

DR. MIKIKO MURAKAMI

PM & R | PAIN | MED-LEGAL



917-727-8505



dr@mikikomurakami.com



Bay Area, CA



mikikomurakami.com

PROFILE

Board-certified osteopathic physician with dual specialization in Pain Medicine and Physical Medicine & Rehabilitation, bringing over a decade of clinical, academic, and med-legal experience. Certified QME/AME for the California Division of Workers' Compensation and a seasoned expert witness. Known for combining evidence-based medicine with integrative and regenerative therapies. Frequently invited to educate both medical and legal professionals on complex pain-related issues.

EDUCATION

DOCTOR OF OSTEOPATHY

Touro University
Vallejo, CA
Aug 2007 - Jun 2011

COMPUTER SCIENCE, BS

International Christian University
Tokyo, Japan
Apr 1992 - Jun 1996

EXCHANGE STUDENT

UC Berkeley - Computer Science
Berkeley, CA
Aug 1994 - May 1995

CURRENT POSITIONS

PHYSICIAN

Spine and Sports Medical Group
Feb 2019 - Present

- Interventional spine and joint injections
- Regenerative medicine and integrative medicine treatments

ADJUNCT PROFESSOR

Touro College of Osteopathic Medicine
Nov 2017 - Present

QUALIFIED MEDICAL EXAMINER (QME/AME)

Division of Workers' Compensation of California
Dec 2018 - Present

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SKILLS

PHYSICIAN

- Interventional Pain (Spinal cord stimulators, Spine Injections, Joint Injections, Nerve Blocks)
- Regenerative Medicine (Disc Injections, PRP, Stem Cell Therapies)
- Osteopathic & Integrative Medicine
- Fluent in English and Japanese

MED-LEGAL

- Expert Witness
- QME/AME

PAST EXPERIENCE

PHYSICIAN

Comprehensive Spine and Sports Center
Oct 2016 - Feb 2019

PAIN MEDICINE FELLOW

University of California San Diego (UCSD)
Jul 2015 - Jun 2016

PM&R RESIDENT

Icahn School of Medicine at Mount Sinai
Jul 2012 - Jun 2015

PRELIMINARY INTERN

Alameda County Medical Center
Jul 2011 - Jun 2012

FOUNDER

Chi Fountain Integrative Medicine
Jan 2003 - Mar 2008

LICENSING

- Board Certified: PM&R
- Board-Certified: Pain Medicine
- Osteopathic Physician (20A13832)
- DEA License (FM6734556, XM6734556)
- ACLS & BLS
- Certified Acupuncturist
- Certified Homeopath
- Certified Massage Therapist

PUBLICATIONS

Fox LM, Murakami M, Danesh H, Manini AF: **Battlefield acupuncture to treat low back pain in the emergency department.** The American journal of emergency medicine 2018, 36(6):1045-1048.

Murakami M KJ: **Piriformis Syndrome.** In: Musculoskeletal Conditions from Head to Toe: A Diagnostic and Treatment Guide for Primary Care Physicians. edn. New York: Springer; 2018: 231-235.

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LECTURES

Rating Lower Extremity Injuries

CAAA Conference
Monterey, CA - Dec 2023

Medical Terminology for Lawyers

CAAA Conference
San Diego, CA – Jun 2023

MRIs: More than Meets the Eye

Santa Clara WC
Zoom – Jul 2022

Thinking Outside the Box

Bay Area Non-Docs
Santa Clara, CA – Feb 2019

Regenerative Medicine: Applications & Future Investigations

Academy of Integrative Health &
Medicine
San Diego, CA – Sept 2018

Life Cycle of a Pain Physician

ASIPP
Las Vegas, NV – Apr 2017

OMT for Tinnitus

AOA
Colorado Springs, CO - Mar 2017

Health Gut, Healthy Mind, Healthy Child

Social Advocates for Youth
San Diego, CA - May 2016

Integrative Medicine

ASIPP
Dallas, TX – Apr 2016

Battlefield Acupuncture

San Diego Osteopathy
San Diego, CA - Jan 2015

PUBLICATIONS (2)

Murakami M, Lerman I, Jones R: **Spinal Cord Stimulator Complications: Lead Migration and Malfunction**. In: Challenging Cases and Complication in Pain Medicine. edn. Edited by Anitescu M, Benzon, H and Wallace, M. New York: Springer; 2018: 245-250.

Murakami M, Fox L, Dijkers MP: **Ear Acupuncture for Immediate Pain Relief-A Systematic Review and Meta-Analysis of Randomized Controlled Trials**. Pain medicine 2017, 18(3):551-564.

Murakami M, Leung A: Acupuncture Analgesia: A **Review of Peripheral and Central Mechanisms**. In: Neuroimaging of Pain. edn. Edited by Saba L. New York: Springer; 2017: 453-484.

Tsai SL, Fox LM, Murakami M, Tsung JW: **Auricular Acupuncture in Emergency Department Treatment of Acute Pain**. Annals of emergency medicine 2016, 68(5):583-585.

Murakami M, Kosharsky B, Gritsenko K, Shaparin N: **Complex Regional Pain Syndrome: Update and Review of Management**. 2015, 30(7):1-9.

Shaparin N, Murakami M, Kosharsky B, Gritsenko K: **Complex Regional Pain Syndrome: An Update and Review of The Mechanisms**. Topics in Pain Management 2014, 30:Q 9.

Murakami M, Diwan S: **Neck Pain**. In: Pain Medicine and Management: Just the Facts, 2e. edn. New York: McGraw Hill Education; 2014: 216-223.