinary treatment team
- Taught family therapy and assessment skills to psychiatry residents
- Provided family therapy, parent training and co-led children's psychotherapy groups

**Program Director, Supervised Apartment Program****June 1983 - August 1987***Fairfax-Falls Church Community Services Board, VA*

- Developed and implemented a community-based treatment program for persons with substance use disorders and co-occurring disorders
- Designed and implemented clinical program, including treatment for the patients with cooccurring disorders
- Conducted diagnostic intake interviews and made admission decisions
- Provided individual, group, family and couples psychotherapy and crisis intervention
- Hired, trained and supervised counseling staff, student interns, and volunteers
- Marketed the program to potential referral sources and designed literature about services.
- Developed and implemented program policies and procedures to comply with state standards and regulations
- Maintained and presented necessary statistics to ensure ongoing funding and expansion of the program
- Responsible for all aspects of administrative and clinical functioning of the program
- Auxiliary roles in this position: Appointed to represent the agency on the local Human Rights Task Force; appointed to agency management team which interviewed prospective clinical and management candidates and made hiring recommendations to the agency Director

**Social Worker****June 1983 - August 1987***Prince William County Health Department, VA*

- Provided brief individual and family counseling for adolescents coping with teen pregnancy and sexuality issues
- Provided in-services for medical staff on issues of adolescent development and sexuality
- Consulted to medical staff concerning mental health issues for adult and adolescent patients
- Presented workshops on family life education utilizing "askable parents" concept
- Taught high school classes focusing on values clarification and interpersonal relationships

**Director/Career Counselor****May 1981-May 1982 and March 1983-June 1983***Old Town Business Center, Alexandria, VA*

- Administered vocational and career interest tests
- Counseled clients regarding career decisions
- Developed and presented career decisions workshops; administered day-to-day functioning of business
- Supervised hourly and contract employees

**Senior Counselor/Assistant Intake Coordinator****March 1980 - May 1981***Shalom et Benedictus, Stephenson, VA*

*Shalom was a long-term residential program for adolescents who had emotional/behavioral disorders and/or substance use disorders*

- Provided long-term individual, group, family counseling as well as crisis intervention
- Interviewed potential residents and made admission decisions
- Conducted psycho-education groups for residents on topics relevant to adolescents
- Trained line counselors and provided clinical supervision

## INTERNSHIPS

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### Woodburn Center for Community Mental Health

August 1986 - May 1987

Annandale, VA

- A psycho-dynamically oriented internship in which I was a member of the Youth and Family outpatient treatment team providing services to children ages 7-16 including diagnostic intake assessments, play and talk therapy, family therapy and parent guidance
- Year long training seminars in which I participated were: Child Psychopathology and Psychotherapy; Adult Group Psychotherapy; Experiential Student Process Group
- Co-led adult psychotherapy group and received weekly supervision/consultation.

### Fairfax-Falls Church Alcohol Counseling and Treatment Services

August 1984-May 1985

Fairfax, VA

- Designed and implemented a pilot outpatient treatment program for chemically dependent and "at risk" adolescents by targeting referral sources and presenting the program for them, conducting family and adolescent intakes and providing weekly group education and therapy. This program developed into a fully funded adolescent outpatient program.

## PROFESSIONAL AFFILIATIONS AND HONORS

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- Motivational Interviewing Network of Trainers – Invited Member of Conflict Resolution Committee; Charged with evaluating, analyzing and recommending resolution to complaints against members of professional association (MINT) January 2026-currently.
- National Association of Social Workers, member
- ASAM (American Society for Addiction Medicine); Associate Member, 2024-current
- Addictions Professionals of North Carolina, member
- Forensics Committee of the Clinical Social Work Federation, member, 1997
- North Carolina Society for Clinical Social Work, Member, named "Clinical Social Worker of the Year," 2004; served as President July 1997-June 1999; chaired Insurance/Managed Care Committee, July 1994-July 1997; Chair-Ethics Committee, elected July 2017
- Co-Founder of the Prince William County, VA Rape Victim Companion Program County of Fairfax, VA Letter of Commendation for developing and implementing the Supervised Apartment Program (Community-based, step-down treatment for adults with co-occurring disorders-MH/SUD)

## PROFESSIONAL TRAININGS & SPEAKING ENGAGEMENTS

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- **Invited Trainer**, MOMENTUM 2025, Oklahoma Department of Mental Health and Substance Abuse Services, OK (Ethics, Motivational Interviewing, ASAM)
- **Invited Trainer**, MOMENTUM 2023, Oklahoma Department of Mental Health and Substance Abuse Services, OK (Ethics, Motivational Interviewing, ASAM)
- **Children's Behavioral Health Conference**, Oklahoma Mental Health and Substance Abuse Services, OK 2024
- **ASAM Criteria Placement Training**, April 2018-April 2019, The Change Companies-Train for Change, Reno, Nevada. Train healthcare professionals in the understanding and application of the ASAM Placement Criteria via independent contract with The Change Companies.
- **ASAM Criteria Placement Training - "Getting it Right,"** 2019-Current, Laurie Conaty, LCSW, LCAS, PA, sponsored by various agencies; permission/licensure agreement in place with ASAM; currently sole ASAM trainer for the NC Division of MH, SUD and DD community based programs
- **Ethics Trainings** - developed and trained in various settings
- **Substance Use Screening and Assessments**; NC Administrative Office of the Courts, Winston-Salem, NC, April 2025

- **“The ABC’s of Private Practice”** – NC Society for Clinical Social Work; NASW Clinical Institute and independently sponsored training
- **“Dealing with Difficult Parents”**- Association of School Guidance Counselors; NASW Clinical Institute
- **“Cognitive Behavioral Therapy”**- independently sponsored training (2 days)
- **“Cognitive Behavioral Therapy for Supervisors”** – independently sponsored training
- **Intensive In Home Therapy Service Definition Training** - independently sponsored training
- **Day Treatment Service Definition Training** - independently sponsored training
- **Motivational Interviewing-An Overview** - independently sponsored training
- **Introduction to Motivational Interviewing** (2 day); ongoing-Daymark Recovery Services and Partners Behavioral Health Management and private contracts
- **Advanced Motivational Interviewing** (1 day & 2 day)
- **Motivational Interviewing in Group Therapy (1 day)**, McLeod Center for Addiction Treatment; Daymark Recovery Services; Partners Behavioral Healthcare Management
- **Clinical Interventions: Bringing the “Bottom Up” Effectively** (1 day & 2 day)
- **Introduction to Dialectical Behavior Therapy** (2 day)
- **Basic Substance Abuse for (Juvenile) District Court Judges** - contracted speaker/trainer UNC-CH, School of Government, 2015
- **Considerations in Couples Therapy**, NC NASW, Fayetteville-Local Program Unit, June 2016
- **Professional Boundaries and Ethics-Protecting the Client and Yourself** (1 day)
- **Motivational Interviewing: Learning to Craft Therapeutic Conversations that Facilitate Change**, Hilton Head, South Carolina, July 2016
- **Adolescent Suicide: Prevention and Intervention**; contracted trainer/speaker: Partners Behavioral Health Management, March 2016; NC Substance Abuse Prevention Conference, May 2016; Lee Harnett/NAMI Family Support Group, August, 2016
- **Essentials of Private Practice**, Keynote Speaker, NC NASW, August 2016
- **Motivational Interviewing in Group Therapy**, Addiction Professionals of NC, Fall Conference, October 2017

## EDUCATION

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<b>Master of Social Work</b> <i>Virginia Commonwealth University, Richmond, VA</i>	<b>1987</b>
<b>Bachelor of Arts, Psychology</b> <i>George Mason University, Fairfax, VA</i>	<b>1979</b>

## LICENSES & CERTIFICATIONS

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- **Licensed Clinical Social Worker**, North Carolina Certification and Licensure Board for Social Work, 1990-present. Licensed to independently diagnose and treat emotional, behavioral, alcohol /other drug-related, and psychiatric disorders.
- **Licensed Clinical Addictions Specialist**, North Carolina Substance Abuse Certification Board, 1998 - present
- **Clinical Supervision Training and Certificate** - NC NASW sponsored training
- **MINT Certified Trainer**, September 2019-present
- **EMDR Level 2**, Trained in Shapiro endorsed model

## CONSULTATIONS

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- Consultation to other licensed professionals around the interface of clinical best practice, ethics, and risk management
- Ethics Consultations (as Chair of Ethics Committee, NCSCSW)
- Developing and managing an outpatient practice
- Coaching and consultation - building Motivational Interviewing Skills
- Expert Witness/Litigation Consultant in matters before Court or Licensing Board involving the practice of LCSW's

## PUBLICATIONS

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- NASW Standards for Clinical Social Work in SW Practice, Invited Task Force Member charged with revising standards for CSW in SW Practice, January 2022-completed November 2024, published by NASW Press 2025
- Co-developed and co-authored the family program series curriculum and facilitator training workbook across services delivered at McLeod Center for Wellbeing, 2025
- Co-developed and co-authored the patient treatment workbook for the residential program using best practice interventions and incorporating ASAM criteria for McLeod Center for Wellbeing, 2024-2025
- *Responding to Subpoenas*; monograph, Forensics Committee of the Clinical Social Work Federation