

CURRICULUM VITAE

Jessica Anchor-Samuels, MD

West Hartford, CT

Cell: 860-922-2754

Email: Doctorja860@gmail.com

Summary of Expertise

Jessica Anchor-Samuels, MD is an Ivy League trained Board Certified Internal Medicine physician with over 20 years of experience seeing primary care patients. She has received multiple awards for her clinical care.

Dr. Anchor-Samuels has served as an educator and mentor for residents, students and new medical clinicians. She has experience as a Clinical Associate Professor at UMass Medical School, Clinical Associate at Tufts University School of Medicine, Clinical Assistant Professor at Bay Path University and an educator for the Univ. of Connecticut and Baystate Medical Center Internal Medicine residency programs.

In addition to Internal Medicine, Dr. Anchor-Samuels has expertise in disability analysis and the field of bioethics. She has published numerous articles and book chapters.

Education

BROWN UNIVERSITY SCHOOL OF MEDICINE, Providence RI
MD
Graduated 2002

UNIVERSITY OF PENNSYLVANIA, Philadelphia PA
BA, *Cum Laude*
Graduated 1997

Postdoctoral Training

BAYSTATE MEDICAL CENTER, Springfield MA
Resident in Internal Medicine
2002-2005

Hospital Appointments

BAYSTATE MEDICAL CENTER, Springfield MA
Attending Physician in Medicine
2005-present

Academic Appointments

UNIV. OF CONNECTICUT INTERNAL MEDICINE RESIDENCY PROGRAM, CT Primary Care Track Educator	2025-present
INTERNAL MEDICINE RESIDENCY PROGRAM AT BAYSTATE MEDICAL CTR, MA Internal Medicine Educator	2025-present
UMASS CHAN MEDICAL SCHOOL-BAYSTATE, Springfield, MA Clinical Associate Professor	2023-present
BAY PATH UNIVERSITY, Longmeadow MA Clinical Assistant Professor	2020-2021
TUFTS UNIVERSITY SCHOOL OF MEDICINE, Boston MA Clinical Associate	2002-2005

Employment

MY VIRTUAL PHYSICIAN, CT and MA Primary Care Physician- Internal Medicine	2024-present
BAYSTATE MEDICAL PRACTICES, Feeding Hills MA Primary Care Physician- Internal Medicine	2022-2024
MASSMUTUAL, Springfield MA Physician consultant for disability claims	2021-present
SOUTHERN NEW ENGLAND HEALTHCARE ORGANIZATION, Hartford CT Regional Medical Director	2020-2021
TRINITY HEALTH OF NEW ENGLAND, Agawam MA Primary Care Physician- Internal Medicine	2005-2021
TRINITY HEALTH OF NEW ENGLAND, Agawam MA Preceptor for midlevel providers	2005-2021
CENTER FOR DISABILITY STUDIES, Nashville TN Research Associate	2000-2002
CENTER FOR BIOETHICS AT UNIV OF PENNSYLVANIA, Philadelphia PA Research Associate	1995-1997

Major Committee Service

TRINITY HEALTH OF NEW ENGLAND, Agawam, MA 2007-2021
Member of Hiring Committee

RIVERBEND MEDICAL GROUP, Chicopee, MA 2016-2020
Member of Advisory Committee for Dept of Internal Medicine

RIVERBEND MEDICAL GROUP, Chicopee MA 2010-2019
Mentor for New Physician Onboarding Program

RIVERBEND MEDICAL GROUP, Chicopee, MA 2014-2016
Founder & Director of New Physician Networking Group

Volunteer Positions

VOICES OF HOPE, Farmington CT 2012-present
Founder & Director of annual community remembrance program

JOURNEY HOME, Hartford CT 2014-present
Member of group combatting homelessness

MARSHALL HOUSE, Hartford CT 2014-present
Donation coordinator for special events at women/children homeless shelter

Licenses and Certifications

AMERICAN BOARD OF INTERNAL MEDICINE Expires 12/2025
Diplomate; Initially 2005, Re-Certified 12/31/2015 Re-Cert in progress

DRUG ENFORCEMENT ADMINISTRATION Expires 6/2026

CONTROLLED SUBSTANCE REGISTRATION for MA Expires 4/2026

COMMONWEALTH OF MASSACHUSETTS Expires 12/2027
Medical License

STATE OF CONNECTICUT Expires 12/2026
Medical License

Professional Societies

AMERICAN MEDICAL ASSOCIATION 1998-2005

AMERICAN SOCIETY FOR BIOETHICS AND HUMANITIES 1998-2000

AMERICAN ACADEMY OF FAMILY PHYSICIANS 1998-2000

Honors and Awards

TUFTS HEALTH PLAN, Worcester MA Blue Ribbon Designation	2010
BLUE CROSS BLUE SHIELD OF MASSACHUSETTS Excellence in Primary Care Award	2006, 2008
BAYSTATE MEDICAL CENTER, Springfield MA 2 "Baystate Best" Awards for outstanding clinical performance	2003-2005
BROWN UNIVERSITY SCHOOL OF MEDICINE, Providence RI Clinical Honors	2000
UNIVERSITY OF PENNSYLVANIA, Philadelphia PA Cum Laude	1997

Teaching

UNIV. OF CONNECTICUT INTERNAL MEDICINE RESIDENCY PROGRAM, CT Primary Care Track Educator	2025-present
INTERNAL MEDICINE RESIDENCY PROGRAM AT BAYSTATE MEDICAL CTR, MA Internal Medicine Educator	2025-present
UMASS CHAN MEDICAL SCHOOL-BAYSTATE, Springfield, MA Longitudinal Preceptor for Internal Medicine	2023-present
SIMMONS UNIVERSITY, Boston MA Preceptor for core Internal Medicine rotation	2020
BAY PATH UNIVERSITY, Longmeadow MA Preceptor for core Internal Medicine rotation	2019
MASS. COLLEGE OF PHARM & HEALTH SCIENCES, Worcester MA Preceptor for core Internal Medicine rotation	2018

Presentations

RIVERBEND MEDICAL GROUP, Chicopee MA "Importance of Sleep Hygiene"	2012
DRESS FOR SUCCESS, Hartford CT "Women's Health Prevention Strategies"	2010, 2011
RHODE ISLAND HOSPITAL, Providence RI "The Treatment of Anaphylaxis" for Grand Rounds	2002

Publications

Anchor, J, Settipane R. "Inappropriate Use of Intravenous Epinephrine." American Journal of Emergency Medicine (6) 2004: 488-490.

Anchor, K. N., Shmerling, J. E., & Anchor, J. M. The Catastrophic Injury Handbook: Understanding Vocational, Economic, Legal and Clinical Aspects of Complex Physical and Mental Trauma. Dubuque, IA: Kendall/Hunt Publishing Company, 2003.

McGee G, Anchor-Samuels J, Caplan A: "Ethical Issues in Oocyte and Embryo Donation". In Sauer, Mark V., ed. Principles of Oocyte and Embryo Donation. London: Springer, 1998, pp 395-403.

Anchor, K, Hassam A, Anchor, J. "A Training Model for the Emerging Inter-Disciplinary Career of Disability Analysis." Advances in Medical Psychotherapy 8 (1995): 191-198.