

AARTI A. SINGLA, MD, MBA, FAAPMR, CIME, CLCP



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PROFILE

Johns Hopkins-trained dual Board-Certified Physiatrist and Pain Management physician. ACGME accredited fellowship training in Pain Medicine. Diplomate of the American Board of Physical Medicine & Rehabilitation (2019 Recertified), and Pain Medicine (2012). Regenerative Competency by American Society of Interventional Pain Physicians (2019). Certified Independent Medical Examiner (ABIME 2021). Certified Life Care Planner (2023). Active licenses in Ohio, Kentucky and Pennsylvania.

PROFESSIONAL EXPERIENCE

BEACON ORTHOPAEDICS & SPORTS MEDICINE, Cincinnati, OH, February 2021-Present
Physiatrist and Pain Management

WELLINGTON ORTHOPAEDIC & SPORTS MEDICINE, Cincinnati, OH, July 2015-January 2021
Physiatrist and Pain Management

CLINTON MEMORIAL HOSPITAL, Wilmington, OH, October 2012-November 2014
Medical Director of Inpatient Rehabilitation Unit

PREMIER CARE ORTHOPAEDICS, St. Louis, MO, April 2009-November 2010
Physiatrist

EDUCATION

XAVIER UNIVERSITY, Cincinnati, OH, September 2014-December 2015
Master in Business Administration

UNIVERSITY of KENTUCKY, Lexington, KY, January 2011-December 2011
ACGME Accredited Fellowship in Anesthesiology Pain Medicine

JOHNS HOPKINS UNIVERSITY, Baltimore, MD, July 2005-June 2008
Residency in Physical Medicine and Rehabilitation

AKRON GENERAL MEDICAL CENTER, Akron, OH, July 2004-June 2005
Internship in Internal Medicine

EDUCATION

NORTHEASTERN OHIO UNIVERSITIES COLLEGE OF MEDICINE, Rootstown, OH
Doctor of Medicine (M.D.), 2004

YOUNGSTOWN STATE UNIVERSITY, Youngstown, OH
Bachelor of Science (Magna Cum Laude) (6 Year Accelerated BS/MD Program), 2000

- President's Scholarship and Dean's List

PUBLICATIONS

Editor for PM&R Knowledge NOW. An online resource for physicians and patients providing an overview of conditions and treatments in the specialty of physical medicine and rehabilitation. (September 2022- December 2022).

Amol Soin, MD, Srinivas Vuppala, MD, Gregory Surfield, MD, Ricardo Buenaventura, MD, Mark Malinowski, DO, Akash Rajaratnam, BS, Rahul Madan, DPM, Omar Khan, MS, Tammy Dann, DO, **Aarti Singla, MD**, Alex Escobar, MD, Humam Akbik, MD, Harsh Sachdeva, MD, Yasmeen Soin, JD, Shalini Shah, MD, Rajbir Minhas, MD, and Atul Chandra, MD. Ohio Response to COVID-19 and Its Impact on Interventional Pain Management Practices. Pain Physician, 2020;23. ISSN 1533-3159.

Singla, A, Sloan, P. Pharmacokinetic Evaluation of Hydrocodone/Acetaminophen for Pain Management. Journal of Opioid Management. January/February 2013. Pages 71-80.

Feldman, D, Gonzalez-Fernandez, M, **Singla, A**, Singh, S, Krabak, BJ. Hip and Pelvis Injuries in Special Populations. Hip and Pelvis Sports Medicine, Springer Publication. Chapter 9. (Review of hip and pelvis injuries in athletes with spinal cord injury, amputations, cerebral palsy and various other conditions).

AWARDS

Top Doctor 2019, 2022, 2023, 2024, 2025 *Cincinnati Magazine*

PROFESSIONAL MEMBERSHIPS

Ohio Society of Interventional Pain Physicians- **Secretary**

Board Member and Faculty

American Society of Interventional Pain Physicians- **Faculty**

American Academy of Physical Medicine and Rehabilitation- **Fellow since 2009**

American Academy of Life Care Planners

Ohio State Medical Association

PRESENTATIONS

- Singla, A.,** Regenerative treatments for Spinal Pain- Ohio Society of Interventional Pain Physicians, August 2024.
- Singla, A.,** Spinal Cord Stimulation and Neurotoxins in Life Care Planning- American Association for Nurse Life Care Planners, April 2024.
- Singla, A.,** Chronic Pain Therapies and Life Care Planning- Juris Educational Resource Knowledge for Legal nurse consultants, October 2023.
- Singla, A.,** Spinal Cord Stimulation and Life Care Planning- Juris Educational Resource Knowledge for Legal nurse consultants, July 2023.
- Singla, A.,** High Frequency Stimulation- When and Why? Ohio Society of Interventional Pain Physicians, August 2023.
- Singla, A.,** Interventional Techniques in IPM and Regenerative Medicine - Cadaver course, Faculty for American Society of Interventional Pain Physicians, June 2023.
- Singla, A.,** Interventional Techniques in IPM and Regenerative Medicine - Cadaver course, Faculty for American Society of Interventional Pain Physicians, September 2022.
- Singla, A.,** Physical Exam Pearls in Interventional Pain Management, Presentation at Ohio Society of Interventional Pain Physicians, August 2022.
- Singla, A.,** Incorporating Regenerative Medicine into Your Practice, Presentation at Ohio Society of Interventional Pain Physicians, August 2022.
- Singla, A.,** Women in Neuromodulation. Ohio Society of Interventional Pain Physicians, August 2022.
- Singla, A.,** Pain Innovation Webinar, Fairfield, OH, Presentation to Primary Care Physicians, May 2020
- Singla, A.,** Pain Management Webinar, Fairfield, OH, Presentation to the community, May 2020
- Singla, A.,** Pain Management Webinar, Fairfield, OH, Presentation to the community, April 2020
- Singla, A.,** Innovative Treatments in Orthopaedics, Fairfield, OH, Presentation to the community, December 2019
- Singla, A.,** Innovative Treatments in Orthopaedics, West Chester, OH, Presentation to the Physical Therapists, October 2019
- Singla, A.,** Platelet Rich Plasma in Orthopaedics, Cincinnati OH, Presentation at the Ohio Society for Interventional Pain Physicians, August 2019
- Singla, A.,** Innovative Treatments in Orthopaedics, Kenwood, OH, Presentation to the Primary Care Physicians, May 2019

PRESENTATIONS

Singla, A., PRP for Soft Tissue Injuries, Cincinnati, OH, Presentation at the 2019 Ohio and Kentucky Societies of Interventional Pain Physicians, August 2019

Singla, A., Regenerative Treatments in Orthopaedics, West Chester, OH, Presentation to the community, April 2019

Singla, A., Spinal Cord Stimulation Updates, Eastgate, OH, Presentation to the community, April 2019

Singla, A., Spinal Cord Stimulation Updates, Fairfield, OH, Presentation to the community, March 2019

Singla, A., Platelet Rich Plasma and Stem Cells in Orthopaedics, West Chester, OH, Presentation to Physical Therapists, December 2018

Singla, A., Dorsal Root Ganglion Stimulators, Mercy Fairfield Hospital, Primary care providers Presentation, August 2018

Singla, A., Intrathecal Therapies for Cancer Pain Management, University of Kentucky, Grand Rounds, May 2011

Singla, A., Intrathecal Therapies. University of Kentucky, Pain Lecture Series, April 2011.

Singla, A., Efficacy of Opioids for Chronic Pain: A Review of the Evidence. University of Kentucky, Journal Club, March 2011.

Singla, A., Diabetic Amyotrophy. University of Kentucky, Pain Lecture Series, February 2011.

Singla, A., Low Back Pain: Current Treatments. Indian Medical Council, St. Louis, MO, April 2010.

Singla, A., Lumbar Radiculopathy: Electrodiagnostics and Injections. Missouri Employee Mutual, January 2010.

Singla, A., Low Back Pain: Evaluation and Management. St. Clare's Hospital Lunch Speaker Series, August 2009.

Singla, A., Chiari Malformation in an Athlete with Complex Concussion. Johns Hopkins University Grand Rounds, June 2008.

Singla, A., Examination and Special Tests of the Painful Wrist and Hand. Good Samaritan Hospital Musculoskeletal Lecture Series, July 2007.

Singla, A., Sciatic Nerve Entrapments and Electrophysiological Findings. Johns Hopkins PM&R Anatomy Lecture Series, May 2007.

Singla, A., Management of Work-Related Carpal Tunnel Syndrome. Johns Hopkins PM&R Didactics, March 2007.

Singla, A., Spinal Cord Syndromes. Good Samaritan Hospital Spinal Cord Lecture Series, December 2005.

VOLUNTEER WORK

Executive MBA Advisory Board - Xavier University – March 2019- Current

Xavier University – Undergraduate Mentorship, Jan 2017- March 2018

American Indian Physicians Board – Junior Member – Jan 2018-December 2018

Spine Intervention Society – Education Division – 2016-2017

Not yet retained