

Shannon Marie Foster MD FACS

65 Sycamore Drive, Reading PA 19606

215-796-8903(personal mobile)

shannonfostermd@gmail.com

Education:

1995-1999 B.S. University of Akron, Akron, OH (Microbiology)

1999-2003 M.D. Medical College of Ohio, Toledo, OH

Postgraduate Training and Fellowship Appointments:

2003-2008 Resident in General Surgery, Mayo Clinic, Rochester, MN

2008-2009 Fellow in Surgical Critical Care, Mayo Clinic, Rochester, MN

Board Certification: American Board of Surgery

General Surgery April 2010 – present
Continuous Certification from Sept 2020

Surgical Critical Care September 2010 – present
Continuous Certification from Nov 2021

Academic Faculty Appointments:

10/01/23 – Aug 2024 Clinical Associate Professor, Department of Surgery, Penn State University
College of Medicine, Hershey PA

11/12/09 – present Clinical Assistant Professor, Department of Surgery, Philadelphia College of
Osteopathic Medicine, Philadelphia PA (Volunteer appt, non-promotion)

07/01/09-07/01/2020 Clinical Assistant Professor of Surgery, University of Pennsylvania School of
Medicine, Philadelphia PA (non-promotion clinical tract)

Hospital and Administrative Appointments:

10/2023 – 8/2024 Penn State Health/Penn State College of Medicine
Milton S. Hershey Medical Center Level I Trauma Center (Hershey PA)
(as EGS specific locums contractor 2/2023-9/2023)

11/2022 – present (Letter of intent Nov 2022, Clinical start 5/2023)
Lehigh Valley Health Network, Allentown PA
Pocono Medical Center Level III Trauma Center (East Stroudsburg PA)

11/2020 – 12/2022 St. Luke's University Health Network, Bethlehem PA
Attending Acute Care Surgeon and Consultant

09/2019 – 07/01/20 Co-Chair Reading Hospital Ethics Committee

10/2018 – 07/01/20 Director of Performance Improvement and Clinical Services
The Reading Trauma Center, West Reading PA

07/01/09 – 07/01/20 Attending Surgeon, The Reading Hospital and Medical Center, West Reading PA

07/01/09 – 07/01/20 Attending Surgeon, Hospital of the University of Pennsylvania, Philadelphia, PA

07/01/12 – 07/01/20 Assistant Director of Clinical Services, Department of Trauma and Surgical
Critical Care, The Reading Hospital and Medical Center, West Reading PA

Via Locum Agency Contracts (Specified duration or short-term coverage contracts)

June 2021 – 9/1/2022 Ascension Borgess Medical Center, Kalamazoo MI
Attending Acute Care Surgeon and Consultant

Sept 2021 – 07/1/2022 Holy Spirit Hospital Penn State Health, Camp Hill PA
Acute Care Surgery and Trauma

July 2022 UPMC Altoona, Altoona PA, Acute Care Surgery and Trauma

Aug 2022 (9 months) Gunderson Health System, Gunderson Lutheran Hospital, La Crosse WI

Dec 2022 (6 months)	Trauma and Surgical Critical Care Aspirus Health System. Stevens Point Acute Care Surgery, General Surgery
Jan 2023 (9 months)	Prevea Health System WI. HSHS St. Vincent Green Bay WI (L II Trauma Center) Trauma, Critical Care, Acute Care Surgery
Feb 2023 – Sept 2023	Penn State Health/Penn State College of Medicine Milton S. Hershey Medical Center Level I Trauma Center (Hershey PA)
June 2024- present	Aspirus Health System, Wausau WI Trauma, Critical Care, Acute Care Surgery

Independent contractor

SMF Coverage & Solutions LLC (founded October 2020)

1. SMF Consulting Services (SMFconsultingservices.com)

- External peer review
- Review of clinical cases for detailed quality and best practice performance, disability, utilization, or other compliance measure.
- Quality and Verification process, preparation, coaching.
- Trauma or Emergency General Surgery Service line audit or policy creation.
- Legal review for standard of care/deviation identification
- Creation of reports or required legal documents to support action and fulfill the need of administrative, clinical, or legal client.

2. SMF Facilitation Services (SMFFacilitation.com)

- Crisis management
- Team and group education and communication strategies
- Mitigation, mediation, ombudsman services
- Individual career counseling and challenge navigation

Oct 2022 – present SEAK Expert Witness Directory – Featured Expert

Legal Training, Certificates of Completion:

- How to Start, Build and Run a Successful Expert Witness Practice (SEAK)
- How to Excel as an Expert Witness in Medical Malpractice Cases (SEAK)

Communications and Conflict Management Training and Certificates of Completion:

- Crucial Conversations Miniseries Course
- Pryor Learning Platform
 - Active Listening, Interpersonal Skills, Empathy
 - Confronting Workplace Conflict
 - Emotional Intelligence and Emotional Motivation
 - Emotion in the Workplace, Self-control, Self-awareness, Self-regulation
 - Teamwork and Collaborative Dynamics
 - Supervising Bad and Negative Behaviors

Specialty Certifications:

Nov 2020	Federal Emergency Management Agency (FEMA) <i>Introduction to the Incident Command System</i> <i>Basic Incident Command System for Initial Response</i>
Sept 2020	Fundamental Critical Care Support 6 th Edition (FCCS)
July 2018	Thoracic Reconstruction and Fixation (DePuy Synthes Course)

Nov 2017	Credentialing for Excellence (Horty-Springer Legal Training)
Dec 2017	Disaster Management and Emergency Preparedness (DMEP)
Mar 2012	Advanced Surgical Skills for Exposure in Trauma (ASSET)
Jan 2008	Pediatric Advanced Life Support (PALS) <i>updated per AHA requirements</i>
Nov 2008	Advanced Traumatic Operative Management (ATOM)
Oct 2008	American Colleges of Surgeons Ultrasound for ICU/Trauma
2003	Fundamental Critical Care Support (FCCS)
2003	Advanced Trauma Life Support (ATLS) <i>updated per COT requirements</i>
2001	Advanced Cardiac Life Support (ACLS) <i>updated per AHA requirements</i>
2001	Basic Life Support (BLS) <i>updated per AHA requirements</i>
2000	International Course of Tropical Medicine
	Universidad de Costa Rica, San Jose, Costa Rica

Certified Instructor:

2024- present	Course Director - Advanced Trauma Life Support (ATLS)
Sept 2020-2023	Fundamental Critical Care Support (FCCS)
Dec 2018 – present	Disaster Management and Emergency Preparedness (DMEP)
Jan. 2017-present	Bleeding Control course coordinator/STOP THE BLEED Hartford Consensus Initiative (including fall 2016 course development)
Dec. 2009-present	Advanced Traumatic Operative Management (ATOM)
Nov. 2008-present	Advanced Trauma Life Support (ATLS)
July 2008-2012	Fundamental Critical Care Support (FCCS)

State Licensure:

June 2009 - present	Pennsylvania PA 437467
March 2020 - present	Michigan License 4301504395; Controlled Substance License
March 2022 - present	Interstate Medical Licensure Compact Letter of Qualification
June 2022-present	Wisconsin License, WI 2045-320
June 2003-2010	Minnesota (allowed to expire correlating with training completion)

Awards, Honors and Membership in Honorary Societies:

2024	American College of Surgeons Board of Governors Certificate of Recognition (Oct)
2024	Certificate of Appreciation and Honorary Membership <i>Sociedad de Cirujanos Generales de Peru (Aug 2024)</i>
2024	American College of Surgeons PA Chapters Appreciation Award (April)
2024	Association of Women Surgeons Signature Speaker Award/Scholarship
2023	American Association for the Surgery of Trauma Leadership Academy
2023	American College of Surgeons Service Appreciation Award (Oct)
2020 & 2021	Olga Jonasson Distinguished Member Award Nominee
2020	Association of Women Surgeons Mentor Recognition
2020	Reading Hospital Quality Awards – Gold Certificate of Appreciation
2020	Reading Hospital Quality Awards Certificate of Appreciation
2019	Association of Women Surgeons Leadership Recognition Past President Honorary Member & Award Nominee
2019	American Association for the Surgery of Trauma Canizaro Award Nominee
2019	Reading Hospital Quality Awards Certificate of Appreciation
2019	Archbishop Hoban High School – Distinguished Alumni Award
2018	Reading Hospital Quality Awards Certificate of Appreciation
2017	Williams Honors College Alumni Award (University of Akron)

2012	University of Akron – Distinguished Alumni Award
2005, 2008	International Health Program Scholar, Mayo Clinic
2001-2003	Outstanding Student Leader, Medical College of Ohio
2000	Outstanding New Student Leader, Medical College of Ohio
2000	Ohio Junior Chamber of Commerce Outstanding Young Citizen & Scholar
2000	Ohio Woman to Watch Award
2000	JC Penny Golden Rule Award for Community Service
1999-2003	Van Buren Medical School Award and Scholar, Medical College of Ohio
1999	Outstanding Officer (President, University Honors Club), Univ of Akron
1999	Outstanding Senior (Class of 1999), University of Akron
1999	A-Key Award, University of Akron
1996-1999	Who's Who in American Universities and Colleges
1995-1999	University Scholar, University of Akron
1995-1999	Presidential Scholar, University of Akron
1995-1999	Lisle M. Buckingham Scholar, University of Akron
1995-1999	Women in Higher Education Scholar, University of Akron
1995-1999	Akron Jaycee Foundation Memorial Scholar, University of Akron
1995	Tylenol-Revco National Scholar, University of Akron

Memberships in Professional and Scientific Societies:

National & International:

American Association for the Surgery of Trauma

2017 – present	Active Fellow/member (by appointment and election)
	National positions:
2024	AAST Leadership Academy education series & induction
2021-2024	Communications Committee
2022 - present	Editor <i>Cutting Edge</i> Newsletter
2022-present	Vice-Chair
2021-2024	Education Committee
	Faculty Continuous Education Course(s)
	Co-Director Trauma and Acute Care Surgery Continuous Certification Course
2024-present	AAST/TSACO/ATS Patient Education Series Leadership Group
	Emergency General Surgery Pillar Lead

American College of Surgeons (ACS)

2003-2011	Resident/Associate member
2011 -present	Fellow (induction Oct 2011)

Active Mentorship Roles

Young Fellows Association Mentorship Triad, Senior Mentor 2022, 2023, 2024, 2025
 Women In Surgery Committee Mentorship Program 2022, 2023, 2024, 2025

ACS Executive Board Leadership Positions

2024 ongoing	ACS Website Advisory Committee
	ACS Communities Editor-In-Chief Search Committee
	ACS Board of Governors Sustainability Taskforce
2023 – present	American College of Surgeons Professional Association Board of Directors
2018 - 2024	American College of Surgeons PA Governor-at-Large 1 st term October 2018- October 2021

	Communications Pillar
	Newsletter Workgroup, Survey Workgroup
	Liaison to Women in Surgery
	Liaison to Committee on Trauma
2020-2021	Vice Chair Governor Communications and Outreach Workgroup (formerly the Newsletter Workgroup)
2018-2020	Board of Governors Diversity, Equity, Inclusion Taskforce
2021-2024	Board of Governors Diversity Pillar
	Communications and Advocacy Committee
	2 nd term October 2021- October 2024
2021-2024	Board of Governors Communications Pillar Lead
	Editorial Board of the <i>Bulletin Brief</i> (now <i>ACS Brief</i>)
	Contributing Editor <i>ACS Bulletin</i>
	BoG Liaison to all Integrated Communications activities leading to creation <i>Integrated Communications Regental Workgroup</i> Fall 2022
	Integrated Communications Regental and Executive Workgroup
	<i>Strategic Vision and Planning Task Force</i>
	DEI Executive Task Force – <i>DEI and Anti-Racism Lexicon</i>
	<i>Inclusive Excellence</i> Education & Communication Workgroups
	Education Division – <i>Operative Decision-Making</i>
	Platform in development - Test Pilot
	Operation Giving Back – ACS H.O.P.E
	Surgical Volunteerism and Humanitarian Awards Workgroup
2024-present	Keystone Executive Ex Officio and Past President
2023-present	Keystone Acting Secretary/Treasurer
2021-2024	Keystone Chapter Immediate Past-President
2021-present	PA Chapters Collaborative Task Force Chair
2021	Keystone Chapter Case Review Competition Chair & Editor
2020-2021	KACS Virtual Education and Program Coordinator
2020-present	PA Chapters Regional Committee on Applicants
2020 - 2021	KACS President and Executive Council Chair
2018 – 2020	Young Fellows Association Education Committee
2018/19/20	KACS Scientific Program Chair
2018 – 2020	KACS President-Elect
2014 – 2018	Keystone ACS Region 5 Councilor
2014 – present	Local Committee on Applicants PA
2012 - 2014	PA/Keystone Membership Committee

Association of Women Surgeons (AWS)

2009/10	Attendant/participant
2011 – present	Active member
	National positions:
2024	AWS Signature Speaker
2023 - present	AWS Clinical Practice Committee
	SCALPELS subcommittee and program moderator
2019 – 2021	AWS Program Planning Committee (for 2021 meeting)
2018 - present	AWS Coaching Project
2017 - present	Mentor Program
2016 – 2020	Membership Committee
2014, 2015	Annual Conference/Program Committee

Eastern Association for the Surgery of Trauma

2010 – present	Active member (by election)
National Positions:	
2021-2022	Nominating Committee
2019 - 2023	Equity, Quality, & Inclusion in Trauma Surgery Ad Hoc Task Force
2018 - present	Mentor Program (active mentor annually)
2018 – 2022	Annual Scientific Assembly/Program Committee
2017	Community Outreach Task Force Leadership Group I C V P Annual Outreach Project Chair Hollywood FL (30 th Assembly)
2016	Community Outreach Task Force Leadership Group I C V P Annual Outreach Project Chair San Antonio TX (29 th Assembly)
2015	Community Outreach Task Force Leadership Group I C V P Annual Outreach Project Chair Orlando FL (28 th Assembly)
2012-2017	Injury Control and Violence Prevention Committee

Additional Professional Society Memberships

2025	American College of HealthCare Executives
2023-present	PanAmerican Trauma Society/Sociedad PanAmericana de Trauma
2009-present	Mayo Clinic Alumni Association
2009-present	Priestly Surgical Society
2008-present	Society of Critical Care Medicine
1999-present	American Medical Association
1999-present	American Medical Women’s Association

At Medical College of Ohio

1999-2003	American College of Physicians/American Society of Internal Medicine Student Section (President 2002, Recruitment Chair)
1999-2003	American Medical Association Student Section (Academic Enrichment Coordinator, Assembly)
1999-2003	American Medical Women’s Association Student Section (Chair and Activities Coordinator)

Local/State/Regional:

2021-present	BCSMS Medical Record Editorial Board
2020-2023	BCMS Executive Council and Education Task Force BCMS COVID Task Force
2009-present	Berks County Medical Society (BCMS)
2009-present	Pennsylvania Medical Association
2003-2009	Minnesota Medical Association
2003-2009	Minnesota Surgical Society

Editorial Leadership Positions:

2022 – present	Editor <i>Cutting Edge</i> AAST on-line publications
2022 – 2024	Editorial Board American College of Surgeons <i>Bulletin Brief/ACS Brief</i>
2021 - present	Editorial Board Berks County Medical Society <i>Medical Record</i>
2020 - present	Editor <i>Pennsylvania Surgical News</i> PA ACS Chapters monthly email/on-line publication

Academic Committees at Home Institution:

Reading Hospital, Reading Health System:

2009-2020	Nutrition Committee
2009-2020	General Surgery Section
2010-2020	Trauma Operations Committee
2012-2020	Clinical Ethics Committee
2014-2020	Reading Health System – Provider Engagement Team
2015-2020	Trauma Liaison to McGlenn Cancer Center
2016-2020	Reading Health System Credentials Committee
2016-2020	RHS Disaster Planning Committee
2018-2020	Tower Health Credentials/Bylaws Task Force
2018-2020	Reading Hospital By-Law Committee

2018 Creation and development, appointed Chair of two new hospital committees:

Trauma, ED, and OR Mass Casualty Committee (TORC)
Scene Patient Recovery Committee (SPaRC)

2019-2020	Department of Surgery Quality Committee
2020	Tower Health PPO/Credentialing/Quality/UM Committee

Mayo Clinic, Rochester MN:

2003-2009	Mayo International Health Program
2003-2009	Mayo Medical School General Surgery Interest Group
2003-2009	Mayo Medical School International Health Interest Group
2005-2009	Rapid Response Team Steering Committee
2006-2009	Graduate Education Committee
2006-2009	Trauma Committee
2007-2009	General Surgery Residency Committee
2008-2009	Performance Improvement Committee
2008-2009	Surgical Intensive Care Unit Management Team

Committee Work at other locations:

2021-2022	Accessory Performance Review, Ascension Borgess Kalamazoo
-----------	---

Major Teaching and Clinical Responsibilities:

Daily responsibilities include customary operative, clinical and teaching responsibilities for Emergency General Surgery, Trauma, and Surgical Critical Care attending in an Acute Care Surgery pattern. This encompasses all operative and non-operative management of patients, as well as, direct responsibility and education of residents, fellows, advanced practice providers and ancillary staff.

Additional Teaching/Academic Roles while at Penn State College of Medicine

2023/24	PSH Mock Oral Board Faculty
2023/24	PSH Morbidity and Mortality – Moderator and Facilitator

Lectures by Invitation:

2025

Find Beauty and Keep Empathy in the Gloom: Resilience and Communication Strategies to Navigate the Most Challenging Parts of the Human Condition

University of Akron Dine and Discover Honors Colloquia Feb 11, 2025

Staying Relevant Outside the Ivory Tower

Contemporary Leadership Panel Jan 14, 2025 Tucson AZ

Eastern Association for the Surgery of Trauma Leadership Development Series, Invited Faculty

2024

Experts in the Hot Seat: Challenging Emergency General Surgery Cases

American Association for the Surgery of Trauma, Virtual Education Series, Nov 20, 2024

Community & Rural Trauma Leadership Roundtable, Trauma System News (presenter & moderator)

Virtual Summit for Level III, IV, V Trauma Centers Oct 23, 2024

Current Management of Acute Upper GI Bleed: Surgical Management UGIB (presenter & moderator)

PS 137 American College of Surgeons Clinical Congress Oct 20, 2024

A Guide to Professional Life: Part 1, First Practice Transition; The Triple Stitch; Size Doesn't Matter – Updates on Thoracostomy Tubes and Management

Philadelphia College of Osteopathic Medicine (PCOM) Surgery Grand Rounds 10/16/24

Jack of All Trades or Master of None: Defining the Emergency General Surgeon and Evaluating Transfer Patterns in Varied Practice Settings 9/13/2024

AAST Mastery of Acute Care Surgery Continuous Education Course – Course Director, Moderator

American Association for the Surgery of Trauma 83rd Annual, Las Vegas Sept 2024

8/21/24 *Scarcity in Trauma: I Don't Have it – What do I do? No blood – Operate or Transfer?*

8/23/24 *Diversity, Equity and Inclusion in Mature and Developing Systems*

Pan American Trauma Conference August 2024 Lima, Peru

Advocacy in Action

Mentoring Panel, Transitions in Practice Panel

5/3/2024 Keystone Chapter American College of Surgeons Annual Meeting, York PA

Licensing, Credentialing, Privileges, Oh My!: Navigating Career Progression

6/11/2024 Penn State Resident Education Series

Berks County Medical Society Student Program (Pre-Med and Medical Student)

Summer 2024 (multiple sessions)

2023

Hot Topics in Chest Trauma

A Primer to Transition to Practice

2/7/2023 – May 2023 PCOM Surgical Grand Rounds/Resident Education Series

Leadership in Action

Keystone ACS/ACS Chapters Mtg 4/21/2023

Communications and Publications

ACS June 6th All-Pillars Mtg

Mastery of Trauma Surgery Debates in Trauma: Chest Tubes Big vs Small?

American Association for the Surgery of Trauma 9/19/23

Management of Complex Injuries – How I manage IT – Moderator and Presenter

Multiple presentations including committee reports and panel discussions

Board of Governors Communications Pillar ad Executive Council

Oct ACS Clinical Congress Events/Activities with multiple panels and presentations

2022

Welcome to Keystone

ACS Committee on Applicants PA 3 & 4 (March-May 2022)

Surgical Advocacy: Why Your Voice Is Important! June 6, 2022

BCMS Early Career Programs (throughout year)

To Leave or Not to Leave: Navigating the Needs, Rules and Risks of Personal, Paternity, Maternal, and Family Leave (creator and panel)

Sept 22, 2022 American Association for the Surgery of Trauma

Incorporating Anti-Bias and Anti-Racist Training in Surgery (panel presenter and moderator)

Oct 19, 2022 American College of Surgeons Clinical Congress

Communications Pillar Reports

Multiple Events and Meetings as BoG Communications Pillar Lead/Executive Council

ACS Clinical Congress, Oct 15-20 San Diego CO

Preparing for the Business of Surgery

Trauma Guidelines Updates

PCOM Surgical Grand Rounds/Resident Education Series Oct and 11/9/2022

2021

EAST 2021 Moderator and Discussant (Jan)

Welcome to Keystone

ACS Committee on Applicants PA 3 & 4 (March-May 2021)

Berks County Medical Society recurring speaking/teaching events

Futures in Medicine (Community Outreach) virtual series 2021

Skills For Success (Mentoring Program) 2021

Keystone Chapter Case Review Competition Webinar Host
(on-demand from June – Dec 2021)

2020

EAST 2020 Mentoring and Education sessions (Jan)

Pediatric Trauma

Tower Health Pediatric Community Collaborative (2/27/2020)

Splenic Trauma and Management

Tower Health Peri-operative Symposium (3/7/2020)

Burn Primer and Current Management; A Guide to Transitions

Philadelphia College of Medicine Surgery Grand Rounds (5/19/20)

The conflict of expectations and reality

AWS Lunch and Learn Welcome Event (6/26/20)

A Trauma Surgeons Perspective...

BCMC Mentorship/Educational Events summer/fall 2020

(transitioned to series of interactive Zoom panels due to COVID)

The Keystone Respite (coordinator, moderator of virtual series)

The Benefits, Pitfalls and Processes of Surgical Boards 7/29/20

Telemedicine for Surgeons: Fabulous or Fraught with Challenge 8/13/20

The Financial Frontier – Dealing with COVID and CMS 8/25/20

Wellness and Burnout – Its Personal 9/9/20

Boards, Licensure and Credentials: Understanding CME and MOC Requirements and Evolution 9/24/20

Career Choices: The Path from Student to Resident to Practice

Association of Women Surgeons at Philadelphia College of Osteopathic Medicine Fall Event (10/22/20)

2019

How to choose your first job

Mentoring/Education sessions

Preventing Teen Distracted Driving: A Program From Initiation Through to Evaluation

Invited Reviewer and Discussant

Arrive Alive!!

Welcome and Closing Presentations - Community Outreach Project

EAST 2019 (Austin Tx January 32nd meeting)

Multiple Stop The Bleed lectures including invitation to educate staff and

Secretary (Dr. Rachel Levine) PA Dept of Health

Multi, Mass, & Field Recovery Initiatives in Berks and Beyond (3/10/19)

Chester County Public Safety Day and Emergency Services Weekend

Berks County radio WEEU – *Health Talk* – multiple trauma and prevention topics (quarterly)

Current Splenic Trauma and Management ED Grand Rounds 8/22/19

A Glimpse into the State of Gender Trends in the Trauma Community: Current Appraisal and

Opportunities - Canizaro Paper Presentations

American Association for the Surgery of Trauma Sept 19, 2019 Dallas TX

Introduction to Coaching

AWS Coach Project education and preceptorship (Oct 26 2019)

Solid Organ Injury: Evolution of Splenic Management

ACS Annual Trauma Update 2019 (Oct 27 2019)

Keystone Annual Scientific Meeting

Moderator and Discussant for Scientific Forum/Abstracts (11/15/19)

Complex Healthcare Decision Making (12/13/19)
Department of Surgery: Annual Education Update

2018

Preparing for an Active Shooter
EAST 2018 (All Orlando FL 31st meeting)
Community Outreach Project (STB Programs lead)

Turning Trauma Research into Community Level Advocacy
Plenary Session Wed Jan 10 Invited Lecture:

No suit, No problem: Fostering relationships and building careers
Mentoring/Education sessions Thurs Jan 11

Multiple *Stop The Bleed* lectures Reading Hospital/Berks County locations

Difficult Decisions and Ethical Dilemmas Panel
PennTRAC (Trauma Review, Acute & Critical Care Conference) 4/25/18

Traumatic Brain Injury: A Visual Primer
American Association of Professional Coders PA Spring Conference 6/11/2018

Trauma Systems in Central PA: Updates and Initiatives
Keystone Chapter American College of Surgeons 11/2/18
Moderator resident abstract & paper presentations/competition

The Evolving Role of Chaplaincy In Trauma
Reading Hospital, Tower Health Invited Lecture Series (11/6/2018)

2017

Project Lead and ICVP presentations
EAST 2017 Community Outreach Project (Hollywood FL 30th meeting)
Stump the Professor Panel
PennTRAC (Trauma Review, Acute & Critical Care Conference)

Complex critical care case presentations
University of Pennsylvania, Philadelphia PA 4/25/2017

EMS Trauma Day
PHTLS Course/refresher 5/5/17

Hot Topics, A Primer on the Hartford Consensus
Reading Hospital Peri-operative and Anesthesia Grand Rounds

Stop the Bleed: At work and At Home (6/30/2017)

Passing the test. Oral Board Preparation and Simulations
Philadelphia Osteopathic College of Medicine 9/27/2017 (Phil PA)

Defining Chaplaincy in Trauma (9/28/2017)
Ethics Conference, Reading Hospital, Reading PA

Career Choices; Complex Cases

Keystone ACS Scientific meeting – panelist and moderator
Resident papers, abstracts, case reviews (Allentown PA) 11/3/17

Stop the Bleed

Multiple lectures Reading Hospital/Berks County locations 2017

2016

Project Lead and Opening/Closing Presentations
EAST 2016 Community Outreach Project

A Targeted High School Seat Belt Awareness Program
EAST 2016 Podium Paper Discussant

Building/Maintaining Outreach Programs Roundtable discussion
EAST 2016 Fostering Relationships and Building Careers
(all EAST 2016 San Antonio TX 29th meeting)

PHTLS/EMS refresher courses
(key trauma topics including April 22, 29, and Fridays in May)
(Multiple lectures and topics spring/summer 2016)

Leaves are Supposed to Fall, Not People 9/22/16
Fall awareness and Prevention in Berks County and beyond – annual conference and multiple workshops
(Reading Rehabilitation Hospital, Reading PA)

Annual Reading ED Education Conference 10/12/16
The Challenges of Trauma Outreach and Prevention
(Reading Hospital, Reading PA)

CODE 2016 - Eastern PA EMS Conference 10/13/16 –

STOP THE BLEED launch (Pocono Manor PA)

See Something. Do Something. Improve Survival.
A Primer on the Hartford Consensus.
(Lecture has been given at 6 other EMS forums in 2015-2016)
(In addition: Physician representative to a local and county-wide community outreach activities with panel presentations throughout year)

2015

It's Worth A life! Don't Drive Distracted
Project Lead and Opening/Closing Presentations
EAST 2015 Outreach Project (Orlando FL 28th mtg)

How to get involved in your community Roundtable discussion
EAST 2015 No Suit, No Problem (Orlando FL 28th meeting)

Severe TBI Survival: The CB Story
Pre-hospital Grand Rounds Reading Health System (March 2015)

Prevention Close to Home: Injury Control and Violence Prevention Outreach Programs in Reading and Beyond Trauma Grand Rounds (4/14/2015)

Multiple lectures and topics –EMS Refresher and PHTLS courses (spring 2015)

Spleen: A Primer of Anatomy, Physiology & Injury Management
American Association Critical Care Nurses Spring Symposium (Reading PA 4/25/15)

The Basics of Fall Awareness and Prevention
Reading Hospital & Berks County Fall Prevention Day/Workshop (Sept 23, 2015)

A Case of the Spine – Treating and living with Spinal Cord Injury
Emergency Department Education Council
Annual Trauma/ED Conference (Oct 7, 2015)

2014

Burn Care: A Primer (spring 2014)
Pre-hospital Grand Rounds Reading Health System.
Multiple lectures and topics –EMS Refresher series and PHTLS course (4 wks March/April/May)

2013

When life slaps you in the face: Spine and Spinal Cord Injury.
Reading Health System EMS Grand Rounds (multiple presentations)
The Life-Over Limb Dilemma. (fall 2013)
Pre-Hospital Grand Rounds Reading Health System.
Nutrition and ICU Care Series (2 lectures fall 2013)
Nutrition Grand Rounds and Medical Refresher Course

2012

Where did all the blood go? A primer to identify sources and location of life-threatening blood loss.
Eastern EMS Council Annual Conference
24 hours: A surgical decoding of the documentation in one day of complex critical care.
American Academy of Professional Coders Eastern PA Conf.
Establishing Priorities in an Injury Prevention Program
Reading Hospital. Multiple outreach presentations

2011

The Case of Mr. Allen.
Berks County EMS Grand Rounds

2010

The Learning Curve of a New Trauma Surgeon
Grand Rounds, Reading Hospital and Medical Center

2009

The Spleen: The Why and How of Current Trauma Practice.
Grand Rounds, Reading Hospital and Medical Center

2008

MIHP Kenyan Surgical Experience.
International Health Symposium, Mayo Clinic, Rochester, MN

2007

DALM Lesions and Surgical Management.

GI Grand Rounds, Division of Colorectal Surgery, Mayo Clinic, Rochester, MN

2006

Congenital Splenic Cysts. Minneapolis Surgical Society Annual Mtg

Organizing Roles in Scientific Meetings:

Eastern Association for the Surgery of Trauma

2021 EAST – Program/Annual Scientific Assembly Committee 34th Scientific Assembly 2021

2020 EAST - Program/Annual Scientific Assembly Committee 33rd Scientific Assembly 2020

2019 EAST - Program/Annual Scientific Assembly Committee 32nd Scientific Assembly 2019

2018 EAST – Injury and Prevention Committee activities 26th Scientific Assembly

2017 EAST – Injury and Prevention Committee activities 27th Scientific Assembly

2016 EAST – Injury and Prevention Committee activities 28th Scientific Assembly

2015 EAST – Injury and Prevention Committee activities 29th Scientific Assembly

2014 EAST – Injury and Prevention Committee activities 30th Scientific Assembly

2013 EAST - Injury and Prevention Committee activities 31st Scientific Assembly

(All Committee activities including: Community Outreach Project, Sunrise Sessions, Templeton Paper Competition, PMG preparations, Mentorship, Career training)

Association of Women Surgeons

2021 (virtual) AWS Conference Planning Committee

2019(Oct San Francisco), AWS Conference Planning Committee

2015 (Oct Chicago), AWS Conference Planning Committee

2014 (Oct San Fran), AWS Conference Planning Committee

Keystone Chapter American College of Surgeons

Annual Meeting planning and Region recruitment 2014, 2015, 2016, 2017, 2018, 2019, 2020 (virtual),

2021 (virtual), 2023 Spring mtg, 2024 spring annual mtg, 2025 in progress

Bibliography:

Research Publications, Peer Reviewed:

1. Crandall M, Eastman A, Violano P, Greene W, Allen S, Block E, Christmas AB, Dennis A, Duncan T, Foster S, Goldberg S, Hirsh M, Joseph D, Lommel K, Pappas P, Shillinglaw W. *Prevention of firearm-related injuries with restrictive licensing and concealed carry laws: an Eastern Association for the Surgery of Trauma Systematic Review.* Journal of Trauma and Acute Care Surgery 2016;81(5):952-60
2. Allee, L; Dechert, T; Rao, Sowmya R; Crandall, M; Christmas, A; Eastman; Duncan, T; Foster, S. *The Eastern Association for the Surgery of Trauma's Injury Control and Violence Prevention Committee's annual distracted driving outreach event: Evaluating attitude and behavior change in high school students.* Journal of Trauma and Acute Care Surgery 2018;84(1):31-36
3. T Enniss, K Basiouny, B Brewer, N Bugaev, J Cheng, OK Danner, T Duncan, S Foster, G Hawryluk, HS Jung, F Lui, R Rattan, P Violano, M Crandall: *Primary prevention of contact sports-related concussions in amateur athletes: a systematic review from the Eastern Association for the Surgery of Trauma.* Trauma Surgery and Acute Care Open (open access) June 2018

4. Foster SM, Muller A, Conklin J, Cortes V, Fernandez FB, Geng TA Jr, Reilly EF, Sigal A, Ong AW: *Is Clinician assessment accurate or is routine pan-body CT needed in the stable intoxicated trauma patient?* Am J Surg. 2019 Oct;218(4):755-759. doi: 10.1016/j.amjsurg.2019.07.010. Epub 2019 Jul 17.
5. Foster, SM, Knight J, Velopulos C, Bonne S, Joseph D, Santry H, Coleman J, Callcut, R: *Gender Distribution and leadership Trends In Trauma Leadership Societies.* Trauma Surgery and Acute Care Open 2020;5:e000433 (open access April 2020)
6. Foster SM, Muller A, Jones P, Engle L, Sherwood A, Geng Jr. TA, Ong AW: *External Signs of Trauma: A Poor Predictor of Injury in Found Down and Ground Level Falls.* Am J Surg. July 2020 Jul 1;S0002-9610(20)30401-3. doi: 10.1016/j.amjsurg.2020.06.046. (Online ahead of print)
7. Zakrison, TL, et al (31 authors of the Equity, Quality, and Inclusion in Trauma Surgery Practice Ad Hoc Task Force of the Eastern Association for the Surgery of Trauma): *COVID-19 Ethics & Equity – What is our Role as Surgeons?* Annals of Surgery 2020 Jul;272(1):e14-e17. (published ahead of print as part of *Public Health Emergency Collection*)
8. Hashmi DL, Ong AW, Muller A, Itzoe M, Martin A, Foster SM: *Breast hematoma: an under-recognized and under-reported female specific traumatic injury and its clinical significance.* Am Surg 2020 Sep 9;3134820943568. doi: 10.1177/0003134820943568. Online ahead of print
9. Hashmi DL, Spector C, Ong AW, Foster SM, Musso M, Moshkovsky F: *A Rare Case of Total Rectal and Urethral Disruption After Blunt Trauma* Am Surg 2020 Sep 1;3134820943548. doi: 10.1177/0003134820943548. Online ahead of print.
10. Tseng ES, et al (45 authors of the Equity, Quality, and Inclusion in Trauma Surgery Practice Ad Hoc Task Force of the Eastern Association for the Surgery of Trauma) *Perceptions of Equity and Inclusion in Acute Care Surgery: from the #EAST4ALL Survey* Annals Surg Dec 2020 Vol 272 p906-910
11. Hoofnagle, MH et al (35 authors of the Equity, Quality, and Inclusion in Trauma Surgery Practice Ad Hoc Task Force of the Eastern Association for the Surgery of Trauma) *Eastern Association for the Surgery of Trauma Statement on Structural Racism, and the Deaths of George Floyd, Ahmaud Arbery, and Breonna Taylor* Annals Surg Dec 2020 Vol 272:6 p911-914
12. Tung, L et al (44 authors of the Equity, Quality, and Inclusion in Trauma Surgery Practice Ad Hoc Task Force of the Eastern Association for the Surgery of Trauma) *Equity on the Frontlines of Trauma Surgery: An EAST4ALL roundtable* J Trauma Jan 2021 Vol 90 Issue 1 p 129-136
13. Joseph B, et al. *Trauma Surg Acute Care Open 2023;8:e001021. doi:10.1136/tsaco-2022-001021* *Feeling Like an Imposter: Are Surgeons Holding Themselves Back* from the EAST Equity, Quality and Inclusion Committee
14. *To Leave or Not to Leave: Navigating the Needs, Rules and Risks of Personal, Paternity, Maternal, and Family Leave* from the AAST Education and Communications Committee project and presentations – Nov 2023 [To leave or not to leave: American Association for the Surgery of Trauma \(AAST\) panel discussion on personal, parental, and family leave | Trauma Surgery & Acute Care Open \(bmj.com\)](#)

Trauma Surgery and Acute Care Open (TSACO)
 American Journal of Surgery
 Journal of Surgical Research
 Journal of Trauma and Acute Care Surgery

Research Publications, Non-Peer Reviewed:

1. Donnelly SF, **Foster SM**, Bannon MP. 5 Steps to prevent CVC-related infections. *Contemporary Surgery* print and on-line, Dec. 2007 (<http://www.contemporarysurgery.com/toc.asp?FID=472&issue=December%202007>).
2. Wang Jk, Foster SM, Wolff BG. Incidental Gallstones. *Perm J* 2009 Spring, 13(2) 50-54.
3. Foster SM. If you can't define it, you're not part of the conversation...An introduction to common terms of diversity, equity, and inclusion. *The Medical Record* Summer 2021 p 12,13
4. Foster SM. Physician (Cannot) Heal Thysel: Landmark Legislation Provides Platform for Mental Health Awareness and Care. *The Medical Record* Spring 2022 p 4,5

Abstracts:

1. The dilemma of surgery in the setting of neurogenic bowel dysfunction. Jeffrey Moyer DO, Adrian Ong MD, Shannon Foster MD (KCACS 11/2/18)
2. The Future Is Now: Utilization of Evolving Technology in Trauma Care (EAST Master Class Surgical Video Session 2019) Presentation complete. Manuscript in revision, pending publication. Eugene F. Reilly, MD Pamela K. Jones, CRNP, Shannon M. Foster, MD
3. Electronic Monitoring of Practice Management Guidelines: The Future of Compliance (Quick Shot #31 EAST 2019) Presentation complete. Manuscript in revision, pending publication. Abby McCall, PA-C, Amanda McNicholas, RN, MSN, CRNP, Eugene F. Reilly, MD, Anthony Martin, RN, Shannon Marie Foster, MD, FACS
4. Let's Give Them Something to TalkER About: Improving Team Communication in the trauma Bay. American trauma Society. ATS PA Presentation April 2019. *Alicia Sherwood, PAC; Margaret Mellinger BSN, RN, CEN, TCRN; Amanda McNicholas MSN, DNP, CRNP; Anthony Martin BSN, RN; Eugene F. Reilly, MD, FACS; Shannon Marie Foster, MD, FACS*
5. Breast Hematoma: An Under-reported and Under-recognized female Specific Traumatic Injury and its Clinical Significance. (Pending Presentation and AJS submission – Midwest Surgical) Danielle L. Hashmi DO, Adrian W. Ong MD, Alison Muller MLS, MSPH, MariaLisa Itzoe BA, Anthony Martin BSN, RN, TCRN, Shannon M. Foster MD
6. A Rare Case of Total Rectal and Urethral Disruption After Blunt Trauma. Presentation at SEC 2020. (manuscript in progress) Danielle LaSalle Hashmi DO, Chelsea Spector MS, Adrian Ong MD, Michael Musso DO, Filip Moshkovsky DO, Shannon Marie Foster MD
7. Recurrent Bleeding from a Hepatic Artery Pseudoaneurysm After Successful Transarterial Embolization. Presentation at SEC 2020. (manuscript pending publication) Georgia P. Hill D.O., Danielle Hashmi D.O., Samy Dhurairaj M.D., David Sacks, M.D., Shannon M. Foster M.D., Sarah Mathew M.D., Filip Moshkovsky D.O., Forrest B. Fernandez M.D., Adrian W. Ong M.D.

8. Noncontiguous spine injury - is the risk increased in low energy falls?
Georgia Hill, DO Presentation at Keystone ACS 2019 (sponsor and senior author).
9. Commotio Cordis: A Case Study and In-House Strategies for Survival.
David Ross, DO Presentation at Keystone ACS 2019 (sponsor and senior author).
10. A Blunt Trauma Causing Isolated Common Femoral Artery Injury Requiring Interposition Graft in a Pediatric Patient.
Christopher Cappellini DO Presentation at Keystone ACS 2019 (sponsor and senior author).
11. The Eastern Association for the Surgery of Trauma's Annual Outreach Event: Teens and Distracted Driving - A Multi-Year Evaluation And Lessons Learned (EAST Jan 2021)
12. Evaluation of Pennsylvania trauma centers field response preparedness: A pilot study.
Musso and Foster et al (presented at ACS CC Oct 2022)
13. A Rare Diaphragmatic Hernia Case.
Cole et al (presented at MI ACS mtg 2022)

Participation in National Committee Reports:

ACS Board of Governors – The Governors Guide Series

*Example: A Brief Guide to Gap Analysis and Clinical Congress Proposals
March 2022, Match 2023*

ACS Board of Governors Communication Pillar reports and projects
2020, 2021, 2022, 2023

ACS Integrated Communications Strategic Vision and Planning reports and projects
2022, 2023

EAST Annual Scientific Assembly reports and submissions
2018 - 2021

EAST Injury Control Violence Prevention reports and publications
2013 – 2018

2016 EAST News Issue 1 p 4-5 Editorial and Committee Report
5th Annual EAST Community Outreach Program

2015 EAST News Issue 1 p10-11 Editorial and Committee Report
"It's Worth A Life...Don't Drive Distracted!"

Editorial

American College of Surgeons Bulletin Brief May 4, 2021

Defining the Vocabulary of Diversity, Equity and Inclusion: Update from the Board of Governors Diversity Pillar "If you cannot define it, you are not part of the conversation."

https://www.facs.org/publications/bulletin-brief/050421/clinical?utm_medium=email&utm_source=rasa_io#bog_dei

American College of Surgeons Bulletin Brief Feb 8, 2022

The Communications Pulse: Reflections on Return to In-Person Meetings

<https://www.facs.org/for-medical-professionals/news-publications/news-and-articles/bulletin-brief/020822/pulse/#foster>

American College of Surgeons Bulletin June 2023

Survey Highlights Surgeon Compensation, APPs, Diversity, and Other Issues

[Survey Highlights Surgeon Compensation, APPs, Diversity, and Other Issues | ACS \(facs.org\)](#)

2020 – present

Pennsylvania Surgical News Editor

2021 – present

Editorial Column – *Meanderings from A Wandering Surgeon*

Jan 2021: *The Safe Space*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20January%202021.pdf>

Feb 2021: *The Written Word and Courage*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20February%202021.pdf>

March 2021: *Moments*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20March%202021.pdf>

April 2021: *Consent*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20April%202021.pdf>

May 2021: *An Introduction to the Common Terms of Diversity, Equity, Inclusion*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20May%202021.pdf>

June 2021: *Rehabilitation*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20June%202021.pdf>

July 2021: *Stimulation*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20July%202021.pdf>

August 2021: *Planned Obsolescence*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20August%202021.pdf>

October 2021: *The Price of Membership and What's in A Title?*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20October%202021.pdf>

November 2021: *Irreplaceable?*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20November%202021.pdf>

December 2021: *A Holiday Greeting*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20December%202021.pdf>

January 2022: *Face-to-Face – Returning with Vigor or Trepidation?*

<https://www.kc-accs.org/resources/Documents/PA%20Surgical%20News%20-%20January%202022.pdf>

February 2022: *To Gain Your Interest*

<https://www.kc-accs.org/resources/Documents/February%202022%20Issue.pdf>

March 2022: *Physician (Cannot) Heal Thyself*

<https://www.kc-accs.org/resources/Documents/March%202022%20Issue.pdf>

April 2022: *We All Grow Together*

<https://www.kc-accs.org/resources/Documents/April%202022%20Issue.pdf>

May 2022: *Caring*

<https://www.kc-accs.org/resources/Documents/May%202022%20Issue.pdf>

Summer/August 2022: *Finding Balance*

<https://www.kc-accs.org/resources/Documents/August%202022%20Issue%20-%20Addendum.pdf>

Sept/Oct 2022: *State of The Union*

<https://www.kc-accs.org/resources/Documents/October%202022%20Issue.pdf>

November 2022: *Listening to the Community*

<https://www.kc-accs.org/resources/Documents/November%202022%20Issue.pdf>

January 2023: *Make Sure it's not Just Another Year...*

<https://www.kc-accs.org/resources/Documents/January%202023%20Issue.pdf>

March 2023: *Spring into Action*

<https://www.kc-accs.org/resources/Documents/March%202023%20Issue.pdf>

April 2023: *Advocacy Goals for All Surgeons*

<https://www.kc-accs.org/resources/Documents/April%202023%20Issue.pdf>

May 2023: *The Evolving Benefits of Membership*

<https://www.kc-acg.org/resources/Documents/May%202023%20Issue.pdf>

June 2023: *The ACS Leadership Survey*

<https://www.kc-acg.org/resources/Documents/June%202023%20Issue.pdf>

AAST Cutting Edge

Editor's Letter and column as well as all content review/approval

June 2022 [Editor's Note - The American Association for the Surgery of Trauma \(aast.org\)](#)

Nov 2022 (link error – in progress)

March 2023:

[Spring 2023 Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

May 2023 [May Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

August 2023

[August Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

Sept 2023

AAST Annual Conference Editions (multiple columns, interviews)

Tuesday: <https://www.aast.org/news-letter-detail/aast-s-tuesday-s-daily-newsletter>

Wednesday: <https://www.aast.org/news-letter-detail/aast-s-wednesday-s-daily-newsletter>

Thursday: <https://www.aast.org/news-letter-detail/aast-s-thursday-s-daily-newsletter>

Friday: <https://www.aast.org/news-letter-detail/aast-s-friday-s-daily-newsletter>

Weekend: <https://www.aast.org/news-letter-detail/aast-s-daily-newsletter-meeting-recap>

Nov 2023

[November Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

Dec 2023 *Cutting Edge Pathways to Leadership Edition*

<https://www.aast.org/news-letter-detail/december-cutting-edge-special-edition>

Feb 2024

[February Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

April 2024 *April Fools All*

[April Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

June 2024 *Wear Orange and The Gun Violence Epidemic*

[June Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

August 2024 *Enjoy the Games: Olympics and Surgeons*

[August Cutting Edge - The American Association for the Surgery of Trauma \(aast.org\)](#)

September 2024

AAST Annual Conference Editions (multiple columns)

Tuesday: <https://www.aast.org/news-letter-detail/tuesday-cutting-edge>

Wednesday: <https://www.aast.org/news-letter-detail/aast-s-tuesday-cutting-edge-daily-newsletter-copy>

Thursday: <https://www.aast.org/news-letter-detail/aast-s-thursday-cutting-edge-daily-newsletter>

Friday: <https://www.aast.org/news-letter-detail/aast-s-friday-cutting-edge-daily-newsletter>

Saturday: <https://www.aast.org/news-letter-detail/aast-s-tuesday-cutting-edge-daily-newsletter-copy-1>

November 2024 *Exercise Your Right*

[November Cutting Edge - The American Association for the Surgery of Trauma](#)

December 2024 *Year In Review*

[December Cutting Edge - The American Association for the Surgery of Trauma](#)

January 2025 *Reaching the Target Audience*

[January 2025 Cutting Edge - The American Association for the Surgery of Trauma](#)

Books and Chapters:

Acute Care Surgery and Trauma: Evidence-Based Practice, Second Edition

Stephen M. Cohn, MD, Matthew O. Dolich, MD, Kenji Inaba, MD

December 22, 2015 by CRC Press

Acute Cholangitis

Adrian Ong and Shannon Foster

Media:

1. Sleep Deprivation Common Among Acute Care Surgeons
General Surgery News: Dec 2018, Vol 45, Number 12 – Invited expert interview and comments
2. Distracted Driving, Tied to Rising Deaths, Becomes Focus of Study
General Surgery News: April 2019, Vol 46, Number 4 – Invited expert interview and comments
3. Berks County radio WEEU – *Health Talk* – multiple trauma and prevention topics (quarterly broadcasts 2018-2020)
4. *The Intentional Surgeon with Sharin Stein: What's Your Superpower? With Dr. Shannon Marie Foster*
Podcast and Streamed Interview July 2024

Alternative Media:

1. 2015 EAST Community Outreach Project on Distracted Driving
Chair of Program and Video Director
<https://www.youtube.com/watch?v=oNI-fhjT2KE>
Orlando FL 28th meeting
2. 2016 EAST Community Outreach Program
Program Chair and Video
<https://www.youtube.com/watch?v=mOLIBQD-hjo>
San Antonio TX 29th meeting
3. 2017 EAST Community Outreach Program
<https://www.youtube.com/watch?v=hYLcanIbAW4>
Hollywood FL 30th meeting
4. 2017 EAST Annual Scientific Assembly Video
<https://www.youtube.com/watch?v=in02bYojgco>
Hollywood FL 30th meeting
5. [Outreach and Prevention: Interact, Develop, and Plan Events with Community-Based Organizations | ACS \(facs.org\)](#)
Monday, August 3, 2020
Live Webinar and now on-demand education session
6. *ACS Brief* (June 7, 2022) American College of Surgeons
<https://www.facs.org/for-medical-professionals/news-publications/news-and-articles/acs-brief/june-7-2022-issue/meet-your-acs-leaders-shannon-foster-md-facs-board-of-governors-communications-pillar-lead/>
7. [ACS Women in Surgery Committee Launches “What I Wish I Knew” Series | ACS \(facs.org\)](#)
[What I Wish I Knew - Shannon Foster, MD, FACS \(youtube.com\)](#)
8. *The Intentional Surgeon with Dr. Sharon Stein: Redefining My Life As a Surgeon with Dr. Shannon Marie Foster* (Podcast episode July 2024) <https://www.intentionalsurgeon.com/podcast>

Grants:

Local Program Supportive Grants for Reading Hospital

Outreach and Prevention Activity applications and support grant monies:

Stop the Bleed - launch at RHS

(April 2017 – Diamond Credit Union \$1000 per project)

Walk With Ease – launch in Berks County

(June 2017 – Arthritis Foundation mini-grant expansion program funds \$3500, repeated x 3)

2025 Association of Women Surgeons, Signature Speaker Scholarship/Grant (\$1000 + expenses)

Course Instruction:

Advanced Traumatic Life Support (ATLS)

At Reading Hospital:

July 2010, July 2011, June 2012, Sept 2013, June 2015, Sept 2016, Sept 2017, July 2018, Aug 2019, Feb 2020, July 2020

Virtual via University of Pennsylvania: Sept 2020, March 2021, Jan 2022

At St Luke's Bethlehem: April 1/2 2021, April 22/23 2021

At Lancaster General: June 22/23 2021

At Penn State Hershey: January 15/16 2024, March 25/26 (course director) and July 29/30 (course director) 2024

Advanced Trauma Operative Management (ATOM)

Dec 2009, Sept 2011, May 2012, Sept 2014, Oct 2016, Oct 2018

Stop The Bleed – at least monthly throughout 2017 & 2018 during launch of program, and intermittently since at multiple locations

Disaster Management and Emergency Preparedness (ACS COT DMEP) Dec 2020, Dec 2021

Conference Attendance:

ACS 97th Clinical Congress (San Francisco CA Oct 23-27, 2011)

SCCM 41st Critical Care Conference (Houston TX Feb 4-8, 2012)

ACS 98th Clinical Conference (Chicago IL Sept 30- Oct 4, 2012)

Mayo Priestly Surgical Society Annual Conference (Chicago IL Sept 27-30, 2012)

EAST 26th Annual Scientific Assembly (Scottsdale AZ Jan 15-19, 2013)

AWS/ACS 99th Clinical Conference (Washington D.C Oct 5-11, 2013)

Keystone ACS Annual Chapter/Scientific Meeting (Danville PA Nov 8, 2013)

EAST 27th Annual Scientific Assembly (Naples FL Jan 14-18, 2014)

AWS/ACS 100th Clinical Conference (San Fran CA Oct 2014)

Keystone ACS Annual Chapter/Scientific Meeting (Hershey PA Nov 2014)

EAST 28th Annual Scientific Assembly (Orlando FL Jan 2015)

AAST 74th Annual Meeting Las Vegas Sept 2015

AWS/ACS 101st Clinical Congress Chicago IL Oct 2015

EAST 29th Annual Scientific Assembly San Antonio Tx Jan 2016

EAST 30th Annual Scientific Assembly Hollywood FL Jan 2017

SCCM 46th Critical Care Congress Honolulu HI Jan 2017
 ACS Keystone local activities, PA membership committee activities
 AWS/ACS San Diego CA Oct 2017
 Keystone ACS local activities and Annual PA Scientific meeting (Nov 2017)
 Harty-Springer Credentialing for Excellence (administrative training) Nov 2017 Phoenix AZ
 Trauma Outcomes & Performance Improvement Course Oct 2017 Harrisburg PA at PTSF meeting
 Disaster Management Emergency Preparedness Dec 2017 UPenn Philadelphia PA
 EAST 31st Annual Scientific Assembly Orlando FL Jan 2018
 Penn TRAC April 25th 2018 UPenn Philadelphia PA
 ACS Leadership & Advocacy Summit May 19-22 2018
 AAST Sept 2018 (Induction) San Diego CA
 AWS/ACS Oct 2018 Boston MA
 KCACS Nov 2018
 EAST 32nd Jan 2019 Austin
 ACS Leadership & Advocacy Summit March/April 2019
 AAST Sept 2019 Dallas TX (Gender presentation Canizaro)
 AWS/ACS Oct 2019 San Francisco (mult presentations)
 KCACS 11/15/19 (Program Chair and Moderator)
 EAST 33rd Jan 2020 Orlando

(All conferences and meetings 2020 and 2021 virtual (live/on-demand formats) due to COVID)

2020 Virtual attendance/participation in national mtgs
 ACS Quality and Safety Aug/Sept
 AAST Sept
 AWS Annual and AWS Research Madness Project Sept/Oct
 ACS Clinical Congress Oct-Dec
 ACS COT TQIP Dec
 2021 EAST 34th Jan 2021
 ACS Leadership and Advocacy May 2021
 ACS DEI Summit June 23 2021
 ACS Quality & Safety Conference July 2021
 AAST Annual Annual Sept 2021
 AWS Annual Oct 2021
 ACS Clinical Congress Oct 2021

(Return to in-person and hybrid formats)

2022 EAST 35th Jan Austin TX
 ACS Leadership & Advocacy Summit Washington DC April 2-5, 2022
 AAST Sept Chicago (virtual participation)
 ACS/AWS CC Oct 2022 San Diego, CA
 2023 ACS Leadership & Advocacy Summit Washington DC April 15-18, 2023
 Keystone ACS Annual Meeting April 21, 2023
 ACS Quality and Safety Conference July 2023 (remote mtgs only)
 AAST Annual Anaheim Ca Sept 2023
 ACS/AWS Clinical Conference Boston MA Oct 2023
 2024 ACS PACS Board of Directors Retreat and Training Jan 20&21, 2024
 ACS Leadership & Advocacy Summit WDC April 13-16. 2024
 Keystone ACS April 24th York PA
 PTS 36th Annual Lima Peru August 20-23. 2024
 AAST/WTC LV Nevada Sept 9-14, 2024

AWS Annual San Francisco CA Oct 18-22, 2024

ACS CC San Francisco Ca Oct 19-23, 2024

Trauma System News Virtual Level III, IV, V Summit Oct 23, 2024

2025 EAST 38th Tucson AZ Jan 14-18, 2025